

FREE

Summer
2017

NORTH IDAHO FAMILY

*Now in its
18th year!*

M A G A Z I N E



FAMILY DAY

IN THE PARK

Family Day in the Park

Friday, June 9

plus

2017 Summer Camp Guide

25 Fun Things to
do for Summer

Mental Health First Aid

Pullout Program inside

FREE Books

FREE Bike Tune-ups

FREE Carousel Rides

FREE Plants

FREE Face Painting

FREE SWAG Bags

AND MORE!



www.nifamily.com

Better health ahead

FREE quit tobacco and e-cig classes for teens and adults.

Tobaccobreak.org



"Now I see there are better ways to quit than I have tried in the past."



"This class and the free tools I was given helped me so much!"



"I learned what to do when I have a craving."



"Talking with like-minded people trying to quit smoking made me realize I was not alone."



Public Health
Prevent. Promote. Protect.
Panhandle Health District

For advertising information,
or item for inclusion
in the next issue:

208.667.2314

www.nifamily.com

1048 1/2 N. 3rd St.

Coeur d'Alene, ID 83814

Email: sales@nifamily.com

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the Group North Idaho Family Scoop

The **North Idaho Family Group** has re-tooled our communication to area nonprofits to focus on more direct, relevant, educational information for area nonprofits and North Idaho Family Group members, supporters and partners. ***That's The Scoop!***

Sign up today at www.nifg.org

Welcome!

For over 18 years the North Idaho Family Magazine and its companion website, nifamily.com have provided:

- Hundreds of local features on things that matter to North Idaho families.
- The N.I.C.E. calendar for charitable events planning.
- Connections through social media.

North Idaho Family Group:

The North Idaho Family Group is a 501(c)3 nonprofit organization whose mission is building healthy families and lifelong learning in our community, predominantly by being a backbone organization for other area nonprofits and project, in addition to its own products and services.

What We Do:

- North Idaho Services Directory (niseservicesdirectory.com) See pg. 22.
- Education Information Center (edinfocentercda.com) See pg. 4.
- Solution Series: Monthly events bringing together nonprofits/agencies from different sectors to find a solution to a specific issue their sector faces.
- Marketing & Communications to area nonprofits and agencies.

IT'S ALMOST HERE!

June 9: Family Day in the Park

See pullout on pages 11-14

North Idaho Nonprofits: GET CONNECTED!

Join the North Idaho Family Group

For your \$100 annual investment you will receive:

- A 250 - word article in up to three issues (Preference for articles is always given to Members)
- FREE vendor booth at Family Day in the Park
- One \$150 gift certificate toward an ad of your choice in one issue
- Service Directory listing in magazine, and a link on www.nifg.org
- Exposure in The Group Scoop & Social Media
- Inclusion in NIFG collaborations and events

How to Join

- Online: Visit www.nifg.org and click "Join Now"
- Email: Members@nifamily.com
- Call: 208-699-0126

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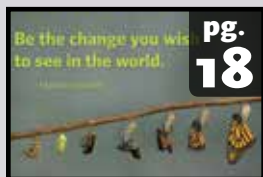
2017 Summer Camps

A complete guide to area summer camp opportunities



Family Day in the Park Pull-out Program

The map and schedule of activities for the June 9 event.



Children and Human Rights

The importance of children learning to respect human rights early.



EDUCATION

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COMMUNITY

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HEALTH

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Seniors! Parents! Counselors Educators!

Questions ... ? It's all HERE:

EdInfoCenterCDA.com

Links to Regional Education Information
from Birth through Retirement

- ☒ Bookmark It
- ☒ Use It
- ☒ Contact us for Help



Education INFORMATION Center™

Your Search for Regional Educational Information & Resources is Over!

EdInfoCenterCdA.com

IT'S ALL HERE:

**ANSWERS FROM
PRE - KINDERGARTEN
TO CAREER TRAINING
AND BEYOND!**



Tutors

Preschool options 

Specialty instruction

Dual enrollment

Second career

Recertification

College counseling

News blogs

Professional Tech

Local Scholarships

Education savings plans

Drivers training

Home school standards

Career planning

Glossary of terms

School district links

VISIONARY PARTNERS

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CHEVROLET 

with additional support from Avista

WM
WASTE MANAGEMENT

ignite  cda

NORTH IDAHO
HIGHER EDUCATION





Iris' House
 SMALL PRIVATE PRE-SCHOOL
 Openings in the 3-5 year old program
 M,W,F • Art & Play-based Pre-K
 208-667-3785 • 40+ years experience



KIDS COLLEGE
 Video games, mobile apps, programming, and Minecraft in a fun, hands-on learning environment. One week camps. Ages 8-14.
 (208) 769-3333
www.nic.edu/kidscollege
 North Idaho College



North Idaho College
HEAD START
 Now accepting applications.
 (208) 666-6755
 Free program for income eligible families.
 For children who are 3 or 4 years old (before Sept. 1).
 This institution is an equal opportunity provider.

Don't let your kids SLIP AND SLIDE

Children who do not continue to read over the summer can lose as much as three months of reading achievement.

Did you know:

- In Idaho, low - income homes average only 1 book for every 300 children. By comparison, in middle and high - income homes, each child has an average of 50 books. (Book It Forward, 2014)
- Reading proficiently is the most significant indicator of academic success.
- 85% of children in the juvenile justice system are functionally illiterate.

WHAT PARENTS & CHILDREN CAN DO:

Join a Library Summer Reading Program

Most libraries in North Idaho are participating in the national Collaborative Summer Reading Program theme: "Build a Better World."



Each library will have its own special events & activities for children, teen readers, and adults.

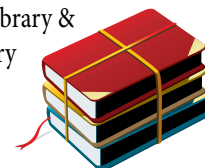
Children and teens are also encouraged to keep a reading log for the summer and can collect prizes at the library based on time spent reading.

Area libraries:

- www.cdalibrary.org/events
 Downtown Coeur d'Alene
 208-769-2315
- www.CommunityLibrary.Net
 Community Library Network
 Hayden, Post Falls, Rathdrum, Spirit Lake, Athol, Harrison, Pinehurst
 208-772-5612, ext.121
- www.lcplibrary.org
 Lake City High School
 208-763-0814

eBooks!

Those who run out of reading material between library visits can go online and select titles to download. Visit the Coeur d'Alene Public Library's OverDrive: cin.overdrive.com or various eLibrary & eReference options listed from the Community Library Network: CommunityLibrary.Net/eLibrary.





Summer FUN & KIDS' Camps!

VISIT US ONLINE AT NIFAMILY.COM/NORTH-IDAHO-SUMMER-CAMPS FOR THE LATEST UPDATES AND INFORMATION ABOUT NEW CAMPS.

Residential Camps

Camp Cross

McDonald Point, Lake Coeur d'Alene
Grades 2-12, Adult and Family, May-Oct
Residential Bible. Canoeing, boating, hiking, Dutch
oven cooking. campcross.org or 509-624-3191

Camp Four Echoes

Lake Coeur d'Alene, Worley
Girls grades 1-12, Troops, Family, Adults June-Aug
Girl Scouts. Windsurfing, kayaking, sailing, sports,
cooking, photography, hiking. Scholarships available.
gsewni.org or 509-747-8091

Camp Lutherhaven

3258 W. Lutherhaven Rd., Coeur d'Alene Grades
1-12, Family, Special Needs, June-Aug Residential
Bible. High-ropes adventure course, climbing tower,
waterfront. Financial assistance, transportation and
scholarships available.
lutherhaven.com or 866-729-8372 x119

Camp Mivoden

17415 E. Hayden Lake Rd., Hayden
Ages 8-17 and Family, June-Aug
Seventh-Day Adventist. Wakeboard, swimming,
drama, crafts. mivoden.com or 208-772-3484

Camp Sweyolakan

Lake Coeur d'Alene Ages 5-18, July-Aug Camp Fire
USA. Kayaking, outdoor cooking, sailing, horseback
riding, backpacking, hiking, arts and crafts, rock
climbing. Financial assistance available.
campfireinc.org/page/summer-camps or
509-747-6191

Cocolalla Lake Bible Camp

209 N. Cocolalla Loop Rd., Cocolalla
Ages 7-18, Family, July-Aug
Swimming, canoeing, paddle boats.
clbcamp.org or 208-263-3912

Kids Camp

Silver Lake Camp, Medical Lake, WA
Grades 3-5, Aug
Real Life Ministries Camp
reallifeministries.com

North Idaho Catholic Youth Camp

Shoshone Base Camp, North Fork, Coeur d'Alene River
Grades 5-12, July
Zip-lining, river tubing, rock climbing, campfires.
Scholarships available.
nicyc.org or 208-771-1915

