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**ACKNOWLEDGEMENTS:**

Cover photo and article photos by Nate Sakwi, Lake City High School senior.

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**Welcome!**

It's been over 17 years since the original group of local nonprofits became involved with the North Idaho Family Magazine. Through the years the publication and its companion website, nifamily.com have provided:

- Hundreds of local features on things that matter to North Idaho families.
- The N.I.C.E. calendar for charitable events planning.
- The North Idaho Family Group, for organizations that support healthy families, and
- Connections through social media.

The North Idaho Family Group is a 501(c)3 nonprofit organization whose mission is building healthy families and lifelong learning in our community, predominantly by being a backbone organization for other area nonprofits and projects.

- The North Idaho Services Directory is now online! See page 23 for more info.

**We Want YOU!**

**Join the Team.** Future plans for the Magazine & Family Group include expanded photography content, sales opportunities, community outreach, and education. Contact [members@nifamily.com](mailto:members@nifamily.com).

**Stay connected** with us by subscribing by email or following us on Facebook: [www.facebook.com/NorthIdahoFamilyMagazine](http://www.facebook.com/NorthIdahoFamilyMagazine).

**Become a Member** of the North Idaho Family Group for Members Benefits at [www.nifg.org](http://www.nifg.org).

**Use our FREE Resources.** The Education Information Center ([edinfocentercda.com](http://edinfocentercda.com)) and the North Idaho Services Directory ([niseservicesdirectory.com](http://niseservicesdirectory.com)) provide a wealth of regional education and community immediate & basic needs resources. Take a look and send feedback!

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A comprehensive central location for information about Pre-K through career education choices in North Idaho



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## LAKE CITY HIGH SCHOOL'S OWN TIN MAN CERTAINLY HAS A HEART



Oskar Owens and C.C. Cates

**K**eith Pashby has worked for the Coeur d'Alene School District for nearly 14 years. He is a custodian at Lake City High School, a position he prefers over elementary or junior high positions. "The little kids are wonderful to be around, but oh the crafts!" said Pashby, "There's glitter on everything at every holiday. It's a custodian's challenge for sure." He enjoys the high schoolers because "you can talk to them, get to know them," he said. He's developed a special relationship with many at LCHS for that reason. His way of connecting with them is unique, it's through his lifelong hobby, welding tin sculptures.

Pashby began welding in a college class in 1969. After graduating in Parks Administration, he became a park ranger in 1974, but continued his welding hobby. After taking dozens of classes in Oxy Acetylene Welding, Keith was approached to become an instructor himself, as his art welding techniques had become better than the teachers'.

Since he started welding, he's made hundreds of tin sculptures, including a tree made up of nearly 500 tin can lids that stood over 5 feet tall, and a ball and chain created by surrounding a concrete ball with plate steel to a welded tin chain. Over the years, he's used nuts, bolts, coat hangers along with welding rod and about any other metal, except aluminum. That doesn't work. His preference now is the large gallon size tin cans. "They're readily available from our lunch service, so if I don't like a creation I just start over, and it's a great way to recycle," he said.

His favorite is making the tin can sculptures for his students. Having children of his own who were involved in drama, he felt he could encourage younger students to stay involved by presenting sculptures to seniors. He began making tin flower bouquets for the senior girls with the "Break A Leg" message weaved into the design for opening night

of their plays. This was the first year he made one for a leading man in the theatre. Because the production was Grease the Musical, he created the sculpture with "GREASE is the WORD" instead of "Break a Leg" to give to senior Oskar Owens who played the role of Danny. "It was a first for me. I've done a lot of lady bugs, flowers, and stuff girls like, but this was new." It's not just theatre. Pashby has random students, clubs, and teams in all areas of endeavor at LCHS that he has presented with a gift of his art. Volleyball player C.C. Cates has been on the Timberwolf team for years and was surprised to get a personal metal art sculpture from Pashby. "All the kids think he is one of the nicest guys you'll ever know. I was really excited he gave me a sculpture. It's so encouraging and the coolest thing," said Cates. His Fight for the Fish creation garners itself a special place in the trophy cabinet after 5 consecutive wins of this spirit competition trophy for LCHS.

