

FREE

Summer
2025

NORTH IDAHO FAMILY

M A G A Z I N E

*Celebrating
25 Years!*



Family Day in the Park .. Friday, June 6

2025 Summer Camp Guide

Family Day in the Park

Summer Bucket List!

Event Information Inside!

Books & Giveaways

Games & Activities

Local Entertainment

Food Court

North Idaho Family Marketplace

 www.nifamily.com

you are not alone

Pregnancy Testing



STI/ STD Testing and Treatment



Early Obstetric Ultrasound



Free services and support in North Idaho.
No judgment-care to get your questions answered.



8056 N. Wayne Drive, Hayden, Idaho 38335

Schedule an
appointment



Kootenai Forever Fund
Keeping Generosity Local

YOUR COMMUNITY FOUNDATION IN NORTH IDAHO

\$20+ MILLION

Awarded in 3,700 grants to

500 NONPROFITS
since 1999

“

Innovia Foundation is deeply rooted in our community with a very strong track record of stepping up to address immediate and long-term needs of youth and families. I was raised to treat my community like family, to value what is good and ensure every person has the opportunity to thrive. I couldn't be prouder to be involved in the work of Innovia in North Idaho. ”

Rick Rasmussen | *Innovia Foundation Board President & CEO of Northwest Specialty Hospital*

INNOVIA.ORG



NORTH IDAHO FAMILY MAGAZINE

For advertising information,
or item for inclusion
in the next issue:

208.699.0126

Refer to ad on page 21.

www.nifamily.com

PO Box 3125
Coeur d'Alene, ID 83816
Email: sales@nifamily.com

ACKNOWLEDGEMENTS:

©2025 by North Idaho Family Group, Inc. All rights reserved. No portion of this magazine may be reproduced in whole or in part without the express written consent of the owner, North Idaho Family Group, Inc. Distribution of this publication does not constitute an endorsement of products or services therein. All information is as accurate as given from contributing sources. North Idaho Family Group, Inc. reserves the right to refuse advertising or submissions for editorial purposes for any reason. Copies are free.

the Group North Idaho Family Scoop

The **North Idaho Family Group** has re-tooled our communication to area nonprofits to focus on more direct, relevant, educational information for area nonprofits and North Idaho Family Group members, supporters and partners. ***That's The Scoop!***

Sign up today at www.nifg.org

Welcome!

Celebrating 25 years! The North Idaho Family Magazine and its companion website, nifamily.com have provided:

- Hundreds of local features on things that matter to North Idaho families.
- The N.I.C.E. calendar for charitable events planning.
- Connections through social media.

North Idaho Family Group:

The North Idaho Family Group is a 501(c)3 nonprofit organization whose mission is building healthy families and lifelong learning in our community, predominantly by being a backbone organization for other area nonprofits and projects, in addition to its own products and services.

What We Do:

- North Idaho Services Directory (niseservicesdirectory.com) See pg. 22.
- Education Information Center (edinfocenterca.com)
- Family Day in the Park: Annual collaborative, community event held on the last day of school.
- Marketing & Communications to area nonprofits and agencies in The Group Scoop.

Editor's Note:

Hello!

It's my favorite time of the year! Bringing 100s of organizations, agencies, resources, businesses, crafters, & services together to serve North Idaho Families at Family Day in the Park!

My good friend, Rose Backs, says, "This is our favorite family event of the year, because it feels like it's FOR US."

That's why I love it! CONNECTING PEOPLE, CONNECTING COMMUNITY WITH RESOURCES! And having some fun in the sun while we're at it!

Thank you to our sponsors, participants, and the community for making this one of the premier events of the year!

IT'S ALMOST HERE!

June 6: Family Day in the Park

See pullout on pages 11-14

North Idaho Nonprofits: GET CONNECTED!

Join the North Idaho Family Group

For your \$100 annual investment you will receive:

- A 250 - word article in up to three issues (Preference for articles is always given to Members)
- FREE vendor booth at Family Day in the Park
- One \$150 gift certificate toward an ad of your choice in one issue
- Service Directory listing in magazine, and a link on www.nifg.org
- Exposure in The Group Scoop & Social Media
- Inclusion in NIFG collaborations and events

How to Join

- Online: Visit www.nifg.org and click "Join Now"
- Email: Members@nifamily.com
- Call: 208-699-0126

NORTH IDAHO FAMILY KIDS! MAGAZINE



The Mouchett Kids



The Houser Grandkids

We LOVE our North Idaho Family Magazine KIDS! - Local kids, doing local activities, having fun, learning, making stuff, etc. We feature 2-3 families in each issue. Email community@nifamily.com for more information or to send your high-resolution Kid Pics for the next issue!

Member Spotlight: Family Promise of North Idaho

Family Promise of North Idaho recognizes that family homelessness and poverty are complex issues that require comprehensive, innovative solutions. Solving homelessness is not just about housing. Our holistic approach to the crisis of family homelessness includes four key areas of focus: Eviction Prevention, Shelter Diversion, Shelter, and Stabilization. FPNI works with family resources and relationships to secure temporary housing to divert families from entering shelter. Shelter is our anchor program suited for families with children with heavy community engagement. Stabilization is goal centered case management that involves financial help.

FPNI provided housing stabilizing services for 137 people last year.

More opportunities are on the horizon to grow and expand the reach of FPNI.

FPNI provides a family friendly option to end family homelessness.

You are invited to be a part of the solution: Learn. Volunteer. Give.



www.familypromiseni.org
208-777-4190



Camp Invention®

HIGH-ENERGY,
HANDS-ON STEM

Secure your spot and save today at

INVENT.ORG/LOCAL



 North Idaho College
**HEAD
START**

Head Start is a free preschool program, serving low income families with children between the ages of 3 and 5 years.

For information, call (208) 666-6755
► Visit nic.edu/headstart



This institution is an equal opportunity provider.

Summer FUN & KIDS' Camps!

VISIT US ONLINE AT NIFAMILY.COM/NORTH-IDAHO-SUMMER-CAMPS FOR THE LATEST UPDATES AND INFORMATION ABOUT NEW CAMPS.