Ross Point Baptist Camp

Post Falls
Grades 2-12, Family, June-July
Softball, swim, bouldering wall, canoeing, crafts,
climbing wall, high ropes course.
rosspoint.org or 208-773-1655

Shoshone Creek Ranch Camp

North Fork, Coeur d'Alene River
Grades 5-12, July-Aug
Residential Bible camp operated by Lutherhaven.
Horseback riding, swimming, crafts.
lutherhaven.com or 866-729-8372 x119

Twinlow Camp

Rathdrum
Grades 1-12, Adult, Family, June-Aug
United Methodist Church Camp. Games, waterskiing,
crafts, swimming, canoeing.
twinlowcamp.org or 208-352-2671

Twin Eagles Summer Camps

Coeur d'Alene, Sandpoint
Ages 6-18 and Family, June-July
Day and residential. Nature awareness, animal
tracking, wild edible and medicinal plants.
twineagles.org or 208-265-3685

Schweitzer Adventure Camp

Schweitzer Resort, Sandpoint
Ages 6-11, June-Aug
Hiking, crafts, swimming.
schweitzer.com or 208-255-3081

Youth Horsemanship Camp

Western Pleasure Guest Ranch, Sandpoint
Ages 10-16, June-Aug
Hands-on experiences with horses.
westernpleasureranch.com or 208-263-9066

Day & Week Camps

Union Gospel Mission Camp

In partnership with CDA Assembly Church, Ford, WA
Grades 3-5 grade, July 17-21, FREE
208-667-5481

Twin Lakes Friends Camp

8068 W. Radmer Rd., Rathdrum
Grades 1-4, July
Christian-themed residential and day camps.
Scholarships available.
208-687-1026

LAM Christian Academy

Age 3-6th grade, June-August
6:45 a.m. - 6:00 p.m.
lamca.org

Boys and Girls Club

200 W. Mullan Avenue, Post Falls
Ages 6-18, July-Aug
Regular Program 9am-6pm (lunch and snacks
included, \$20 for all summer) - Optional Breakfast
Program 7-9am (additional \$175)
northidahobgc.org or 208-457-9089

Camp Ka-Mee-Lin

Kiwanis Park, Post Falls City of Post Falls Recreation
Department, Age 4 ½-13
postfallsidaho.org or 208-773-0539

Camp Kroc - Salvation Army

Kroc Center CDA
A whole summer of adventure with 10 weeks of Kroc
camps to choose from.
Age 4-14, June-Aug
kroccda.org/camp.html

Castle Rock Ranch Camp

Overnight Summer Camp for Girls
Age 9-14, July-August, 2017 Sessions SOLD OUT
Horseback riding, tubing, animal care, gardening,
cooking, hiking, and fun!
castlerockranchcamp.com

Hospice of North Idaho's Camp Kaniksu

A free summer camp experience for children and teens
who are dealing with the loss of a loved one.
Ages 7-15, July 7-9
hospiceofnorthidaho.org or 772-7994

Quest Summer Day Camp

Church of Nazarene, CDA
Grades 1-9, June-Aug
cdanaz.org or 208-667-3543
See ad page 10

Lake City Church Superstar Summer Camp for Foster & Adopted Kids

June 26-30
lakecitycc.org

School PLUS Day Camp/Childcare

Coeur d'Alene School District 271 at Borah (K-3rd)
and Ramsey (4th-6th, K-3 siblings only) elementary
schools. June-Aug
cdaschools.org/domain/291 or 208-769-0700

Educational Camps

Camp Invention

Fernan Elementary School, Coeur d'Alene
Nonprofit science enrichment camp.
Grades K-6, June
campinvention.org or 800-968-4332

Coeur d'Alene Library, LCHS Library, Community Library Network

Summer Reading Programs for all ages. See page 5 for more information.

Gizmo CDA

Different classes each week including unique arts & crafts, robotics, jewelry-making, 3D Modeling & printing, welding, forensics, and more.
Age varies based on class, June-Aug. gizmo-cda.org

KEA Nature Education Camp

Varying ages, June-August
kealliance.org/nature-education-camp/

NIC Kids College

Video games, mobile apps, programming, and Minecraft in a fun, hands-on learning environment.
Ages 7-17, June-Aug
nic.edu/kidscollege or 208-769-3333
See ad page 5

University of Idaho Dig'nIT Tech Camps

Cosmetic Chemistry, AFA CyberCamp, Summer Coding Camp for Girls, STEAM Labs, Coding Swift with the iPad, Java Coding Camp
Varying ages, June-August
uidaho.edu/cda/outreach/dignit/camps

Art & Theater Camps

Art of Nature Summer Camp

Coeur d'Alene, July
kealliance.org/art-of-nature-summer-camp

Coeur d'Alene Summer Theatre

Ages 4-18, June -August, Scholarships Available
cdasummertheatre.com/camps.html or 208-660-2958

Christian Youth Theater

Coeur d'Alene
Age 5-18, July-Aug
CYTNI.org or 208-762-9373

Coeur d'Alene Arts Commission

Harding Family Center, 411 N. 15th., Coeur d'Alene
Grades K-12, June-July
Drawing, painting, music, kitchen, stage improv, cultural arts, mixed media, reading.cdaid.org or 208-676-9132

Emerge Art Workshops

Grades 3-12, June-Aug
emergecda.com

Kids Draw Architecture

Coeur d'Alene, September 17, 2017
artsandculturecda.org/kids-draw-architecture

Sports Camps

CDA Assembly Breakaway Sports Camp

For kids of all athletic abilities. Cost is \$30/Camper and registration includes: shirt, water bottle, sports bag, camp picture, a taco feed for the family sponsored by Mexican Food Factory, and ice cream awards night.
Age 6-11, June 13-15 - \$35
cdaassembly.com

Coeur d'Alene Parks and Recreation

cdaid.org or 208-769-2252

Hayden Parks and Recreation

cityofhaydenid.us or 208-209-1080

Post Falls Parks and Recreation

postfallsidaho.org or 208-773-0539

Rathdrum Parks and Recreation

rathdrum.org or 208-687-2399

Sandpoint Parks and Recreation

cityofsandpoint.com or 208-263-3613

North Idaho College

1000 W. Garden Ave., Coeur d'Alene Grades 3-12,
June-Aug Basketball, soccer, volleyball, wrestling, softball, baseball, cheerleading, mascot.
nicathletics.com/camps.aspx or 208-769-3348

NIC Outdoor Pursuits

1000 W. Garden Ave., Coeur d'Alene
Rock climbing, kayaking, canoeing, white water rafting, sailing, hiking. Includes equipment and transportation.
nic.edu/op or 208-769-7809

Skyhawk Sports Camps

Various locations
Ages 4-12, June-Aug
Basketball, baseball, tennis, soccer, football
skyhawks.com

Special Needs Camps

Camp All Stars

Coeur d'Alene Specialized Needs Recreation day camps for developmental disabilities and/or physical, mental and emotional challenges.
Ages 4-21, June-Aug
snridaho.org or 208-755-6781

everybodyout cda

Everybody Out CDA provides nature hikes and outdoor recreation for kids in the Coeur d'Alene area. Events are designed to be inclusive and sensory-friendly for those with special needs. Weekly hikes.
everybodyoutcda.com or 208-274-3548

Camp Independence

TESH Inc., 3327 Industrial Loop, Coeur d'Alene
Ages 4-21, June-Aug, WAITING LIST
For children with special needs. A variety of activities.
teshinc.com or 208-765-5105

Camp No Limits

Camp Cross, Lake Coeur d'Alene
Ages All, July, For children and adults with limb loss. Parent and child peer support, adapted recreational activities, prosthetic education.
nolimitsfoundation.org





Healthy Food Choices Program for Kids

The Power of Produce (PoP) Club is a fun and exciting new children's program that will be held at the Hayden Farmers Market this summer. The program seeks to encourage children to make healthy food choices by empowering them to shop for, grow and prepare fresh fruits and vegetables.

Children between the ages of 5 - 12 are eligible to participate in the program free of charge. Upon registering, they will given a reusable shopping bag and a PoP Club button. In addition, each week club members will receive a token worth \$2 to purchase a fresh fruit, vegetable or plant at participating farmer booths at the market, or they can choose to save their tokens to buy a larger item such as a fruit tree.



A PoP Club booth will offer interactive, age - appropriate, cooking and gardening activities for club members. Participation will be tracked in an activity "Passport"; after completing a set number of activities, the child will receive a prize.

The program will run June 3 – Sept 9.