"Keith is like one of the threads that hold together the fabric of the Lake High School family," said Principle Deanne Clifford. "He supports all of our students and the Timberwolf activities. We're so fortunate to have people like him here."

When asked if his work is for sale he replied, "when the kids see the creations and give me that big smile, that's payment enough." However, he was quick to add that he does sell them once per year, as a fundraiser for the LCHS senior class party at the LCHS Annual Craft Fair. Pashby doesn't think he'll give up his passion for art welding anytime soon. "My wife says it keeps me out of mischief and it's just really relaxing for me. I'll keep at it until I can't any longer." This year's Annual Spring Craft & Garden Show is scheduled for March 19th from 9 - 4pm at LCHS.



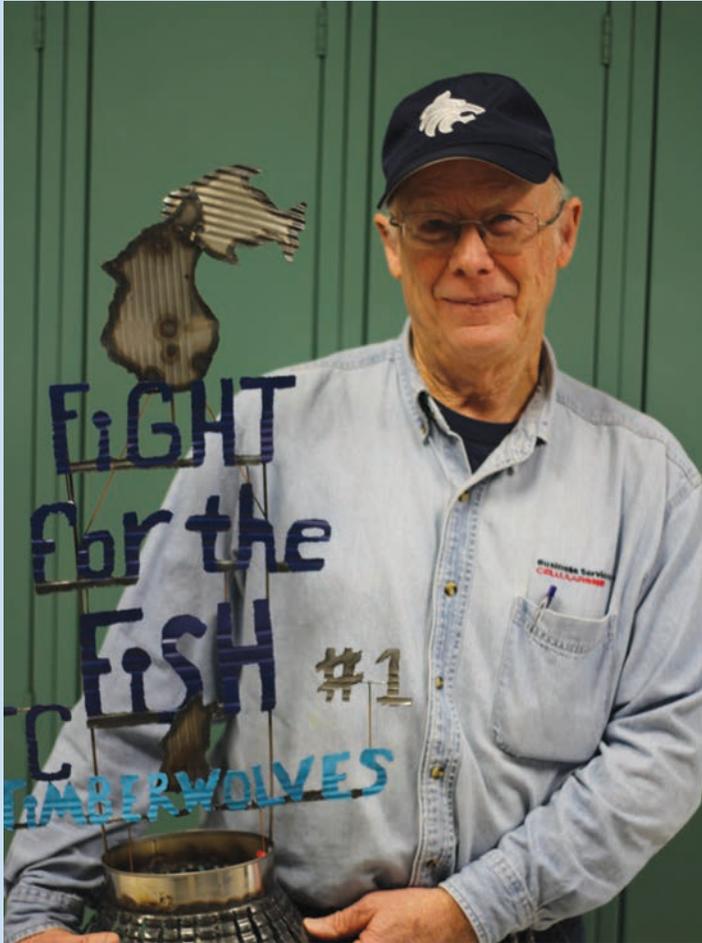
## REDUCE | REUSE | RECYCLE But What About Glass?

In October of 2010, Waste Management of Idaho introduced single stream recycling in the Coeur d'Alene area. Recyclables could now be placed all in one bin rather than presorting by type in separate containers. Residential participation went from 28% to 75% within the year. It works, because it's easy and most customers care about their community.

"But what about glass?" is a frequently asked question. According to national statistics as well as local recyclers, glass is a low-value material that is difficult to process and is a commodity that has an ongoing declining market share. In other words, it costs substantially more to recycle glass into glass than to produce new glass. However, there are other uses. Crushed glass for road beds or use in place of concrete and rock at landfills is a "beneficial re-use" form, but it comes with a price and there is a low demand for the product. Glass is currently one of the few commodities that recyclers have to pay a third party to re-use rather than selling like aluminum or paper. Industry groups continue to work to improve the recyclability of glass, however it is a persistent challenge across the country.