Residential Camps

Camp Cross

McDonald Point, Lake Coeur d'Alene
Grades 2-12, Adult and Family, May-Oct
Residential Bible. Canoeing, boating, hiking,
Dutch oven cooking. campcross.org or 509-624-3191

Camp Four Echoes

Lake Coeur d'Alene, Worley
Girls grades 1-12, Troops, Family, Adults
June-Aug
Girl Scouts. Windsurfing, kayaking, sailing,
sports, cooking, photography, hiking.
Scholarships available.
gsewni.org or 509-747-8091

Camp Lutherhaven

3258 W. Lutherhaven Rd., Lake Coeur d'Alene
Grades 1-12, Kindercamp, Family, Special
Needs, Year-Round camps & Cabin Rentals
Paddle boarding, canoeing, boating, Ninja
Warrior wall, climbing tower, high ropes
course, zip-line, Giant swing, mini-golf,
archery, craft yurt, all-camp games, Bible
studies, songs and skits. All levels of financial
assistance available. Lutherhaven.com or
208-667-3459

Camp Mivoden

17415 E Hayden Lake Road, Hayden
Ages 8-17 Youth Camps June – July, Family
Camps July-August. Some reduced rate
fees available. Seventh-day Adventist,
wakeboard, paddleboard, equestrian, 9
element challenge course and zip line,
survival, rock wall, drama, ceramic and craft
studio
Mivoden.com or 509-242-0506

Real Life Ministries Camps

4th & 5th Graders, July 9-12
reallifeministries.com/kidscamp

Camp Sweyolakan

Lake Coeur d'Alene Ages 5-18, July-Aug Camp
Fire Inland Northwest. Kayaking, outdoor
cooking, archery, ropes courses, backpacking,
hiking, arts and crafts, and games.
campfireinc.org/camp-sweyolakan or
509-747-6191

Cocolalla Lake Bible Camp

209 N. Cocolalla Loop Rd., Cocolalla
Ages 7-18, Family, July-Aug
Swimming, canoeing, paddle boats.
clbcamp.org or 208-263-3912

North Idaho Catholic Youth Camp

Shoshone Base Camp, North Fork, Coeur
d'Alene River
Grades 5-12, July
Zip-lining, river tubing, rock climbing,
campfires. Scholarships available.
nicyc.org or 208-771-1915

Ross Point Camp

Post Falls
Grades 2-12, Family, June-July
Softball, swim, bouldering wall, canoeing,
crafts, climbing wall, high ropes course.
rosspoint.org or 208-773-1655

Shoshone Creek Ranch Camp

North Fork, Coeur d'Alene River
Grades 5-12, July-Aug
Residential Bible camp operated by
Lutherhaven. Horseback riding, swimming,
crafts. Lutherhaven.com or 208-682-2267

Shoshone Mountain Retreat Youth Camp

Coeur d'Alene River
Grades 5-12, Family Camps, Year-Round
camps & Cabin Rentals
Horseback riding, river floating, creek
swimming, ball field games, cookouts, sleep-
outs under the Milky Way, Bible studies and
campfires.
Lutherhaven.com 208-667-3459

Twinlow Camp

Rathdrum
Grades 1-12, Adult, Family, June-Aug
United Methodist Church Camp. Games,
waterskiing, crafts, swimming, canoeing.
twinlowcamp.org or 208-352-2671

Twin Eagles Summer Camps

Sandpoint, Coeur d'Alene, Priest River,
Spokane, Bozeman
Ages 6-18 and Family, June, July & August.
Limited scholarships, up to 50% off total
camp cost. Day and residential. Nature
connection, wilderness survival, animal
tracking, stealth & invisibility, wild edible
plants. twineagles.org or 208-265-3685

Schweitzer Adventure Camp

Schweitzer Resort, Sandpoint
Ages 6-11, June-Aug
Hiking, crafts, swimming.
schweitzer.com or 208-255-3081



Day & Week Camps

Coeur Climbing Co. Summer Camps

Post Falls. Ages 4-7 & 7-12: July 10-Sept 1
5-day summer camps: rock climbing, games, and other fun activities
coeurclimbing.com/youth-camps or
208-777-9253

KidOne Camps

Coeur d'Alene
Unique children's camps combining character, science, games, history, Bible lessons and more.
kidonecamps.com

Twin Lakes Friends Camp

8068 W. Radmer Rd., Rathdrum
Grades 1-4, July
Christian-themed residential and day camps. Scholarships available.
208-687-1026

LAM Christian Academy

Age 3-6th grade, June-August
6:45 a.m. - 6:00 p.m.
lamcda.org

Boys and Girls Club

200 W. Mullan Avenue, Post Falls
Ages 6-18, July-Aug
Regular Program 9am-6pm (lunch and snacks included, \$20 for all summer) - Optional Breakfast Program 7-9am (additional \$175)
northidahobgc.org or 208-457-9089

Camp Ka-Mee-Lin

Kiwanis Park, Post Falls City of Post Falls Recreation Department, Age 4 ½-13
postfallsidaho.org or 208-773-0539

Camp Kroc – Salvation Army Kroc Center CDA

A whole summer of adventure with up to 9 weeks of summer camp! June-August
PeeWee Camp (ages 4-5)
Discovery Camp (ages 6-10)
Adventure Camp (ages 11-14) Scholarship application available at the Kroc Center Front Desk (up to 50% off).
kroccda.org/camp.html

Momentum Sports & Play

Coeur d'Alene. Physical activities including parkour, obstacle courses and gymnastics each day, as well as themed activities such as cooking, science, Warrior Games (dart battles), and action and adventure!
Momentumsportsandplay.com
(208) 966-4535

Castle Rock Ranch Camp

Overnight Summer Camp for Girls
Age 9-14, July-August
Horseback riding, tubing, animal care, gardening, cooking, hiking, and fun!
castlerockranchcamp.com

Hospice of North Idaho's Camp Kaniksu

A free summer camp experience for children and teens who are dealing with the loss of a loved one.
Ages 7-15, July
hospiceofnorthidaho.org or 772-7994

Quest Summer Day Camp

Church of the Nazarene, Coeur d'Alene, ID
A 10 week summer day camp packed with adventures and friendships!
-Explorers Camp, K-3rd Grade, -Pathfinders Camp, 4th & 5th Grade, -Ridgeline Camp, 6th-9th Grade
cdanaz.org/quest or 208-667-3543

Lake City Church Superstar Summer Camp for Foster & Adopted Kids

June
lakecitycc.org

School PLUS Day Camp/Childcare

Coeur d'Alene School District 271 at Borah (K-3rd) and Ramsey (4th-6th, K-3 siblings only) elementary schools. June-Aug
cdaschools.org/domain/291 or 208-769-0700

Educational Camps

Camp Invention

Sorensen Magnet School, Coeur d'Alene
Nonprofit science enrichment camp.
Grades K-6, June
invent.org/local
See ad on Page 5

HREI Summer Camps

Youth Advocates for Human Rights and Multicultural Camps - July & August, HREI.org

Gizmo CDA

Ages 7-18, June-August
Each week has a different theme, allowing for campers to learn unique arts and crafts, coding & programming, 3D modeling & printing, welding, forensics and more!
gizmo-cda.org/camps.html

Natural Connections Academy

Varying ages, July
www.naturalconnectionsacademy.net/camps

KEA Nature Education Camp

Varying ages, June-August
kealliance.org/nature-education-camp/

Camp NIC

Acting, Writing, Coding, Comics, Game Design & Automation, Robotics, Art, and more. Camp NIC is the place to be. Ages 7-17, June-Aug
nic.edu/campnic or 208-769-3316

Art & Theater Camps

Coeur d'Alene Summer Theatre

Camp Carrousel at CDA Summer Theatre
Coeur d'Alene, June & July
cstmtti.com or 208-219-5175

Christian Youth Theater

Coeur d'Alene
Age 5-18, July-Aug
CYTNI.org or 208-762-9373

Summer in Color: Emerge's Summer Art Camps

Emerge is offering art camps this summer for kids ages 7 - 18.