[inwfoodnetwork.org/
power - of - produce](http://inwfoodnetwork.org/power-of-produce)



HEY KIDS!

Join us at the
POP Club tent
Starting June 10
at the Hayden
Farmers Market!

Open to all kids
ages 5-12!

For info visit
inwfoodnetwork.org



**FREE activities,
tastings and
prizes for kids!**

PoP Club will be at the Hayden Farmers Market
(corner of 1-95 and Prairie Avenue in Hayden)
every Saturday from 9 am–1 pm from June 10–Sept 9

Sponsored by the **Inland Northwest Food Network** in cooperation with the
Kootenai County Farmers Market



Be a part of North America's leading children's and maternity consignment sales event!™



See our website for details!



ADMISSION \$3 on Fri & Sat, kids free • Sun all free

**Kootenai County Fairgrounds
October 13-15**

Fri 9am-8pm Sat 9am-4pm Sun 8am-1pm

Shop and get unbelievable deals on everything you need for your family!
Sell your items as a consignor and earn 60% CASH! Details and sign up online!
Save as much as 50-90% OFF RETAIL! Save time as it's all here under one roof!
Smart! Make and save money with the Leading Children's Sales Event!
Whatever you do, don't miss this shopping extravaganza!

shop. sell. save. smart!™
jbfsale.com

Many unsold items donated to local charities.

25 Fun Things For Kids To Do

1. Take an ART CLASS at EMERGE
208 N 4th St. Cd'A. www.emergecda.com
2. Go fishing! June 10 is FREE Fishing Day in Idaho. No license is needed. 
3. Hike, bike, ride, swim, fly model aircraft, view wildlife, or camp (or all of the above!) at Farragut State Park.
4. Go to Family Day in the Park on June 9! A fabulous summer kick-off with dozens of fun activities!
5. Make Popsicles out of your favorite juice. Fill an ice cube tray with juice. Cover with plastic wrap. Poke a toothpick through wrap into each cube. Freeze and enjoy. 
6. Ask your Mom or Dad (or Grandma or Grandpa) to tell you about their favorite summer.
7. Learn to skip stones on the water.
8. Enjoy the Post Falls Festival July 7-9.
9. "Building a Better World" This summer, local libraries will have special events & activities based on theme for children, teen readers, and adults. (See page 5 for more info) 
10. Walk around Tubbs Hill. Go all the way to the top and check out the view!
11. Plant sunflower seeds and watch them grow. 
12. Give your dog a bath.
13. Pack a picnic lunch and head to the lake with your family.
14. Participate in a local Kids' Triathlon: Race the River (July 22), Iron Kids (June 24 & August 26)
15. Attend a FREE concert in the park. See page 15 for a whole list!
16. Chase butterflies across your yard. 
17. Visit a museum
18. Go to Hayden Days on July 28-29. Don't miss the parade on Saturday at 10am on Government Way.
19. Learn to play disc golf at Cherry Hill or Bluegrass Park (Cd'A), Farragut State Park, or Corbin Park (Post Falls). 
20. Make a lemonade stand. Donate the money you make to a local charity.
21. Write a poem about a summer day.
22. Ride your bike on the North Idaho Centennial Trail, the Trail of the Coeur d'Alenes, or Route of the Hiawatha. Make sure to wear your helmet! 
23. See a family-friendly flick at City Park downtown (Behind the Human Rights Education Institute Building - HREI). Movies will run Wednesday nights at dusk June-August (check nifamily.com for exact dates & movie line-up.)
24. Help mom or dad in the garden.
25. Give your best friend a hug. 



FAMILY



FREE Summer Meals

Area school districts offer free summer meals to youth 18 and under. Adults are welcome to enjoy breakfast and lunch for a small fee.

- Coeur d'Alene SD Nutrition Services 667 - 7469
- Post Falls SD Child Nutrition Office 773 - 1625
- Lakeland SD Food Service Office 687 - 5451

Coeur d'Alene SD - Monday - Friday, June 15 - Aug 18 (closed July 3 & 4)

- Borah Elementary - Breakfast 8 - 9am, Lunch 11am - 12:30pm
- Hayden Lake Elementary (Govt Way) - Breakfast 8 - 9am, Lunch 11am - 12:30pm
- Ramsey Elementary - Breakfast 8 - 9am, Lunch 11am - 12:30pm
- Winton Elementary - Breakfast 8 - 9am, Lunch 11am - 12:30pm
- Lakes Middle School - Breakfast 8 - 9am, Lunch 11am - 12:30pm
- Venture High School (June 19 - Aug 10, closed Fridays)
Breakfast 7:45 - 9am, Lunch 10:45am - 12:30pm

Post Falls SD

Post Falls School District schedule not available for publication deadline.
Please call 773 - 1625 for locations & times.

Lakeland SD - June 19 - August 11 (closed July 3-4)

- Lakeland Junior High - Breakfast 8 - 9am, Lunch 11:30am - 12:30pm (Mon-Fri)
- Spirit Lake Community Center - Lunch only 11:30am - 12:30pm (Tues, Thurs, Fri)
- Spirit Lake City Park - Lunch only 11am - 12:30pm (Mon, Wed)

See each location for exact dates and times (subject to change).

On-Call Babysitting Service

"Holding Childcare to a Higher Standard"

Pre-Screened Sitters

24-Hour Availability

208.777.5788 Call/Text

ONCALLBABYSITTING.COM

50% Off Service Fee

New Clients Only



Register Today!



Quest Summer Day Camp is a Christian, 10 week day camp packed with adventures, activities, and Christ-focused lessons. With positive role models and field trips, Quest is about making friends and having fun!

Kids grades 1 - 5 | Youth grades 6 - 9

Register online at cdanaz.org



JUNE 19-AUGUST 25

AGES 4-5

PEE WEE HALF-DAY CAMP

- HALF-DAY CAMP • THEMED WEEKS
- ARTS & CRAFTS • SPLASH TIME
- GAMES & MORE!

AGES 6-10

DISCOVERY DAY CAMP

- THEMED WEEKS • SWIMMING
- SCIENCE EXPERIMENTS • COOKING
- ROCK CLIMBING • OUTDOOR GAMES

AGES 11-14

ADVENTURE DAY CAMP

- OVERNIGHT TRIPS
- OUTDOOR ROCK CLIMBING
- FILM PRODUCTION
- SWIMMING • EPIC GAMES

AGES 6-13

MINI CAMPS

- 3D PRINTING & DESIGN
- SPACE EXPLORATION
- CREATIVE COMBO DANCE
- MUSICAL THEATRE
- LEGO & ROBOTICS

REGISTER FOR CAMP KROC ONLINE AT KROCCDA.ORG/CAMP



RAY & JOAN
KROC CENTER
COEUR D'ALENE, ID

1765 W Golf Course Road
Coeur d'Alene, ID 83815
208.667.1865 | www.kroccda.org

View the Camp Brochure online!



— and Fancy Flea Market —

Friday, June 9, 2017
Noon - Dark
Cd'A City Park

2017 Family Day in the Park Map & Schedule of Activities

WELCOME & THANK YOU!

Over 70 organizations dedicated to healthy families and lifelong learning are working together to bring you the 1st Annual Family Day in the Park! (As of print deadline, with more to come!)

The event is a collaborative, community wide, fun filled kick-off to summer, with loads of free stuff and valuable information for families. Hundreds of volunteer hours have made this event possible. We appreciate your patience and understanding for any logistical hiccups in this first ever, one-of-a-kind production. We welcome feedback that will continue to build this into the “last day of school, must attend event” for years to come.

The map and information listed is as accurate as possible to date. Visit familydaycda.com or Facebook for updated partners, activities and participants up to the day of the event.



BE SURE TO VISIT THESE EXHIBITS AND ADDED ATTRACTIONS

- Cd'A FD Ladder truck
- BookMobile
- Cd'A Pedi Cab shuttle service
- Tiny Home Display
- Workers Memorial

Pick up your free SWAG Bag sponsored by Kootenai Urgent Care in the Cultural Center Building when you visit the Fancy Flea Market!



**Interactive Heavy
Equipment**

**Carousel
Rides & Photos**

Pedi-Cabs

**Fancy Flea Market
SWAG Bags**

Info

HREI

**Skateboard
Demos
Bike Repair
Helmets**

**Cd'A Fire Dept
Ladder Truck**

**Vendor Booths
& Activities**

Memorial Field

Petting Zoo

**Vendor Booths
& Activities**

**Vendor Booths
& Activities**

Gazebo

Beer Garden

Food Court

**Bookmobile
Book Giveaways
Story Times**

**Tot Lot
Moms, Babes**

**Shakes
Mus
Summer**

**Workers
Memorial
Site**

**Cultural
Activities**

**Garden District
Planting, Seeds,
Agriculture Activities**

Playground

Thank you to our Sponsors:



North Idaho College



Kootenai Urgent Care
HAYDEN • COEUR D'ALENE • POST FALLS



City Park & Beach, Downtown Coeur d'Alene

**Heritage
Activities**

Museum of NI

Cd'A Police Dept.