The Kootenai Environmental Alliance, is circulating a petition to ask the city to include glass as part of the curbside recycling program. It is estimated to raise rates by \$1- \$2 per month according to their report. Details on all recyclable materials allowed in the area can be found at [www.kcgov.us/departments/solidwaste/recycling](http://www.kcgov.us/departments/solidwaste/recycling). Find glass recycling petition information at [www.kealliance.org](http://www.kealliance.org)



Keith Pashby and one of his creations

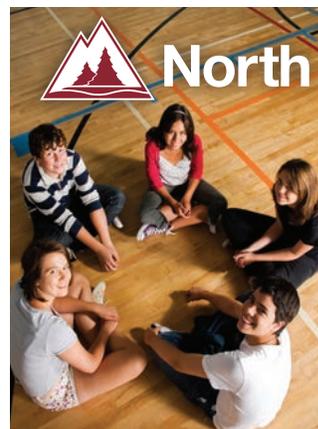


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# Education INFORMATION Center

## Bookmark It Now!

[edinfocentercda.com](http://edinfocentercda.com)

The Education Information Center, a new community-wide, comprehensive educational resources website launched last spring with the support of its Visionary Partners: Knudtsen Chevrolet, Waste Management of Idaho, Ignite CdA, and North Idaho Higher Education. The Pre-K – Career Education Information Center project has also received additional support from Avista and the Coeur d'Alene Tribe.

The North Idaho Family Group, Inc., a 501(c)(3) corporation focused on developing healthy families and lifelong learning, launched the new Education Information Center, which is a “one-stop shop” website that provides access to all educational resources including (but not limited to) preschools, religious schools, alternative and homeschool support, trade schools, professional-technical training programs, higher education, workforce education certification, community enrichment classes, and much more. The site provides access to resources only and does not deliver educational programming (such as online courses).

Individuals seeking information can search for educational opportunities and resources by category, location, age, special need, or desired career. The website also includes information and “how to guides” for scholarships, grants, and accessing federal aid programs, ongoing education paths, statistics, and educational news links.

**INFO** North Idaho Family Group  
Education Information Center  
208-502-0099

EDUCATORS | COUNSELORS | ADMINISTRATORS

*You're invited*

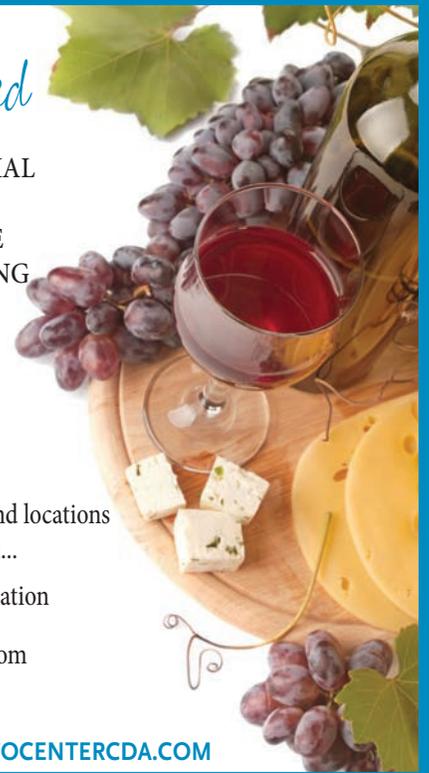
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...or watch for your invitation

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[GET TO KNOW EDINFOCENTERCDA.COM](http://GETTOKNOWEDINFOCENTERCDA.COM)



# Education INFORMATION Center™

Home School Search Birth to Kindergarten Grades 1-8 High School Higher Education Everything Else Pay for School Resources Blog / News

Your Search for Regional Educational Information & Resources is Over!

**IT'S ALL HERE!**



Links to Local Pre-Kindergarten through Career Training and Beyond!

### MOST POPULAR RESOURCES

- Glossary of Terms
- North Idaho School Districts
- Comprehensive (local) scholarship list
- Career Planning/Counseling Sites

### BIRTH TO KINDERGARTEN

- Developmental Testing for Infants & Toddlers
- List of Schools
- Preschool Licensing
- Is my child ready for Kindergarten?