Emerge also partnered with Coeur Climbing this summer to offer a unique collaboration. Scholarships available courtesy of the CDA Arts Commission.

emergecda.com/pages/summer-art-camps

Kids Draw Architecture

Coeur d'Alene, Fall
artsandculturecda.org/kids-draw-architecture-sketch-tour

Music Conservatory of Coeur d'Alene

Ages 2-Adult, wide variety of classes
cdaconservatory.org/summercamp

Climbing as a Family: How to Get Started

Indoor climbing offers a unique way for families to connect, creating adventures that go beyond traditional family activities. It isn't just about reaching the top—it's about building trust and teamwork, strengthening bonds along the way. Suitable for all ages and fitness levels, climbing offers a unique opportunity to foster an active lifestyle from a young age.

Choosing the right indoor climbing gym is essential for a safe and enjoyable experience. Look for facilities with family-friendly features, like kid-specific climbing walls and programs, and routes set for beginners.

To keep the climbing experience exciting, set achievable goals and gradually increase the challenge level. Incorporate fun challenges and games into your climbing routine to keep everyone engaged and motivated. Creating a supportive and encouraging atmosphere within the family is key to fostering a love for climbing.

Crafting a regular climbing schedule and exploring membership options can make climbing more accessible and budget-friendly.

Consider inviting another family to join your climbing adventures for added fun and excitement!

Whether you're scaling new heights or simply enjoying time together, indoor climbing as a family is sure to create lasting memories and strengthen your bond.

Submit your Community Events!

Plan your fundraisers, find family-friendly events, and see what's happening in North Idaho on the N.I.C.E. Calendar!



INFO

nifamily.com

ART camp option on select weeks!

YOUTH 5-DAY SUMMER CLIMBING CAMP FOR AGES 5 - 14

nurture self-discovery & adventure • make lasting memories • develop a love for climbing

dates & times
8 weekly sessions
Mon - Fri, 9am - 12:30pm
June 23 - August 22

@ coeur climbing
764 S. Clearwater Loop, Suite 101
Post Falls, ID 83854

save 10%
use promo code **SUMMER2510** at checkout before 6/23/25!

learn more

SIGN UP NOW!

coeurclimbing.com/youth-camps

When **TRADITIONAL TEACHING ISN'T WORKING**

LOCATED IN POST FALLS, ID

Wired2Learn ACADEMY
REINVENTING EDUCATION

ENROLL NOW

208.262.9730 wired2learn.org

SUMMER BUCKET LIST

- | | | |
|---|---|--|
| <input type="checkbox"/> GO ON A BIKE RIDE | <input type="checkbox"/> MAKE S'MORES | <input type="checkbox"/> DRINK A TROPICAL DRINK |
| <input type="checkbox"/> MAKE POPSICLES | <input type="checkbox"/> HAVE A WATER BALLOON FIGHT | <input type="checkbox"/> DO A SERVICE PROJECT |
| <input type="checkbox"/> BUILD A FORT | <input type="checkbox"/> PLAY BEACH BALL VOLLEYBALL | <input type="checkbox"/> READ A BOOK BY THE POOL |
| <input type="checkbox"/> DO A CARTWHEEL | <input type="checkbox"/> PLANT FLOWERS | <input type="checkbox"/> SLEEP IN LATE |
| <input type="checkbox"/> ROLL DOWN A HILL | <input type="checkbox"/> EAT CORN ON THE COB | <input type="checkbox"/> WAVE A FLAG |
| <input type="checkbox"/> BURY YOUR TOES IN THE SAND | <input type="checkbox"/> SPEND A DAY PLAYING BAREFOOT | <input type="checkbox"/> TRY 12 FLAVORS OF ICE CREAM |
| <input type="checkbox"/> FLY A KITE | <input type="checkbox"/> LAY DOWN AND LOOK AT STARS | <input type="checkbox"/> HAVE A BACKYARD BBQ |
| <input type="checkbox"/> GO TO A DRIVE-IN MOVIE | <input type="checkbox"/> HAVE A FAMILY SLUMBER PARTY | <input type="checkbox"/> PLAY WATER GAMES |
| <input type="checkbox"/> EAT A HOT DOG FROM THE GRILL | <input type="checkbox"/> SEND LETTERS TO FRIENDS | <input type="checkbox"/> GO GEOCACHING |
| <input type="checkbox"/> GO ON A PICNIC | <input type="checkbox"/> GO HIKING | <input type="checkbox"/> EXPLORE THE GREAT OUTDOORS |
| <input type="checkbox"/> HAVE A WATER FIGHT | <input type="checkbox"/> TAKE PICTURES BY A FUN WALL | <input type="checkbox"/> CELEBRATE CHRISTMAS IN JULY |
| <input type="checkbox"/> SPIT WATERMELON SEEDS | <input type="checkbox"/> MAKE HOMEMADE ICE CREAM | <input type="checkbox"/> FIND A DOUBLE RAINBOW |
| <input type="checkbox"/> PLAY BOARD GAMES | <input type="checkbox"/> PLAY FRISBEE | <input type="checkbox"/> PLAY UNTIL DAYLIGHT IS GONE |
| <input type="checkbox"/> PLAY IN THE SPRINKLERS | <input type="checkbox"/> GO CAMPING - INDOOR OR OUT | <input type="checkbox"/> EAT BREAKFAST FOR DINNER |
| <input type="checkbox"/> WATCH FIREWORKS | <input type="checkbox"/> PLAY KICKBALL | <input type="checkbox"/> PLAY BACKYARD GAMES |
| <input type="checkbox"/> SIT IN A HAMMOCK | <input type="checkbox"/> MAKE HOMEMADE PIZZA | <input type="checkbox"/> MAKE SOMETHING TIE-DYE |
| <input type="checkbox"/> DRINK ICE COLD LEMONADE | <input type="checkbox"/> CATCH FIREFLIES | <input type="checkbox"/> GO FISHING |
| <input type="checkbox"/> EAT A SNOW CONE | <input type="checkbox"/> BLOW BUBBLES | <input type="checkbox"/> WATCH A THUNDERSTORM |
| <input type="checkbox"/> BAKE COOKIES | <input type="checkbox"/> WATCH A SUNSET | <input type="checkbox"/> MAKE A SUMMER CRAFT |
| <input type="checkbox"/> MAKE ROOT BEER FLOATS | <input type="checkbox"/> LEARN SOMETHING NEW | <input type="checkbox"/> FIND A SUNFLOWER |
| <input type="checkbox"/> WATCH MORNING CARTOONS | <input type="checkbox"/> MAKE SOMETHING EXPLODE | <input type="checkbox"/> HAVE AN OUTDOOR MOVIE NIGHT |
| <input type="checkbox"/> GO ON A STAYCATION | <input type="checkbox"/> HAVE A DANCE PARTY | <input type="checkbox"/> EAT FRESH PINEAPPLE |
| <input type="checkbox"/> GO ICE BLOCKING | <input type="checkbox"/> DO A SCAVENGER HUNT | <input type="checkbox"/> CHECK OUT A NEW PARK |
| <input type="checkbox"/> EAT ICE CREAM AS IT MELTS | <input type="checkbox"/> PAINT SOMETHING | <input type="checkbox"/> MINIATURE GOLF |

FREE Summer Meals



Area school districts offer free summer meals to youth 18 and under. Adults are welcome to enjoy breakfast and lunch for a small fee. Certain restrictions apply for curbside pick-ups.