Pedi-Cabs

Info

**Cd'A #271
Kids Carnival /
Bounce Houses**

**PaddleFest /
Historic Canoes**

Independence Point

Gizmo-CDA

Art & Snacks

**Peare,
sic
Theatre**

**Passport to Parks
Kickoff**

Bandshell

**Cd'A Police Dept.
/HREI Movie Night**

City Beach



FAMILY DAY
IN THE PARK

and Partners

CDA 2030
Cd'A Carousel Foundation
Cd'A Kayak & Canoe Club
Cd'A Library
Cd'A School District #271
CDASK8PRK
Cd'A Summer Theatre

CNI / LaRiviere Construction
The Coeur Group
Community Library Network
Dr. Phil & the Enablers
Human Rights Education Institute
Kayak Coeur d'Alene
Lady d'Alenes

Lake City Bicycle Collective
Let's Move
Museum of North Idaho
North Idaho Skate Park Association
Panhandle Kiwanis
United Way of North Idaho

2017 Family Day in the Park Schedule of Activities

9:00a - 12:00p	Volunteer Brief and info booths set: entry to park, programs, maps, first aid and volunteer	5 Locations
12:00 - 7:30p	Food Court Opens: Trucks, Booths, Civic Orgs - O'Houli's Kettle Corn, Domino's, Subway, Evans Bros Coffee, CC Delivery LLC Ice Cream, Eat This! Italian Ice	Food Court
12:00 - 7:30p	Fancy Flea Market Opens: HREI building, pick up free Swag Bags sponsored by Kootenai Urgent Care	HREI Building
12:00 - 7:30p	Carnival Opens: Bounce Houses and carnival games Sponsored by Cd'A SD271	N. Basketball Courts
12:00 - 7:30p	Carousel: Grand Opening, Free rides and photo booth sponsored by ICCU and Coeur d'Alene Honda	Carousel
12:00 - 6:00p	Paddlefest: Cd'A Kayak and Canoe Club. Wooden Kayaks & Canoe builders. Demonstrations & vendors. Skills & Safety Clinics Sponsored by Cd'A Kayak and Canoe Club. Stand up paddle boards to fishing kayak demos and equipment sponsored by Kayak Cd'A. Sailboat demos sponsored by Fun To Sail. Cd'A Tribe displays and more.	Indep Pt /City Beach
12:00 - 7:30p	Reading in the Round: Multi org reading activities, book giveaways, vision screening, historical reenactments. Library reading program and card sign ups. Visit the Bookmobile. Meet Millie & Muddy, Cecil, and Smokey Bear!	Mudgy and Milly statue
12:00 - 5:00p	Heritage Health Mobile Clinic: Heritage Health and Panhandle Health District will provide a variety of health screenings.	TBA
1:00 - 2:45p	Bandshell set 1: Cultural Center Performances - Passport to Parks Kick off - Heritage Commission announcements - Lake City Highland Dance	Bandshell
12:00 - 7:30p	Gizmo: Cd'A's maker space, featuring programs, classes on robotics, human - powered vehicles, and more. Interactive Robotics demonstrations	South Lawn near Ball courts
12:30 - 1:30p	Free! Build (and Eat) a Healthy Snack: Learn about healthy treats in this free snack building (and eating) activity! Cd'A #271 Nutrition Services staff will share info about eating well, healthy snacks, and have details about free Summer Meals program.	Lawn North of Ball courts
1:00 - 3:00p	Free Otter Pops: FREE Otter Pops from the students of Project Search while supplies last! Project SEARCH provides training and employment education for students with disabilities. Project SEARCH paves the way to employment!	Lawn North of Ball courts
1:00 - 3:00p	Share a Kind Card or Kind Pledge: Join the movement to BE KIND! Learn more about the Kind Campaign, write a Kind Card to someone in your world that makes a positive difference, and make a Kind Pledge to help promote kindness in our community! "Be Kind" face - painting & tattoos will also be available!	Lawn North of Ball courts
1:30 - 2:30p	Free Juggling Clinic: Ever tried juggling before? Sorensen Elementary Juggling Club will teach any and all the secrets to the art of juggling. This is open to students and adults of all ages. We provide the equipment, a few tips, and off you go to exploring the amazing world of juggling.	Lawn North of Ball courts
2:30 - 3:30	Free Face Painting: Talented (and dedicated) art teachers from schools across Cd'A #271 will make YOU into a work of art! [Hint: You should show up early for this popular activity!]	Lawn North of Ball courts
2:30 - 3:30	Save A Life! (With Emergency Choking and CPR Skills): Cd'A #271 nurses will teach you how to save a life when someone is choking and give you the opportunity to practice CPR chest compressions on a mannequin."	Lawn North of Ball courts
1:00 - 7:00p	Interactive Heavy Equipment Activity: Honoring 5 generations in the construction/excavation industry and their commitment to this community, LaRiviere will have actual, working earth moving equipment that your entire family can explore. Or take a shot at getting in the driver's seat and operating a big, yellow machine! Onsite professionals to answer your questions and free "construction workers' hats" for the first 500 kids. Sponsored by LaRiviere.	North Lot
1:00p	Garden District opens: Panhandle Kiwanis potted planting station. Plant and take home your creation. Healthy Food information and environmentally oriented outreach activities.	Lawn near bandshell
1:30p - close	Cultural Center Activity 1: Crafts and table displays	Lawn
2:00 - 7:00p	Petting Zoo	Street/RoundAbout
3:00 - 7:30p	Gazebo Bar: sponsored/hosted by Daft Badger Brewery and The Coeur Group	Gazebo
3:30 - 4:30p	Free Arts & Craft Activity: Join Cd'A #271's School PLUS staff for arts and crafts activities for all ages and free goodie bags for participants, while supplies last.	Lawn North of Ball courts
3:00 - 4:00p	Cd'A Charter Academy: Shakespeare in the Park performance	Bandshell
4:30 - 5:30p	Draw & Color Anime: Join Lake City High School's Anime Club to learn about Japanese animation, called "anime," and learn how to draw "manga" - cartoons created in this style.	Lawn North of Ball courts
4:15 - 5:30p	Cd'A Summer Theatre: Artistic Director Jadd Davis will host Broadway showtunes performed by this summer seasons professional singers.	Bandshell
5:30 - 6:30p	Brain Teasers & Puzzles: Kids and adults can test their brainpower with puzzles and challenges from Cd'A #271's elementary advanced learning program!	Lawn North of Ball courts
5:30 - 7:30p	Create a Peace Rock: We invite you to create a peace rock - because your words can inspire and create a culture of kindness! Hosted by S.P.A.R.K, a student - led kindness and diversity club at Coeur d'Alene High School.	Lawn North of Ball courts
5:30 - 7:00p	Live Music: Dr. Phil and the Enablers	Bandshell
1:00 - 7:30p	Wheel Deals!: Cd'A SK8PRK, Lake City Bike Collaborative, Bike Cd'A and more present demonstrations, merchandise, exhibitions, Bike Tune Up Mechanics on site, unveiling of the new Skate Park design and more. Located in Memorial Plaza area.	Skate Park area
6:30 - 7:30p	Free Scavenger Hunt - Learn to Find Your Way!: Don't miss this expedition scavenger hunt with compasses, GPS and maps, led by staff from Cd'A #271's new elementary school, Hayden Lake Center!	Lawn North of Ball courts
7:30p	Booths closed	All locations
8:30p	Cd'A Police Dept/ HREI Movie night starts: (Disney Movie)	Screen in front of Bandshell

NOTE: Information listed is as accurate as possible to date. Visit familydaycda.com for additional partners, activities, and participants



FEATURED RECIPE

Flipflop Sandal Cookies

You need:

- Oval-shaped cookies
- Frosting
- Sour gummy worms
- Rope licorice
- Gummy candy

**Instructions:**

Frost two oval-shaped cookies or dab frosting on each cookie where the "straps" will be attached.

For wide straps, snip the rounded ends from a gummy worm, cut it in half, and slice each half lengthwise, leaving one end intact. For thin straps, cut rope licorice into four 1-3/4 pieces, cut one end of each piece on an angle, and pinch together the pointed ends to form two pairs.