### 1ST THROUGH 8TH GRADE

- Advanced Learning Opportunities
- Tutoring and Homework Help
- Testing, SBAC & ISAT
- Out of School Programs

### Search the Site

type your keyword here

### Feedback Please!

Email  
[feedback@edinfocentercda.com](mailto:feedback@edinfocentercda.com)

VISIONARY PARTNERS



with additional support from Avista and The Coeur d'Alene Tribe

# Invent Idaho Experiences Exponential Growth

The inventive spirit is alive and well in Idaho's creative youth! More young inventors participated in the Invent Idaho student invention competition in 2015 than ever before. From Idaho Falls in the Southeastern Region to Boise in the Southwest, and Sandpoint in North Idaho, students have been inspired to enter their innovative ideas in the Invent Idaho student invention competition.

Invent Idaho, which has traditionally been open to students in grades 1-8, now has added a high school component for students in grades 9-12. Joe Broder from North Idaho STEM Charter Academy was the 2015 Invent Idaho High School Division State winner with his invention, the Hydrogen Gassifier.

Invent Idaho young inventors are receiving national attention! Gus Hickman, an Invent Idaho State winner, appeared on NBC's Today Show. Gus invented the Easy-For-Me Bike Helmet and was selected as a finalist in Shell's "Make the Future" contest for this outstanding entry. Gus was flown to New York City to appear on the Today Show. Hannah Schow, a third grader from Post Falls, was selected by Microsoft to receive a private tour of the Microsoft facility in Redmond, Washington.



Alexander Knoll and his "Ability App"

Microsoft produced a working prototype of Hannah's "Deaf-Mic" Invent Idaho entry. Alexander Knoll, a fourth grade Invent Idaho State Best of Show winner has received national and international attention for his "Ability App," as he was the youngest participant selected to attend the world's largest web development conference, Web Summit, in Dublin, Ireland. Invent Idaho is changing lives!



[www.icubedusa.org](http://www.icubedusa.org)

# Important deadline for 2016 High School Seniors

NOW is the time to apply for financial aid & scholarships for the 2016/2017 school year. Federal, State, and individual college deadlines vary widely. Most counselors recommend applying for federal financial aid with the FAFSA even if you think you won't qualify, or you think you won't need the aid.



- 2016/2017 FAFSA (Free Application for Federal Student Aid) is available NOW ([FAFSA.ed.gov](http://FAFSA.ed.gov) – Make sure to use THIS site to apply).
- Early 2016: Deadline for CSS / Financial Aid PROFILE Application (found at [CollegeBoard.org](http://CollegeBoard.org))
- March 1, 2016: Idaho Deadline for applying for an Opportunity Grant. (A Federal Supplemental Educational Opportunity Grant (FSEOG) is a grant for undergraduate students with exceptional financial need.)
- Check with your school guidance counselor or visit [www.fastweb.com](http://www.fastweb.com) for up-to-date scholarship information.
- Contact your student's potential colleges to find out about school-specific scholarship opportunities and financial aid deadlines.

Don't wait! Even if 2015 taxes have not been filed, the FAFSA application can still be started and then updated later. It is better to start the process than to wait and risk missing deadlines.

# CLASS OF 2016

## Meet University of Idaho student Travis Bertram

- \* Started at NIC in August 2010
- \* Transferred to UI Coeur d'Alene in Fall 2014
- \* UI Psychology major, Marketing minor
- \* Expected UI Graduation Date: May 2016

**APPLY TODAY!**

**5 SCHOOLS. 1 LOCATION.**  
[www.NorthIdahoHigherEducation.org](http://www.NorthIdahoHigherEducation.org)

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[www.nic.edu/kidscollege](http://www.nic.edu/kidscollege)

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# The Power of Mentoring: Making a Difference

Quality mentoring relationships have significant positive effects on youth in a variety of academic, personal, and professional situations.