WHEN:

Monday - Thursday/Friday, Mid-June-Mid August

WHERE:

MORE INFO:

- Coeur d'Alene SD Nutrition Services
208-667-7469
- Post Falls SD Child Nutrition Office
208-773-1625
- Lakeland SD Food Service Office
208-687-5451



A NEW AND GENTLY USED CHILDREN'S CLOTHING STORE



WE BUY AND SELL NEW & GENTLY USED:
CLOTHING ❤️ TOYS ❤️ BABY EQUIPMENT



"Wonderful store! Super impressed with the selection of new and gently used clothing, as well as toys, gifts, and baby items. Fair prices. I left with a lovely pile of things for my littles." *Ashley B.*

2120 N. 3RD ST. CDA, IDAHO

FAMILY & LOCALLY OWNED AND OPERATED

Just South of I90 off the 4th Street exit.



June 6, 2025

Noon-6pm · Cd'A City Park



WELCOME & THANK YOU!

Close to 100 organizations dedicated to healthy families and lifelong learning are working together to bring you the Annual Family Day in the Park! (As of print deadline, with more to come!)

The event is a collaborative, community wide, fun filled kick-off to summer, with loads of free stuff and valuable information for families. We welcome feedback that will continue to build this into the “last day of school, must attend event” for years to come.

The map and information listed is as accurate as possible to date. Visit familydaycda.com or Facebook for updated partners, activities and participants up to the day of the event.



VISIT THESE EXHIBITS AND ADDED ATTRACTIONS!

- Cd'A Fire Dept. Ladder truck & Cd'A Police Vehicles
- BookMobile
- North Idaho Family Marketplace - Local Retail vendors



THANK YOU Sponsors & Activity Partners!



City Park & Beach, Downtown Coeur d'Alene

Museum of NI

North Idaho Family
Marketplace

Cd'A Police Dept.

Independence Point

Bounce Houses

Snacks

Cultural
Activities

Parks Activities

Bandshell

Shell
ment!
Artists

City Beach



2025 Family Day in the Park Highlights & Activities

(Subject to Change)

**CLOSE TO 100 VENDORS AND
COUNTING AT PRESS TIME!
Featured Activities & Partners:**

**ALL ACTIVITIES LISTED BELOW WILL RUN 12PM-6PM
UNLESS OTHERWISE NOTED.**

Local artists & acts: Various local acts, music, performers, and activities throughout the day, including multiple performances.

Food Court: O'Houli's Kettle Corn, Domino's Pizza, Richie's Dawg House, Kona Shaved Ice, and more!

North Idaho Family Marketplace! Local Retail Vendors at Family Day in the Park: Crafts, Bath & Body, and all sorts of local gift items

Toddler/Pre-K/Elementary School Area: Multiple organizations - reading activities, book giveaways, Library reading program and card sign ups. Visit the Bookmobile!

Heritage Health Mobile Clinic, Panhandle Health, Kootenai Health, Safe Start ... Heritage Health and Panhandle Health District will provide a variety of health screenings, Mobile Safety Lab & "Booster Party" (FREE Booster Seats) from Safe Start.

Interactive Heavy Equipment Activity: The City of Cd'A will have actual, working earth moving equipment that your entire family can explore. Or take a shot at getting in the driver's seat and operating a big, yellow machine! Free "construction workers' hats" for the first 500 kids. Sponsored by the City of Coeur d'Alene and Ginno Construction.

First Responders! Coeur d'Alene Fire Department, Coeur d'Alene Police Department, Kootenai Search & Rescue, Kootenai County Fire Prevention Smokey Bear - Meet Smokey, sit in a Fire Truck, meet our local heroes!

Games & Fun! Inflatables from Jump for Joy, Pony Rides from Carribou Creek Farm, Guardians of the Children motorcycle club, Facepainting, obstacle courses, etc.

Cultural Center Activities: Crafts and table displays from multiple vendors including HREI (Human Rights Education Institute).

NOTE: Information listed is as accurate as possible to date. Visit familydaycda.com for additional partners, activities, and participants

Event Vendors (Subject to Change)

- Camp Fire Inland Northwest
- Cd'A Fire Department
- Cd'A Library / Cd'A Library Foundation
- Cd'A Police Department
- Cd'A Summer Theatre
- Christian Youth Theatre
- Children's Village
- Coeur Climbing Company
- Community Action Partnership
- Community Library Network Bookmobile
- Curtis Orthodontics
- Domino's Pizza
- Emerge CDA
- Family Promise North Idaho
- First Presbyterian Church
- Fostering Idaho/ EWU (ICWRTC)
- Ginno Construction
- Girl Scouts of E WA and N Idaho
- Goodwill Industries
- Guardians of the Children
- Habitat for Humanity of North Idaho
- Heritage Health Mobile Clinic
- HomeTown Family Chiropractic
- Hospice of North Idaho
- Human Rights Education Institute
- Idaho Central Credit Union – ICCU
- Idaho Education News
- Idaho Public Television
- Idaho Infant Toddler Program/ Regional Early Childhood Committee
- Jump for Joy
- Junior Achievement of Washington, Eastern WA & Northern Idaho
- Kona Shaved Ice of Coeur d'Alene
- Kootenai County Fire Prevention Cooperative
- La Tijuanense Mexican Food
- Lake City Highland Dance, Inc.
- La Rosa Gitana Fun Faces & more
- Lutherhaven Ministries
- Mathnasium of Coeur d'Alene
- Momentum Sports & Play
- Mountain States Early Head start
- Museum of North Idaho
- Music Conservatory of Cd'A
- North Idaho College
- North Idaho College Head Start
- North Idaho College Workforce Training Center
- North Idaho Youth Symphony
- Northwest Specialty Hospital
- O'Houli's Kettle Corn
- Open Arms PCC & Real Choices Clinic
- Panhandle Health District (multiple programs)
- Panhandle Parks Foundation
- A Parents Paradise Charities
- Quest Academy North Idaho
- Renewal by Anderson
- Richie's Dawg House
- SafeSplash + SwimLabs Cd'A
- Safe Start
- Sit Means Sit Dog Training
- Smokey Bear – Kootenai County Fire Prevention Co-op
- Soaring Learners Tutoring
- St. Vincent de Paul
- Spoelstra Chiropractic / CDA Focus Program
- Tails Foundation, Inc
- Travelin' Tom's Coffee of Kootenai County
- T-Mobile
- Union Gospel Mission
- United Way of North Idaho
- Upward Sports – CDA Naz
- The Vine Church

North Idaho Family Marketplace!