Press the straps, connected ends first, into the frosting. Use more frosting to add gummy candy jewels. Let the cookies set for 20 minutes. Serve on a dish towel or tray spread with a beach of graham cracker crumbs.

Free Summer Concerts

**THURSDAYS 6 - 8 PM**

July 6	<i>CDA Summer Theatre</i>	SHOWTUNES
July 13	<i>Hilary Scott</i>	FOLK/ROCK
July 20	<i>Villa Blues & Jazz</i>	SWING JAZZ AND BLUES
July 27	<i>David Gerald Blues</i>	BLUES ROCK/R&B
Aug 3	<i>John Welsh Band</i>	LATIN/REGGAE/FOLK ROCK
Aug 10	<i>CDA Symphony</i>	SYMPHONY TUNES
Aug 17	<i>North Point Latin Jazz</i>	LATIN JAZZ FUSION
Aug 24	<i>Chiselfish</i>	ROCK
Aug 24	<i>NuJackCity</i>	R&B/SOUL/FUNK

Visit artsandculturecda.org for more information

**OTHER FREE CONCERTS IN JULY & AUGUST:**

Coeur d'Alene City Park – Sundays 1 - 4 pm

Downtown Coeur d'Alene – Tuesdays 6 - 8:30 pm

Hayden City Park – Thursdays 6 - 8:30 pm

Rathdrum City Park – Fridays, 6 - 8:30 pm

Visit handshakeproductions.net for full schedule

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Our Community AT A GLANCE



NEW MEMBERS

- **ATTORNEYS NORTHWEST, INC.**
Non - profit law firm offering family law and other legal services at reduced fees based on income
- **CAMPFIRE INLAND NORTHWEST**
Founded in 1914, Camp Fire Inland Northwest's programs include youth leadership, after school groups, camping and environmental education.
- **CDA 2030**
Seeks to guide the greater Coeur d'Alene community in realizing its vision for a bright future - together. As a nonprofit group, they help local businesses, government, and community organizations carry out the CDA 2030 Vision and Implementation Plan.
- **COEUR D'ALENE SUMMER THEATRE**
Professional theatre in the Coeur d'Alene area
- **EAT SMART IDAHO – UNIVERSITY OF IDAHO EXTENSION**
Provides nutrition and physical activity education for low - income Idahoans.
- **ELDERHELP OF NORTH IDAHO**
Assists seniors with limited resources in the community by providing them with wheelchair ramps, railings, grab bars, minor home repairs, weatherization firewood, information/referral services, yard work, snow shoveling, and more so they can stay safely and comfortably in their homes.
- **EMERGE**
Emerge is a collective art experience engaging all members of the community in a variety of high quality creative outlets, while offering a platform for emerging artists to cultivate their careers as professionals.
- **FAMILY PROMISE NORTH IDAHO**
Serves homeless families with children and empowers them to achieve sustainable housing.
- **GIRL SCOUTS OF EASTERN WASHINGTON & NORTH IDAHO**
Leadership development organization for girls with a mission of "Girl Scouting builds girls of courage, confidence, and character, who make the world a better place."
- **GOODWILL INDUSTRIES**
Goodwill Industries of the Inland Northwest was founded in Spokane in 1939. They serve individuals and families in 23 counties in eastern Washington and northern Idaho.

- **GUARDIANS OF THE CHILDREN (GOC)**
The mission of the GOC is to recognize and react to child abuse and educate the public to do the same; to serve as advocates to provide strength and stability to families in crisis; and be an answer to the prayer of an abused child or teen for courage, support and protection.
- **ID DEPARTMENT OF HEALTH & WELFARE**
Provides programs and services designed to help people live healthy and be productive, strengthening individuals, families and communities. From birth throughout life, we help people improve their lives.
- **IDAHO DISTANCE EDUCATION ACADEMY**
A public K - 12 Idaho Charter School.
- **KALEIDOSCOPE COMMUNITY SERVICES**
Offers connection to community resources, emergency resources, drop - in venue (2nd Street Commons with coffee, snacks, computers, wifi), volunteer opportunities, membership program, individual mentoring/ group training, and meeting venue
- **KID CENTRIC SPORTS ASSOCIATION**
Provides opportunities in sports and healthy activities for youth of all ages and abilities with a focus on underserved youth in North Idaho.
- **MOUNTAIN STATES EARLY HEAD START**
Provides Child Development, Parenting, Community Resources, Prenatal Education and Support, Health Education, Home Visits, Playgroups, and Family Activities
- **ON - CALL BABYSITTING SERVICE**
Provides parents with babysitters who have been through a thorough interview and screening process, currently serving the Greater Coeur d'Alene area.
- **PANHANDLE KIWANIS**
Kiwanis is all about making friends and making an impact in our local community.
- **PANHANDLE PARKS FOUNDATION**
Established in 2003 to support the development of parks, open space and recreational opportunities.
- **REGION 1 IDAHO INFANT TODDLER PROGRAM/REGIONAL EARLY CHILDHOOD COMMITTEE**
Provides early intervention services for children with developmental delays and or disabilities from the ages of birth up to their third birthday. There is no cost to families.
- **UNION GOSPEL MISSION CENTER FOR WOMEN & CHILDREN.**
The first long - term, residential recovery center for women with children in Kootenai County, the Center provides a warm, home - like setting in which to explore and confront the issues surrounding abuse, addiction and homelessness.

RENEWING MEMBERS

- Elite Auction, Inc.
- Heart of the City Church
- Human Rights Education Institute
- Idaho Child Welfare Research & Training Center (ICWRTC)
- Inland NW Food Network
- Kootenai Health Respite Care
- KTEC
- North Idaho College Head Start
- Shriners Hospitals for Children
- Spoelstra Family Chiropractic/ CDA Focus
- Stories with Stewy



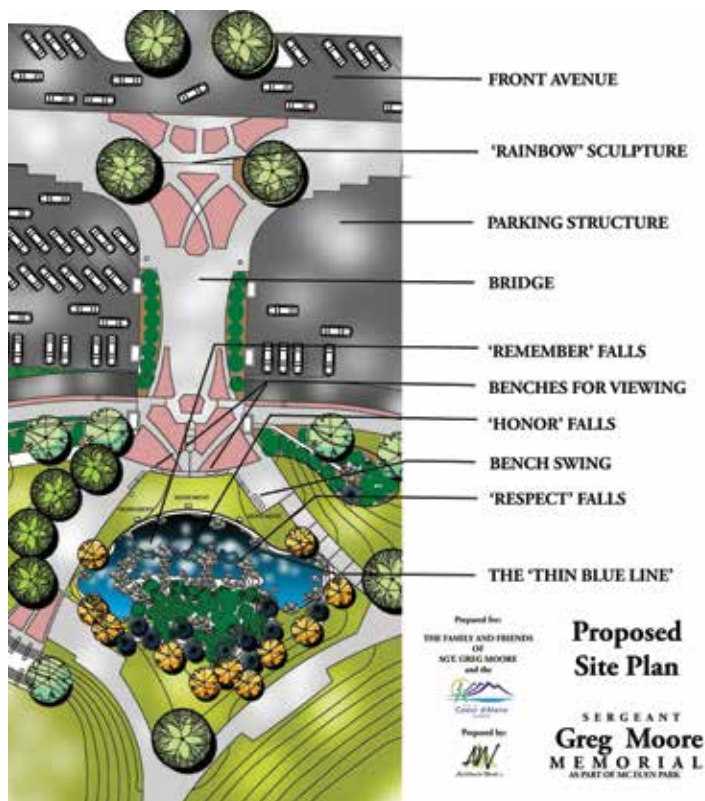
McEuen Park K27 Memorial Water Feature Breaking Ground

The McEuen Park K27 Memorial Water Feature is in its final phases of fundraising, and construction drawings for Phase 1 are complete. The timeline to break ground on the project is mid May, spring weather permitting.

In early 2016 the Coeur d'Alene City council voted to support the construction of a contemplative water feature in McEuen Park. This will honor, respect and remember Coeur d'Alene Police Sergeant Greg Moore, who was killed in the line of duty on May 5, 2015 and also recognize the ultimate sacrifice paid by over 20,000 peace officers across the nation. The City of Coeur d'Alene owns the land and will maintain it in perpetuity. Coeur d'Alene city parks are open to the public and free of charge for the enjoyment of all citizens and visitors.

The Memorial will be using an area that's an unused grassy knoll portion of McEuen. It's going to be a great use of that area to invite people to come in, spend some time and really enjoy the area and take time to memorialize on it as well.

Panhandle Parks Foundation, in partnership with the City of Coeur d'Alene have been raising funds for the Water Feature through donations, fundraisers and grants - no tax dollars will be used for this.