A 2014 report released by the National Mentoring Partnership, MENTOR, found that young people who were at-risk for not completing high school, but who had a mentor, reported higher educational aspirations and matriculation into post-secondary education, as well as greater engagement in positive activities. They were:

- 55% more likely to be enrolled in college than those who did not have a mentor.
- 81% more likely to report participating regularly in sports or extracurricular activities.
- More than twice as likely to say they held a leadership position in a club or sports team.

- 78% more likely to volunteer regularly in their communities.
- Nearly nine in ten respondents who had a mentor said they are now interested in becoming a mentor.

[www.mentoring.org](http://www.mentoring.org)

Local youth mentoring programs include The Kroc Center's Press On, and Goodwill's GoodGuides programs.



## Press On

Press On is a youth development strategy at The Kroc Center committed to providing middle school students with the experiences needed to become positive contributors in our community. Press On aims to help prevent the high risk behaviors so many students and families are faced with.



The three components of Press On are:

**Mentorship:** It is through the mentor relationship that a supportive foundation is built. With this foundation, students feel empowered to try new things, become a part of the community and fully benefit from the activities.

**Leadership:** Students are offered opportunities to grow personally, through Kroc programming in the arts, fitness, culture, and aquatics.

**Community:** Press On students meet regularly for team-building and interactive projects both at the Kroc and in the community.

**The Kroc Center is currently in need of men and women who would like to make a difference in the life of a middle school student. The commitment is 4 hours per month.**

**INFO** **Jamie Helwich**, Press On Coordinator  
The Salvation Army Ray and Joan Kroc Community Center  
208-763-0675, [presson@kroccda.org](mailto:presson@kroccda.org)

## Goodwill GoodGuides

The goal of the GoodGuides program is to help youth build career plans and skills, and prepare for school completion, post-secondary training, and productive work.

Goodwill GoodGuides serve 12-17 year old boys and girls who are considered youth at risk by their schools and/or families.



**Goodwill®**  
**GoodGuides®**

Adult mentors from the community are recruited, trained and supported to be matched to each mentee. The commitment from the mentor and mentee is for four hours per month for twelve months. The program focuses on career awareness with an evidence-based curriculum to support each match.

The program reaches out to teens who don't always feel accepted or included into other areas of their school. The program provides an afterschool opportunity and facilitates group mentoring so all enrollees know they belong to GoodGuides, leading to great friendships, higher self-esteems, and positive improvements in their academics. Each GoodGuides group also seeks out service learning opportunities.

GoodGuides serves 96 teens throughout the Inland Northwest. (The program is unable to enroll new mentees until January of 2017.)

**INFO** **Sherri Richardson**, GoodGuides Program Manager  
Goodwill Industries of the Inland Northwest  
509-220-1918

# New public library located inside Lake City High School

The Lake City Public Library, a branch of the Coeur d'Alene Public Library, opened in January 2016.

The long range planning team that was addressing the issue of how to serve the growing population of Coeur d'Alene first considered the creation of a branch library in June of 2014. Encouraged by Coeur d'Alene City Council liaison to the library board, Councilmember Kiki Miller, the library Director Bette Ammon, along with Miller, explored the possibility of a branch library in a public school. Ammon was involved with a similar program in Montana before coming to Coeur d'Alene. "It was well worth attempting to present a great solution to serving the growing population, especially in a geographic area made up largely of families with children, that has multi-modality lighted trails already in place." said Miller. "It also meant getting maximum benefit for the tax payer dollar."

Charting a course to determine its feasibility led to the formation of an exploratory committee in September 2014 comprised of the Library Board, City Council, School Board staff and administration, Library Foundation, Chamber of Commerce, Kroc Center, and other community leaders. By September of 2015 the Cd'A City Council had approved the staffing and supplying materials for the branch library and by December the school board approved the plan to house and maintain the branch library in the Lake City High School library.