- Creationbypooch
- Gemma Creation
- GMH ART
- Hidden Springs Candle Co.
- Idaho Maple
- Kiley's Kitchen
- My Brother's Keeper Pantry
- Parallax Emporium
- PaperPie
- Pupcakes and More
- Taniesha Nailed it Bling Edition
- Spokane Sugar Candy



AT A GLANCE ...

NEW & RETURNING MEMBERS!

Mathnasium
Coeur Climbing

WATER SAFETY - IDAHO LIFE JACKET LOANER STATIONS

Kids 14 years of age and under on boats 19 feet or less are required to wear a Coast Guard approved and properly fitting life jacket when underway.

The life jacket loaner program is free. If you arrive at the lake without your life jackets or not enough, you can borrow and return it at the end of the day.

More info & locations:
parksandrecreation.idaho.gov/activities/boating/water-safety

FAMILY PROMISE NEEDS



— Make —
Mathnasium
Part of Your
Summer Plans



Your child can avoid the math learning loss that typically happens over the break by attending summer sessions at Mathnasium. And the benefits don't stop there!

- Faster progress is possible without the distraction of other academic commitments
- We're vacation-friendly, with live face-to-face instruction, both in-center and online
- Kids can start the new school year with confidence

Mathnasium of Coeur d'Alene
(208) 600-MATH (6284)
cda@mathnasium.com

226 W Ironwood Drive, Suite A6, CDA ID 83814

Schedule A Free Assessment Today!
www.mathnasium.com/cda

MATHNASIUM
The Math Learning Center

JUNIOR HISTORIAN DAY CAMP



Outdoor, experiential, and hands-on activities for your Junior Historian!

**Grades
1st - 3rd**

July 15-17 North Idaho Tribes and French Fur Traders

July 22-24 Geology: Missoula Floods and Mining

July 29-31 Logging and Steamboats in North Idaho

**Grades
4th - 6th**

August 5-7 North Idaho Tribes and French Fur Traders

August 12-14 Geology: Missoula Floods and Mining

August 19-21 Logging and Steamboats in North Idaho

All camps run from 9:00 am to 1:00 pm, Tuesday through Thursday

Secure your spot today!

\$125/week

208.654.3448 x2
programs@museumni.org
720 E Young Ave, CDA

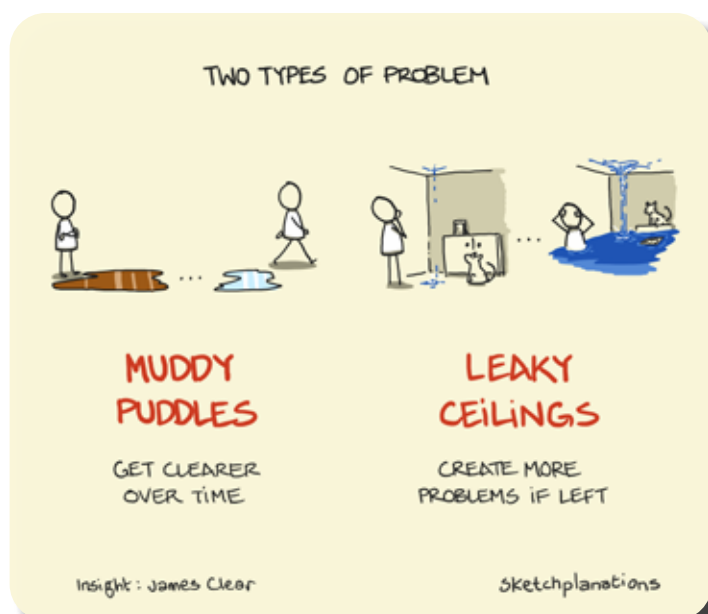
**Museum
of North
Idaho**

Learn more at
museumni.org/summer-camps
or by scanning the code
below





Muddy Puddles, Leaky Ceilings



What type of problem are you dealing with? James Clear (author of Atomic Habits) shared a technique of splitting problems into two types: muddy puddles or leaky ceilings.

A muddy puddle problem is one where leaving it alone can help to make it clearer.

A leaky ceiling problem is one where leaving it alone causes more problems.

Leaky ceilings need resolving soon. Muddy puddles can be left until they are clearer.

Here's James Clear explaining it in his own words:

"I split problems into two groups: muddy puddles and leaky ceilings.

Some problems are like muddy puddles. The way to clear a muddy puddle is to leave it alone. The more you mess with it, the muddier it becomes. Many of the problems I dream up when I'm overthinking or worrying or ruminating fall into this category. Is life really falling apart or am I just in a sour mood? Is this as hard as I'm making it or do I just need to go workout? Drink some water. Go for a walk. Get some sleep. Go do something else and give the puddle time to turn clear.

Other problems are like a leaky ceiling. Ignore a small leak and it will always widen. Relationship tension that goes unaddressed. Overspending that becomes a habit. One missed workout drifting into months of inactivity. Some problems multiply when left unattended. You need to intervene now.

Are you dealing with a leak or a puddle?"

June 6 Family Day in the Park | City Park, Downtown Cd'A

June 13-14 Car d' Lane | cdadowntown.com

June 13 Annual Post Falls Open Golf Tournament

June 14 Free Fishing Day

June 21 Dog Days of Summer-Fest - Hayden

June 25 Hayden Bike Rodeo

July 3 Kiddies Parade | Downtown Cd'A

July 4 4th of July Parade and Festival | Downtown Cd'A

July 11-13 Post Falls Festival and Parade | postfallsidaho.org

July 12 Hayden Triathlon

July 24 Wine, Women, & Shoes fundraiser | Cd'A

July 25-27 Hayden Days and Parade | cityofhaydenid.us

July 25-27 Harrison Old Time Picnic

July 25-26 Priest River Timber Days

Aug 7 The CASA Classic Golf Tournament

Aug 1-3 Downtown Coeur d'Alene Street Fair

Aug 1-3 Art on the Green | artonthegreencda.com

Aug 3 Post Falls Sprint Triathlon | postfallsidaho.org

Aug 6 Night Under the Stars | safestartnw.org

Aug 9 Coeur d'Alene Triathlon/Duathlon | Cd'A City Park

Aug 17 Spokane to Sandpoint Relay

Aug 15-24 North Idaho Fair | northidahofair.com

Aug 20 Tesh Benefit Event & Auction @ Settler's Creek

Sept 5 Boys & Girls Club A Night in Black & White Auction

Sept 20 Coeur d'Fondo | cdafranfondo.com

Sept 25 Day of Caring | unitedwayofnorthidaho.org

Oct 5 Run for the Angels 2025

Oct 11 Hayden Lake Marathon

VISIT THE NORTH IDAHO CHARITABLE EVENTS (N.I.C.E.) CALENDAR

AT NIFAMILY.COM FOR MORE DATES & DETAILS!



Fear the Needle No More



Historically, children don't like getting their shots. Who can blame them? It hurts!

Research shows that in addition to short-term pain, many children develop lifelong fears and anxieties about receiving vaccinations and other shots.

Deb Magnuson, a Pediatric Nurse Practitioner with Heritage Health, is hoping to change those outcomes with a new approach to delivering and receiving vaccinations and flu shots through what's called the "Comfort Care Promise."