INFO

panhandleparks@gmail.com
208-446-4813

- June 3 *Run for #271* | McEuen Park, Cd'A
- June 9 *Family Day in the Park* | City Park, Downtown Cd'A
familydaycda.com
- June 10-11 *Coeur d'Alene Artists Studio Tour* | Cd'A Area
artsandculturecda.org/artist-studio-tour | 208-292-1629
- June 11 *Bay Trail Fun Run* | Sandpoint's City Beach
pobtrail.org
- June 16-17 *Car d' Lane* | cdadowntown.com
- June 17 *Fallen Heroes Benefit Ride* | Curly's Junction, Hauser
fhride2017.eventbrite.com
- June 22 *Transforming Lives Auction to Support Kootenai Recovery Community Center* | Coeur d'Alene Inn
- June 24 *Mad Hatter Tea Party* | Jacklin Arts & Cultural Center
thejacklincenter.org
- June 24 *IronKids Fun Run* | McEuen Park | ironman.com
- June 25 *Ironman Coeur d'Alene - 70.3* | ironman.com
- July 3 *Kiddies Parade* | Downtown Cd'A
- July 4 *4th of July Parade and Festival* | Downtown Cd'A
- July 7 *St. Vinny's Party in the Park* | McEuen Park
208-416-4717 | stvincentdepaulcda.org
- July 7-9 *Post Falls Festival and Parade* | postfallsidaho.org
- July 8 *Hayden Triathlon* | haydentr.com
- July 15 *Matt's Place Foundation Charity Golf Classic* | Highlands Golf Course, Post Falls | mattsplacfoundation.com
- July 15 *Annual Ride for Life - ACCOIN* | rideforlifeidaho.net
- July 18 *Schweitzer Mountain Trail Run* | smtrailrun.com
- July 21-22 *Julyamsh Powwow* | Kootenai Fairgrounds | julyamsh.com
- July 22 *Relay for Life CDA* | relay.acsevents.org
- July 22 *Race the River Kids' Triathlon* | Cd'A
racetheriver.com
- July 23 *Race the River Triathlon* | Cd'A
racetheriver.com
- July 26 *Wine, Women, & Shoes fundraiser* | Cd'A
winewomenandshoes.com/event/iyrca
- July 28 *Scott Wemple Memorial Golf Tournament* | northidahocasa.org
- July 28-29 *Hayden Days and Parade* | cityofhaydenid.us
- July 30 *CDA Garden Tour* | cdagardenclub.com
- Aug 3 *Night Under the Stars* | inwsids.org
- Aug 5 *Relay for Life St. Maries* | relay.acsevents.org
- Aug 4-6 *Downtown Coeur d'Alene Street Fair* | cdadowntown.com
- Aug 4-6 *Art on the Green* | artonthegreencda.com
- Aug 5 *Ride for ALICE* | unitedwayofnorthidaho.org
- Aug 6 *Post Falls Sprint Triathlon* | postfallsidaho.org
- Aug 12 *Ales for the Trail* | McEuen Park, Cd'A | nictf.org
- Aug 12 *Coeur d'Alene Triathlon/Duathlon* | Cd'A City Park
cdatriathlon.com
- Aug 18-19 *Spokane to Sandpoint Relay* | spokaneetosandpoint.com
- Aug 19 *Coeur d'Con* | Coeur d'Alene Library | cdaibrary.org/
- Aug 23-27 *North Idaho Fair* | northidahofair.com
- Aug 26 *IronKids Fun Run* | McEuen Park | ironman.com
- Aug 27 *Ironman Coeur d'Alene* | ironman.com
- Sept 14 *Day of Caring* | unitedwayofnorthidaho.org
- Sept 16 *Bike MS* | Kellogg, ID | bikeMS.org or 509-482-2022
- Sept 17 *Kids Draw Architecture* | Cd'A Arts & Culture Alliance
artsandculturecda.org/kids-draw-architecture/
- Sept 23 *Coeur d'Fondo* | cdagranfondo.com
- Sept 23 *Boys & Girls Club A Night in Black & White Auction* | Cd'A Resort
northidahobgc.org

In the words of hope from Mahatma Gandhi

**"BE THE CHANGE YOU WANT TO SEE IN THE WORLD." –
TEACH YOUR CHILDREN ABOUT HUMAN RIGHTS.**

When children learn and understand at a young age to respect human rights, they are more apt to grow into socially responsible citizens. It is easy to comprehend that we all have the right to access basic needs such as food, water and shelter. Yet around the world, there are children who are denied their human rights every day.

Many young girls are forced to work without the hope of an education. According to the Education for All Global Monitoring Report, there are more than 31 million girls of primary school age out of school. Of these, 17 million are never expected to enter school. (United Nations)

Everyone in the world also has the right to live without fear of violence and war. Yet for so many, it is a daily reality. Today, child soldiers, some boys as young as 8 years old, are fighting in at least 14 countries, including in suicide attacks.

Children, often abandoned, are left to survive on the streets and in unhealthy conditions. UNICEF estimates there are approximately 100 million street children worldwide with that number constantly growing. There are up to 40 million street children in Latin America, and at least 18 million in India.

Allowing children to explore global issues that affect children their own age, provides opportunities for age-appropriate action and teaches human rights that will ensure that all people are treated with dignity and equality for generations to come.

**Be the change you wish
to see in the world.**

– Mahatma Gandhi



Human Rights ARE universal and should NEVER be denied. They protect us from violence and abuse and work towards the end of ignorance and hatred. Human rights are about compassion, understanding and respect. No matter what country we live in, who our parents are, or what religion we practice, human rights are essential.

INFO

www.HREI.org

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www.HREI.org



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June - October 2017



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CHILDREN'S BEHAVIOR

DOES YOUR CHILD DISPLAY ANY OF THESE SYMPTOMS?

- | | | |
|-------------------|-------------------------------------|------------------------------------|
| • Moodiness | • OCD obsessive compulsive disorder | • ADD, ADHD and other focus issues |
| • Anxiety | • Brain fog | • Poor Reading Comprehension |
| • Depression | • Ruminating thoughts | |
| • Memory problems | | |
| • Worry/fear | | |

Some issues are truly neurological, but many are the result of a microbiome imbalance (good vs bad gut bacteria). 90 - 95% of the "feel good" neurotransmitter Serotonin is produced in the small intestine.

Microbiome imbalance can trigger inflammation sending faulty signals to the brain via the nervous system. This intricate communication system is called the Gut - Brain Connection. Heavy metals and other toxins are often involved in disrupting this communication.

Before you give your child psychotropic drugs to manage behavioral issues, know for sure the root cause of the issue. The answer may be easier than you expect. It could be a brain issue or it could be a gut issue.

Proper treatment starts with an accurate diagnosis. Only a holistic health care practitioner trained to test the autonomic nervous system can give you an accurate assessment. Anything else is treating by observation and symptoms alone. If the root cause is physical, short term treatment with homeopathic remedies is significantly less expensive with no known side effects than pharmaceuticals. If the behavior stems from a functional neurological block in the brain, Brain Integration is the natural solution for correction, allowing the child's own brain to restructure itself and overcome attention and learning issues without drugs.

INFO

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- PTSD/Early Childhood Trauma
- Chemo Brain

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Mental Health First Aid

Mental Health First Aid USA is a training - like regular First Aid or CPR - designed to give people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

Mental Health First Aid helps people know that mental illnesses and addictions are real, common and treatable and that it's OK to seek help. Research demonstrates this program's effectiveness in improving knowledge of mental illnesses and substance use, removing fear and misunderstanding and enabling those trained to offer concrete assistance. Individuals trained in Mental Health First Aid can help:

- Raise awareness and encourage understanding of the ways in which one's cultural background can impact the discrimination associated with mental illness.
- Reach out to those who suffer in silence, reluctant to seek help.



MENTAL
HEALTH
FIRST AID®

- Let students know that support is available on campus and in the community.
- Provide information on self - help strategies and campus and community resources.
- Make mental health care and treatment accessible to those in need

Youth Mental Health First Aid is designed to teach parents, family members, teachers, school staff, peers, and health care personnel how to help an adolescent (age 12 - 18) who is experiencing a mental health or addiction challenge or is in crisis. Youth Mental Health First Aid is ideal for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a five - step action plan for how to help young people in both crisis and non - crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

Both Adult & Youth Mental Health First Aid are offered at North Idaho College's Workforce Training & Community Education Center in Post Falls.



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1300 E. Mullan Ave, Post Falls – 777-1330

9095 N. Hess St, Hayden – 772-8940



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Antibiotics can be overused and misused. It is estimated that more than half of antibiotics are unnecessarily prescribed to children in doctor office settings for cough and cold illness, most of which are caused by viruses.

What's got you sick?
For more information,
visit www.cdc.gov/getsmart

Illness	Usual Cause		Antibiotic Needed
	Viruses	Bacteria	
Cold/Runny Nose	✓		NO
Bronchitis/Chest Cold (in otherwise healthy children & adults)	✓		NO
Whooping Cough		✓	Yes
Flu	✓		NO
Strep Throat		✓	Yes
Sore Throat (except strep)	✓		NO
Fluid in the Middle Ear (otitis media with effusion)	✓		NO
Urinary Tract Infection		✓	Yes



Kootenai Health • Benewah Community Hospital • Bonner General Health
Boundary Community Hospital • Shoshone Medical Center

The Northwest Hospital Alliance is a network of hospitals devoted to improving the health status of our communities by providing a collaborative approach to regional health care delivery. Our role is to coordinate strategies, relationships and services that will improve delivery, access and quality, of healthcare in our member communities.

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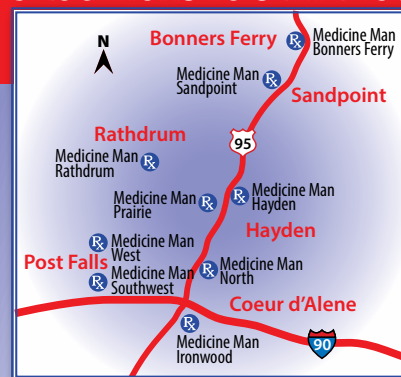
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- Online & Mobile App Refill Services
- Medication Management Services:
Adherence Packaging & Prescription Synchronization

9 LOCATIONS TO SERVE YOU



Post Falls
802 E. Medical Court
(208) 773-3566

Post Falls
805 E. Polston Ave.
inside Super 1 Foods
(208) 777-7732

Coeur d'Alene
305 W. Kathleen Ave.
inside Super 1 Foods
(208) 765-2268

Hayden
8093 Cornerstone Dr.
(208) 762-9355

Hayden
240 W. Hayden Ave.
inside Super 1 Foods
(208) 772-3311

Coeur d'Alene
1114 Ironwood Dr.
(208) 666-2502

Rathdrum
15837 Westwood Dr.
inside Super 1 Foods
(208) 687-5717

Sandpoint
624 Larch St.
inside Super 1 Foods
(208) 597-7466

Bonners Ferry
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inside Super 1 Foods
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SERVICE DIRECTORY

This is a partial list of services provided by members of the North Idaho Family Group and select immediate needs providers. All area codes are 208 unless specified. Visit www.niservicesdirectory.com for an ongoing and updated list of North Idaho Immediate & Basic Needs service providers.

Child/Youth - Services/Support

- 1st Judicial CASA Program | 816 E Sherman | Cd'A, ID | 667-9165
northidahocasa.com
- * American Childhood Cancer Organization Inland Northwest | PO Box 8031
Spokane, WA | 509-443-4162 | acco.org/inlandnw
- * Boys & Girls Club of Kootenai County | 925 N. 15th St. | Cd'A, ID
208-618-2582 | 200 W. Mullan Ave. | Post Falls, ID | 208-457-9089
northidahobgc.org
- * Camp Fire Inland Northwest | 524 N. Mullan | Spokane, WA | 509-747-6191
campfireinc.org
- * Guardians of the Children | 2315 N Rebecca St, Spokane WA | 509-998-2535
guardiansofthechildren.com
- * Girl Scouts of Eastern Washington & Northern Idaho | 509-747-8091
gsewni.org
- * Idaho Youth Ranch/Anchor House | 1609 N. Government Way | Cd'A, ID
667-3340 | youthranch.org
- * Idaho Youth Ranch | 2201 Government Way, Suite J | Cd'A, ID
667-1898 | youthranch.org
- * Kid Centric Sports Association | 6848 N. Government Way, STE 114, PMB #46
Dalton Gardens, ID | 659-3130 | kcsa-kidcentric.org
- * Region 1 Idaho Infant Toddler Program/Regional Early Childhood Committee
208-882-6904 | infanttoddler.idaho.gov

Civic/Volunteer

- * Human Rights Education Institute | 414 Mullan Ave | Cd'A, ID
292-2359 | hrei.org
- * Panhandle Kiwanis | 208-651-0999 | panhandlekiwanis.org

Crisis Intervention

- Emergency, Fire & Police | 911
- Child Protective Services | 1120 Ironwood Drive | Cd'A, ID
855-552-5437 | healthandwelfare.idaho.gov
- Children's Village | 1350 W. Hanley Ave. | Cd'A, ID | 667-1189
thechildrensvillage.org
- * ICARE | 201 E. Harrison Ave | Cd'A, ID | 676-1515
icareforchildren.org
- Domestic Violence Hotline | 664-9303
- Idaho Poison Control Center | ID | 800-222-1222
- Idaho Suicide Prevention Hotline | 800-273-8255
- Kootenai County Crisis Hotline | 664-1443
- Kootenai County Sheriff | 466-1300 or 911
- National Center for Missing and Exploited Children | 800-843-5678
- Northern Idaho Crisis Center | 2195 Ironwood Court, Suite D
Cd'A, ID | 625-4884 | nicrisiscenter.org
- Post Falls Police Victim Services Unit | 1717 E. Polston Ave. | Post Falls, ID
773-1080 | postfallspolice.com
- Rape Crisis Line | 661-2522
- * Safe Passage | 850 N. 4th St. | Cd'A, ID | 664-9303 | safepassageid.org

Education - Adult

- * American Institute of Clinical Massage | 4365 Inverness Drive, Post Falls, ID
773-5890 | aicm.edu
- * Inland Northwest Food Network | Cd'A, ID | 546-9366
inwfoodnetwork.org
- * North Idaho College | 1000 W. Garden Ave. | Cd'A, ID | 769-3315
nic.edu
- * North Idaho Higher Education | northidahohighereducation.org
- * North Idaho College Workforce Training & Community Education
525 W. Clearwater Loop, Post Falls | ID | 769-3222 | nic.edu/wtc
- University of Idaho | 1031 N. Academic Way, Suite 242 | Cd'A, ID
667-2588 | uidaho.edu

Education - Child

- * Coeur d'Alene School Dist. 271 | 1400 N. Northwood Center Ct.
Cd'A, ID | cdaschools.org
- * Gizmo-CDA | 806 N 4th St, Cd'A, ID | 651-6200
gizmo-cda.org
- * Idaho Distance Education Academy | 877-1513 | idahoidea.org
- * Immaculate Conception Church & Academy | 495 N. Lincoln Street
Post Falls, ID | 208-773-7442 | sspx.org
- * Iris' House Pre-School & Childcare | 410 N 20th St | Cd'A
208-667-3785
- * KTEC-Kootenai Technical Education Campus | 6838 W. Lancaster Rd.
Rathdrum, ID | 208-712-4733 | ktectraining.org
- * Lake City Jr Academy | 111 E Locust Ave | Cd'A, ID | 667-0877
- * LAM Christian Academy | 4800 N. Ramsey Road | Cd'A, ID
208.765.8238 | lamcda.org
- * Mountain States Early Head Start | 411 N. 15th St, Ste 200 | Cd'A, ID 765-
6955 | msehs.org
- * North Idaho College Head Start | 411 N. 15th St, Ste 103 | Cd'A, ID
765-6755 | nicheadstart.org
- * Stories with Stewy | Cd'A, ID | 660-8529 | storieswithstewy.com

Family Services

- * Family Promise of North Idaho | 501 E. Wallace Ave. | Cd'A, ID
777-4190 | www.familypromiseni.org

Government

- 2-1-1 Idaho CareLine | PO Box 83720 | Boise, ID | 800-926-2588
idahocareline.org
- * Coeur d'Alene Parks Department | 710 E. Mullan Ave. | Cd'A, ID
769-2252 | cdaidparks.org
- * Department of Health and Welfare | 1120 Ironwood Drive | Cd'A, ID
769-1409 or 2-1-1
- * Idaho Child Welfare Research & Training Center | 2005 Ironwood Parkway,
Suite 200 | Cd'A, ID | 800-745-1186 | icwrtc.org
- * Luke Malek | Idaho State Representative | 208-661-3881
www.lukemalek.com
- Panhandle Area Council | 11100 Airport Drive | Hayden, ID | 772-0584
pacni.org