The Comfort Care Promise is a child-friendly effort intended to make injections nearly pain-free. Based on the age of the child, different methods are used.

"It needs to be a coordinated effort that includes parents, staff and the provider," said Magnuson. "The goal is to help reduce the fear of pain and anxiety."

For example, a small toy bee that vibrates is used near the injection site, along with a cooling pack. Children can also be given a wand to distract them during the vaccination procedure. Medical personnel will use a calm voice and have a positive attitude, said Taryn Grattic, PA-C and Heritage Health's VP of Medical Services.

"We hope that the child isn't traumatized by the experience," said Grattic. "It is the effort to try and create a kind and compassionate environment and engage the child to move away from fear."

What are the initial results of the Comfort Care Promise with children?

"So far, it has been about 50-50 as we are very early in the effort," said Magnuson. "Some young children are naturally curious and others enter a room in heightened anxiety."

"Last week, I had a five-year-old who screamed from the alcohol wipe, but a week before, a four-year-old was completely calm and had several finger pokes and shots. It all starts with the temperament of the child. Educating them on what is happening goes a long way."

INFO

208-620-5250
myheritagehealth.org

FEATURED RECIPE

Chocolate-Dipped Frozen Bananas

You need:

BANANAS - Perfectly ripe bananas work best. Underripe bananas can have a bitter taste when frozen and overripe bananas can be too soft, the brown spots can also be undesirable.

CHOCOLATE - I use dark chocolate which compliments the sweetness of the banana. You can use your favourite chocolate.

COCONUT OIL - Makes the chocolate much smoother to work with, it isn't essential. Skip it altogether or replace it with vegetable oil.

TOPPINGS - Get creative, anything goes. Nut butter, finely chopped nuts/seeds, shredded coconut, freeze-dried fruits, sprinkles, crushed corn flakes, crushed cookies.

Instructions:

FREEZING - Find a tray that will easily fit into your freezer and line with parchment paper. Space out your bananas (they shouldn't be touching) and ensure they are properly frozen before dipping them in chocolate. You will need to freeze the bananas for 2+ hours.

MELTING CHOCOLATE - You can use a double boiler but I find the microwave easier. If you aren't using chocolate chips make sure to break the chocolate up into similar sized pieces. Place in a microwavable bowl with coconut oil. Microwave, stirring the chocolate every 20 - 30 seconds until the chocolate is melted. Be careful not to get any water into the chocolate (e.g. from a wet spoon), this will cause the chocolate to seize.

DIPPING TIPS - Using a tall slim jar makes dipping the chocolate much easier. Allow any excess chocolate to fall back into the jar.

BE QUICK WITH THE TOPPINGS - Prepare your topping in advance (before melting the chocolate). Sprinkle toppings immediately after dipping, before the chocolate hardens.





Award Winning Pediatric Care



7600 N. Mineral Dr., Suite 600
Coeur d'Alene, ID 83815
(208) 619-8250

nwsh.com/pediatrics



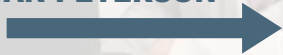
OPEN HOUSE

6068 W. Hayden Ave. Rathdrum ID 83858

- **Thursday, June 19th at 6pm**
- **Tuesday, July 15th at 6pm**
- **Tuesday, August 5th at 6pm**

As part of the Acton Academy network, we focus on entrepreneurship, hands-on learning, and real-world problem-solving, all rooted in a Christ-centered environment.

CHECK OUT THIS VIDEO BY JORDAN PETERSON



QUEST ACADEMY
NORTH IDAHO
questacademyNI.com

Free Summer Concerts



- JULY 10: NU JACK CITY**
(OPENER: COURTNEY & COMPANY)
- JULY 17: BUFFALO SPEEDWAY**
(OPENER: MYSTIC MOUNTAIN MUSIC)
- JULY 24: RCA & THE RADICALS**
(OPENER: THE PHILOSOPHER'S DAUGHTER)
- JULY 31: ALISON JOY WILLIAMS**
(OPENER: JAMES EARL BERKLEY)
- AUGUST 7: AP COLLECTIVE**
(OPENER: PEACHFUZZ & THE POWER CHILL)
- AUGUST 14: BRITTANY'S HOUSE**
(OPENER: JOJO DODGE)
- AUGUST 21: SOUL PROPRIETOR** (OPENER: OSKAR OWENS)
- AUGUST 28: MILANGA**
(OPENER: BALBOA PARK)



LINE-UP COMING SOON AT
KOEPCONCERTS.COM

Summer of Adventure

Wondering how to keep your kids busy and engaged this summer?

Here are a few quick tips:

1. Ask lots of questions. Encourage your kids to participate in conversations by asking them questions like: "Why do you think that happened? What will happen next?"
2. Encourage kids to search for answers. When your children ask you "why?" see if you can work together to figure out what they need to know or do to find the answer.
3. Try something new. Summer is a great time to try new things like reading a new kind of book, tasting a new food or exploring a new park.



4. Just have fun. Summertime comes along only once a year, so make sure to have fun while you're learning.

Find ways to spark curiosity and creativity with FREE hands-on activities, crafts, recipes, and games supporting literacy, math, science, and fun at pbs.org/parents/summer.

Contact North Idaho's IdahoPTV Education Specialist Lenea Pierzchanowski on how to bring educational events and resources to your summer program, event, or library!



INFO

idahoptv.org
208-912-4485
lenea.pierzchanowski@idahoptv.org



**Coeur d'Alene's
indoor inflatable
Play and Party
Center.**

**Open 7 days a
week for Parties
and Open Jump.
Conveniently
located
250 W. Dalton Ave.**

**Kids
under
2 are
always
FREE
with paid
sibling**

RENTALS NOW AVAILABLE

**Visit our website for more info, pictures,
and to see our commercial airing on KXLY.**

250WestDaltonAve.|CoeurdAlene,ID,83815|208-664-5200|info@jumpforjoycda.com
www.jumpforjoycda.com

Coeur d'Alene Pediatrics
Pediatrics • Adolescent Medicine

New Patients Welcome
We Specialize in Pediatric and Adolescent Care.



Check out our Online Patient Services at

www.cdapeds.com



Evening and Saturday Clinic Available

3 Locations to serve you!

700 W. Ironwood Dr, Coeur d'Alene – 667-0585
1300 E. Mullan Ave, Post Falls – 777-1330
9095 N. Hess St, Hayden – 772-8940

WE'RE HERE FOR WHAT MATTERS MOST

Comprehensive Care for You and Your Family

At Prairie Family Medicine, located in Coeur d'Alene, Idaho, it is our goal to provide you and your family with the best care at all stages of your life. With over 80 years of combined experience, we are well-equipped to provide our patients with the highest quality and most comprehensive care possible.

Our Services



Family
Medicine



Internal
Medicine

Now Accepting New Patients!

Call Today! ☎ (208) 209-0288

📍 1130 W. Prairie Avenue Coeur d'Alene, ID 83815



Scan QR Code




**WATCH & PLAY ANYTIME
FREE APPS FROM PBS KIDS**

Download Now!

pbs.org/games
pbs.org/apps

NORTH IDAHO FAMILY MAGAZINE

Distribution:

Counter & rack locations, schools and member organizations throughout Kootenai County. Entire magazine appears on www.niFamily.com.

Advertising Rates

- ☐ **Sponsorship - tailored to your needs!**
- ☐ **Back Cover** (8.5"w x 8.5"h + .125" bleed)
- ☐ **Inside Cover - Front | Back** (8.5"w x 11"h + .125" bleed)
- ☐ **Full Page** (8.5"w x 11"h + .125" bleed)
- ☐ **1/2 Page** (7.5"w x 4.75"h)
- ☐ **1/4 Page** (3.67"w x 4.75"h)
- ☐ **1/8 Page** (3.67"w x 2.25"h)

Single Issue	2 Issues each	3 Issues each
\$2500	\$2250	\$2000
2000	1850	1700
1700	1500	1300
1500	1350	1200
800	700	600
500	475	450
300	275	250

Rates include standard production. Additional fees for unusual production.

MEMBER DIRECTORY

This is a partial list of services provided by members of the North Idaho Family Group and select immediate needs providers. All area codes are 208 unless specified. Visit www.niservicesdirectory.com for an ongoing and updated list of North Idaho Immediate & Basic Needs service providers.

Child/Youth - Services/Support

Boys & Girls Club of Kootenai County | 925 N 15th St, CdA | 618-2582 | 200WmullanAvePostFallsIdaho.org
Campfire Inland Northwest | 524 N Mullan, Spokane WA | 509-747-6191 | campfireinc.org
Fosterful | 2633 W Apperson Drive CdA | fosterful.org
Fostering Idaho | 2005 Ironwood Pkwy #200, CdA | fosteringidaho.org (800) 745-1186
Guardians of the Children | 2315 N Rebecca St, Spokane WA | 509-998-2535 | guardiansofthechildren.com
Girl Scouts of Eastern Washington & Northern Idaho | 509-747-8091 | gsewni.org
Idaho Drug Free Youth | IDFY.org | 664-4339
Idaho Sound Beginnings | healthandwelfare.idaho.gov
Idaho Youth Ranch/Anchor House | 1609 N Government Way, CdA | 667-3340 | youthranch.org
Region 1 Idaho Infant Toddler Program/Regional Early Childhood Committee | 208-882-6904 | healthandwelfare.idaho.gov

Civic/Volunteer

Human Rights Education Institute | 414 Mullan Ave, CdA | 292-2359 | hrei.org
Civic Engagement Alliance | 414 Mullan Ave, CdA | 274-3426 | civicengagecdac.com

Crisis Intervention

Emergency, Fire & Police | 911
Child Protective Services | 1120 Ironwood Drive, CdA | 855-552-5437 | healthandwelfare.idaho.gov
Children's Village | 1350 W Hanley Ave, CdA | 667-1189 | thechildrensvillage.org
ICARE | 201 E Harrison Ave, CdA | 676-1515 | icareforchildren.org
Domestic Violence Hotline | 664-9303
Idaho Poison Control Center | ID | 800-222-1222
Idaho Suicide Prevention Hotline | 800-273-8255
Kootenai County Crisis Hotline | 664-1443
Kootenai County Sheriff | 466-1300 or 911
National Center for Missing and Exploited Children | 800-843-5678
Northern Idaho Crisis Center | 2195 Ironwood Court #D, CdA | 625-4884 | nicrisiscenter.org
Post Falls Police Victim Services Unit | 1717 E Polston Ave, Post Falls | 773-1080 | postfallspolice.com
Rape Crisis Line | 661-2522
Safe Passage | 850 N 4th St, CdA | 664-9303 | safepassageid.org

Education - Adult

North Idaho College | 1000 W Garden Ave, CdA | 769-3315 | nic.edu
North Idaho Higher Education | northidahohighereducation.org
North Idaho College Workforce Training & Community Education | 525 W Clearwater Loop, Post Falls | 769-3222 | nic.edu/wtc
University of Idaho | 1031 N Academic Way #242, CdA | 667-2588 | uidaho.edu

Education - Child

Cd'A School #271 | 1400 N Northwood Center Ct, CdA | cdaschools.org
Emerge CDA | 119 N 2nd Street, CdA | emergecda.com
Emerged Learning: Academic Enrichment | emerge-learn.com
GeoKids | exploregeokidz@gmail.com
Iris' House Pre-School & Childcare | 410 N 20th St, CdA | 667-3785
KTEC-Kootenai Technical Education Campus | 6838 W Lancaster Rd, Rathdrum | 712-4733 | ktectraining.org
Lake City Figure Skating / Frontier Ice Arena | 3525 W Seltice Way | CdA | 603-667-7178 | lakecityfigureskating.org
Lake City Highland Dance Inc. | 4672 Magrath Dr, CdA | 619-9278 | lakecityhighlanddance.com

Mountain States Early Head Start | 411 N 15th St #200, CdA | 765-6955 | msehs.org
North Idaho College Head Start | 411 N 15th St #103, CdA | 666-6755 | nicheadstart.org
Natural Connections Academy | 5827 W Conklin Rd, Worley | 208-428-6224
North Idaho School of Rock | northidahorockschool.com
Quest Academy North Idaho | 6200 W Hayden Ave, Rathdrum | 889-8040 | questacademyni.com
Wired2Learn Academy | 1800 N Hwy 41, Post Falls | 699-6232 | wired2learnacademy.com

Family Services

Family Promise of North Idaho | 501 E Wallace Ave, CdA | 777-4190 | familypromiseni.org

Government

2-1-1 Idaho CareLine | PO Box 83720 | Boise | 800-926-2588 | idahocareline.org
Coeur d'Alene Parks Department | 710 E Mullan Ave, CdA | 769-2252 | cdaid.org/parks
Department of Health and Welfare | 1120 Ironwood Dr, CdA | 769-1409 or 211
Family Resource & Training Center | 2005 Ironwood Parkway #200, CdA | 800-745-1186 | icwrtc.org
Idaho SHIBA / Idaho Department of Insurance | doi.idaho.gov

Healthcare

Heritage Health | 1090 Park Place, CdA | 292-0292 | myheritagehealth.org
HomeTown Family Chiropractic | 291 E Appleway Ave #101, CdA | 261-2206 | hometowncda.com
Hospice of North Idaho | 2290 W Prairie Ave, CdA | 772-7994 | honi.org
Idaho Sound Beginnings | 334-0829 | healthandwelfare.idaho.gov | idahosoundbeginnings@dhw.idaho.gov
Kootenai Health | 2003 Kootenai Health Way, CdA | 667-3742, PF 619-4100, SP 263-6763 | kootenaihealth.org
Kootenai Urgent Care | CdA, Post Falls, Hayden | kootenaiurgentcare.com
Open Arms PCC & Real Choices Clinic | 8056 N Wayne Drive, Haydenn | 667-5433 | realchoicesclinic.com
Panhandle Health District | 8500 N Atlas Rd, Hayden | 415-5100 | panhandlehealthdistrict.org
Peach Orthodontics | 1145 E Polston Ave, Post Falls | 618-5111 | peachortho.com
SafeStart - NISSA | 212 South 11th St #1, CdA | 206-548-9290 | nwsids.org
Shriner's Hospital for Children | 911 W 5th Ave, Spokane, WA | 509-455-7844 | shrinershospitalsforchildren.org/spokane
Spoelstra Family Chiropractic | 214 West Sunset Ave, CdA | 667-7434 | cdahealth.com

Healthcare - Mental

Northern Idaho Crisis Center | 2195 Ironwood Court, #D, CdA 625-4884 | nicrisiscenter.org
Northwest Behavioral Health | 1612 N 3rd St, CdA | 765-4509

Community / Misc.