Healthcare

- After Hours Urgent Care | 1300 E. Mullan Ave. | Post Falls, ID | 777-1157
nifp.com
- * Heritage Health (formerly Dirne) | 1090 Park Place | Cd'A, ID
292-0292 | myheritagehealth.org
- * Hospice of North Idaho | 9493 N Government Way | Cd'A, ID
691-6996 | honi.org
- * Kootenai Health | 2003 Kootenai Health Way | Cd'A, ID
667-3742, PF 619-4100, SP 263-6763 | kootenaihealth.org
- Kootenai Urgent Care | 700 Ironwood Dr., Ste 170E | Cd'A, ID
667-9110 | kootenaiurgentcare.com
- * Diane Minkner HHP | Brain Integration & Physiology | 2065 W Riverstone
Drive Suite 207 | Cd'A, ID | 991-8300 | goseeDiane.com
- Panhandle Health District | 8500 N. Atlas Rd. | Hayden, ID | 415-5100
panhandlehealthdistrict.org
- * Shriner's Hospital for Children | 911 W. 5th Ave. | Spokane, WA
509-455-7844 | shrinershospitalsforchildren.org/spokane
- * Spoelstra Family Chiropractic | 214 W Sunset Ave | Cd'A, ID | 667-7434
cdahealth.com

Healthcare - Mental

- * Imagine Behavioral & Developmental Services | 7905 Meadowlark Way, Suite C
Coeur d'Alene, ID | (208) 762-1250

* North Idaho Family Group Members

nifamily.com

Northern Idaho Crisis Center | 2195 Ironwood Court, Suite D | Cd'A, ID 625-4884 | nicrisiscenter.org
Northwest Behavioral Health | 1612 N. 3rd St. | Cd'A, ID | 765-4509

Misc.

* Attorneys Northwest, Inc. | 1910 Northwest Blvd., Suite 200, Cd'A, ID 664-1139 | attorneysnw.com
* CDA 2030 | 105 N 1st St #100, Cd'A, ID | 415-0112 | CDA2030.org
* Christian Youth Theater (CYT) North Idaho | PO Box 3250 | Cd'A, ID 765-8600 | cytnorthidaho.org
* Coeur d'Alene Arts & Culture Alliance | 105 N 1st Street | Cd'A, ID 208-292-1629 | artsandculturecda.org
* Coeur d'Alene Summer Theatre | 4951 Building Center Dr., #105 Cd'A, ID | 660-2958 | cdasummertheatre.com
* Community Library Network | Athol, Harrison, Hayden, Pinehurst, Post Falls, Rathdrum, Spirit Lake | communitylibrary.net
* Eat Smart Idaho | uidaho.edu/extension/eat-smart-idaho
* Elite Auction | PO Box 1354 Hayden, ID 83835 | 208-640-7449 | eliteauctioninc.com
* Emerge | 208 N 4th St | Cd'A, ID | 818-3342 | emergecda.org
* Godwin Marketing & Communications | 1002 N. 2nd St. | Cd'A, ID 640-6514 | GodwinMarketingCommunications.com
* Jump for Joy | 250 West Dalton Ave | Cd'A, ID | 208-664-5200 | jumpforjoycda.com
* Kagey Company | 1048 N 3rd St | Cd'A, ID | 667-2314
* On-Call Babysitting Service | 777-5788 | oncallbabysitting.com
* Panhandle Parks Foundation | 212 Ironwood Drive, STE D, PMB 124, Cd'A, ID 446-4813 | panhandleparksfoundation.org
The Salvation Army Ray & Joan Kroc Community Center | 1765 W. Golf Course Rd. | Cd'A, ID | kroccda.org

Pet & Animal Services

Coeur d'Alene Animal Control | 5500 N. Government Way | Cd'A, ID 446-1300 | kcsheriff.com/animalcontrol.html
* Coeur d'Alene Pet Resort | 125 E Hazel Ave | Cd'A, ID | 667-4606 | cdapetresort.com
* Kootenai Humane Society | PO Box 1005 | Hayden, ID | 772-4019 | kootenaihumanesociety.com

Religious/Fraternal

* Heart of the City Church | 521 W. Emma Ave. | Cd'A, ID | 665-7808 | heartofthecitychurch.org
* Immaculate Conception Church & Academy | 495 N. Lincoln Street Post Falls, ID | 208-773-7442 | sspx.org
Lutherhaven Camp/Ministries | 3258 W. Lutherhaven Rd. | Cd'A, ID 667-3459 | lutherhaven.com

Senior Services

Adult Protection Services | 2120 Lakewood Dr. #B | Cd'A, ID 667-3179
ElderHelp of North Idaho | 9420 Government Way, Hayden, ID | 661-8870 | ehoni.org
* Kootenai Health Senior Care Program | 2003 Kootenai Health Way Cd'A, ID | 625-5353 | khadult@kh.org

Social Services

CAP Community Action Partnership Food Bank | 4144 Industrial Ave., Ste E Cd'A, ID | 664-8757 | cap4action.org
* Goodwill Industries | 130 E Third Avenue, Spokane, WA | 509-838-4246 | discovergoodwill.org
Idaho Dept. of Health & Welfare | 1120 Ironwood Drive, Coeur d'Alene, ID | healthandwelfare.idaho.gov
* St Vincent de Paul | 201 E. Harrison Ave. | Cd'A, ID | 664-3095 | stvincentdepaulcda.org
* Union Gospel Mission Center for Women & Children | 196 W Haycraft Ave, Coeur d'Alene, ID | 665-4673 | uniongospelmission.org
* United Way of North Idaho | 501 E. Lakeside Ave., Ste. 3 Cd'A, ID | 667-8112 | unitedwayofnorthidaho.org

Special Needs


* Imagine Behavioral and Developmental Services | 7905 Meadowlark Way, Ste C | Cd'A, ID | 762-1250 | imaginebehavior.com
* Trinity Group Homes, SVDP | 201 E. Harrison Ave. | Cd'A, ID 664-3095 | stvincentdepaulcda.org

Substance Abuse-Recovery/Prevention

Al-Anon | Cd'A, ID | 676-0549 | www.al-anon-idaho.org
Alcoholics Anonymous | 118 N. 7th St., Ste B5 | Cd'A, ID | 667-4633 | aa.org
Idaho Drug Free Youth | 610 W. Hubbard, Ste 123 | Cd'A, ID 664-4339 | idahodrugfreeyouth.org
Idaho Meth Project | PO Box 738 | Boise, ID | 1-888-331-2060 | idaho.methproject.org
* Kaleidoscope Community Services | 405 N. 2nd St., Coeur d'Alene, ID 699-2250 | kaleidoscopecs.org
Kootenai Recovery Community Center | 1111 Ironwood Dr. Suite B Cd'A, ID | (208) 932-8005 | kootenairecoverycenter.org

Support Networks/Groups

* American Childhood Cancer Organization Inland Northwest | PO Box 8031 Spokane, WA | 509-443-4162 | acco.org/inlandnw
* Inland NW SIDS Foundation | 103 South 4th Street | Cd'A, ID 208-557-4371 | inwsids.org



NORTH IDAHO SERVICES DIRECTORY

IMMEDIATE NEEDS - BASIC NEEDS - COMMUNITY RESOURCES

[North Idaho Service Directory](#) | [Add or Update Service Directory Listing](#) | [Support the Services Directory](#)

North Idaho Services Directory NOW ONLINE

The North Idaho Services Directory is available online and provides the most comprehensive list of service providing organizations in the region, with the ability to sort, filter, and search by category, agency name, zip code, city, and other fields.

It is a vital resource for first responders, who must quickly triage and assist individuals in crisis. Police & fire department personnel and other immediate needs providers can find the information they need in one location.

The database currently has about 600 agencies listed, primarily in Kootenai

County and Region 1. However, hundreds more will be added, due to the opening of the Northern Idaho Crisis Center, which opened in December 2015 and serves the 10 northern counties. Website improvements for customized reporting, member login for agencies & funders, outreach & marketing, and database updates & maintenance are also planned.

Visit NIServicesDirectory.com to add or update your listing.

INFO

www.niservicesdirectory.com

NORTH IDAHO HIGHER EDUCATION

NIC **LCSC** **UI** **BSU** **ISU**

5 SCHOOLS. 1 LOCATION.
NorthIdahoHigherEducation.org

FOR MORE INFORMATION

North Idaho College | www.nic.edu | (208)769-3377

Lewis-Clark State College Coeur d'Alene | www.lcsc.edu/cda | (208)666-6707

University of Idaho Coeur d'Alene | www.uidaho.edu/cda | (208)667-2588

Boise State University | sspa.boisestate.edu/socialwork | (208)426-1568

Idaho State University | www.isu.edu | (208)282-2123