Christian Youth Theater (CYT) North Idaho | PO Box 3250, CdA | 765-8600 | cytnorthidaho.org
Coeur d'Alene Arts & Cultural Alliance | 105 N 1st St #100, CdA | 292-1629 | artsandculturecda.org
Coeur Climbing Company | 764 Clearwater Loop Rd #101, Post Falls | 777-9253 | coeurclimbing.com
Coeur d'Alene Library Foundation | 702 E Front Ave, CdA | 769-2315 | cdalibrary.org
Coeur d'Alene Public Library | 702 E Front Ave, CdA | 208-769-2315 | cdalibrary.org

Coeur d'Alene Summer Theatre | 4951 Building Center Dr #105, CdA
660-2958 | cdasummertheatre.com
Community Library Network | Athol, Harrison, Hayden, Pinehurst, Post Falls,
Rathdrum, Spirit Lake | communitylibrary.net
Destiny King Productions | Destinykingpro.com
DogNIt Hotel & Daycare | 2890 N Government Way, CdA | dognit-daycare-kennel.business.site
Elite Auction | 640-7449 | eliteauctioninc.com
Express Employment Professionals | 2834 N Ramsey Rd #104, CdA
667-5627 | expresspros.com |
Idaho Education News | idahoednews.org
Idaho Public Television | idahoptv.org
Innovia Foundation | innovia.org
Jump for Joy | 250 W Dalton Ave, CdA | 664-5200 | jumpforjoycda.com
LeafFilter Gutter Protection | LeafFilter.com
LeafGuard of Spokane | 11407 E Montgomery, Spokane Valley | leafguard.com
Momentum Sports and Play | 245 W Bosanko Ave Ste 1, CdA | 966-4535
momentumsportsandplay.com
Museum of North Idaho | 115 NW Blvd, CdA | 664-3448 | museumni.org
NIBCA Education Committee | nibca.com
North Idaho Sports Commission | PO Box 391, CdA | 503-740-9946
nisportscommission.org
Northwest Family Network | 721 E Linden Ave #308, CDA
facebook.com/northwestfamilynetwork
Northwest Health & Safety Network | 1424 E Sherman Ave, CdA |
northwesthsn@gmail.com
Pillar of Legacy, LLC | pillaroflegacy@gmail.com
Positive Possibilities | facebook.com/groups/positivepossibilities
Renewal by Anderson | rbawa.com
Running Shoes 4 Kids | facebook.com/runningshoes4kids
Safesplash + Swimlabs of CdA | safesplash.com/locations/coeur-d-alene-id
The Salvation Army Ray & Joan Kroc Community Center | 1765 W Golf Course
Rd, CdA | kroccda.org

Religious/Fraternal

First Presbyterian Church | 521 E Lakeside Ave, CdA | 667-8446
1stpresdowntown.org
Heart of the City Church | 722 W Kathleen, CdA | 665-7808 | theheartcda.com
Lutherhaven Ministries | 3258 W Lutherhaven Rd, CdA | 667-3459 |
lutherhaven.com
The Vine Church | 9140 N Reed Rd, Hayden | 449-2080 |
thevineidaho.org

Pet & Animal Services

Coeur d'Alene Animal Control | 5500 N Government Way, CdA
446-1300 | kcsheiff.com/animalcontrol.html

Senior Services

Adult Protection Services | 2120 Lakewood Dr. #B, CdA | 667-3179
ElderHelp | 9420 Government Way, Hayden | 661-8870 | ehoni.org
North Idaho Home Health | lhcgroupp.com/locations/north-idaho-home-health
Onsite4Seniors | 967-4771 | onsite4seniors.org

Social Services

CAP Community Action Partnership Food Bank | 4144 Industrial Ave #E, CdA
664-8757 | cap4action.org
Habitat for Humanity | 176 W Wyoming Ave, Hayden | 762-4663
Idaho Dept. of Health & Welfare | 1120 Ironwood Drive, CdA
healthandwelfare.idaho.gov
St Vincent de Paul | 201 E. Harrison Ave, CdA | 664-3095
stvincentdepaulcda.org
Union Gospel Mission Center for Women & Children | 196 W Haycraft Ave, CdA
665-4673 | uniongospelmission.org
United Way of North Idaho | 501 E. Lakeside Ave #3, CdA | 667-8112
unitedwayofnorthidaho.org

Special Needs

Trinity Group Homes, SVDP | 201 E. Harrison Ave, CdA | 664-3095
stvincentdepaulcda.org

Substance Abuse-Recovery/Prevention

Al-Anon | CdA | 676-0549 | al-anon-idaho.org
Alcoholics Anonymous | 118 N 7th St #B5, CdA | 667-4633 | aa.org
Idaho Drug Free Youth | 2028 Best Ave, CdA | 664-4339
idahodrugfreeyouth.org
Kootenai Recovery Community Center | 120 E Anton Ave, CdA | 932-8005 |
kootenairecovery.org

Support Networks/Groups

Operation Second Chance | operationsecondchance.org
Disability Action Center | dacnw.org
Ds Connections NW | dsconnectionswn.org |
3839 W Prairie Ave, Hayden | (877) 733-3955
Reentry Idaho | 900-9075 | reentryidaho.org
Your Friend Pamela Faye Cancer Support | friendsofpamela.org

NORTH IDAHO SERVICES DIRECTORY

IMMEDIATE NEEDS • BASIC NEEDS • COMMUNITY RESOURCES



Attention crisis, front-line users, and case managers looking for current, accurate
immediate & basic needs resources:

www.NIServicesDirectory.com

Bookmark it now!

The North Idaho Services Directory is the most comprehensive online list of service providing organizations in the region, with the ability to sort, filter, and search by category, agency name, zip code, city, and other fields.

Join the North Idaho Family Group!

Join the ever-increasing Membership! Join the over 100 agencies/organizations who see the value of leveraging their outreach dollars!

THRIVE

AT A SMALL COLLEGE

LC State is Idaho's only four-year institution that offers a small-school experience at an affordable public school price.

SIX reasons you'll reach
your **FULL POTENTIAL** at LC State

- 1 You won't get lost in the crowd.
- 2 You'll feel comfortable on campus.
- 3 Faculty and staff will know your name.
- 4 You'll be guided from class to career.
- 5 You'll pay less and get more.
- 6 We have great programs.

Lewiston • Coeur d'Alene • Online

LEWIS  **CLARK**
STATE COLLEGE