Opening in January with its own name, the Lake City Public Library, the initial plans are to have the library open to the public Monday through Thursday from 3:00 - 6:30 pm. J.D. Smithson, the branch manager of the LCPL, and also a reference clerk at the Coeur d'Alene Public Library, transfers materials back and forth as well as manages programs, check in, library card functions, etc. During the upcoming summer months Smithson expects to be open in the afternoons with a potential for story times as well as other programs to promote summer reading. Ammon reported that the final plans for the branch are yet to be determined. "This is a very exciting trial basis program. We're looking forward to the community input and figuring out how to address their needs." said Ammon. The Grand Opening is scheduled for February 1st.



LAKE CITY PUBLIC  
**LIBRARY**  
A BRANCH OF THE COEUR D'ALENE PUBLIC LIBRARY

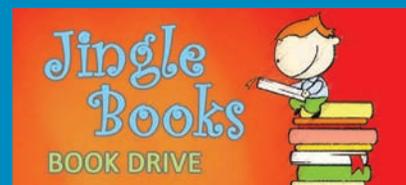


[www.lcplibrary.org](http://www.lcplibrary.org)

Grand Opening of the Lake City Public Library Monday, February 1  
inside the library at Lake City High School



Visit the new branch Monday through Thursday from  
3-6:30 p.m. between now and Feb. 15, and enter the drawing  
to WIN one of three Kindle Fire tablets to be given away.



JingleBooks rang in the New Year with a resounding successful book drive. Over 26,000 new and gently used books were donated to the program which supplies local elementary school students with up to six books to take home without needing to return them. The program strives to address statistics that indicate literacy and reading at grade level by the third grade is key to overcoming cultural, social and economic challenges.

See Facebook.com/JingleBooks or email [gretta.gissel@gmail.com](mailto:gretta.gissel@gmail.com) for information on the December 2016 book drive.



Coeur d'Alene Education Partnership, a local nonprofit dedicated to the continuation of excellent public schools in Cd'A School District 271, raised \$28,000 for library materials for district libraries. The proceeds came from their annual fundraising event, Disco Inferno, which was held October 3, 2015. The major sponsor of the event was Lola and Duane Hagadone. Lola Hagadone made a point to visit each library and personally thank the librarians for what they do. The event is scheduled for fall of 2016. Info: [www.cdaep.org](http://www.cdaep.org)

## BOOKS FOR TOTS DRIVE

The 9th annual Books for Tots drive in December, a part of Toys for Tots, collected over 10,000 new books for children in Kootenai County ages infant - 12. Each December the program is run by volunteers to supply underprivileged kids during the holidays.

Info: [coeur-d-alene-id.toysfortots.org](http://coeur-d-alene-id.toysfortots.org)



*Our Community*  
**AT A  
GLANCE**



**ST. VINCENT DE PAUL  
CONSOLIDATES FRESH  
START SERVICES**

Fresh Start on Sherman Avenue closed its doors in October 2015, but the services will continue at St. Vincent de Paul's newly remodeled facility in midtown, Father Bill's Kitchen. The dining hall has been remodeled to add new commercial kitchen facilities and two new bathrooms with showers and laundry facilities.

The Grand Opening of Father Bill's Kitchen is set for Sunday, March 6th from 1-3 pm at 1317 North 1st Street in Coeur d'Alene.

**TRINITY GROUP HOMES  
MERGED WITH ST. VINCENT  
DE PAUL**

Effective November 1, 2015, Trinity Group Homes became a program of St. Vincent de Paul North Idaho. Fitting into the overall mission of St Vincent, Trinity Group Homes provides housing and supportive services in Kootenai County, Idaho, for men and women with severe and persistent mental illnesses.

**POST FALLS FOOD BANK  
NAMES NEW DIRECTOR**

Leslie Orth was named executive director of the Post Falls Food Bank in November 2015. Orth replaced Sherry Wallis, who resigned in August after five years to take a community relations position for Spokane Teachers Credit Union. Orth previously worked for Lutheran Social Services in Ventura County before moving to Idaho in February 2015, and has extensive experience in the nonprofit world.

**VIOLENCE PREVENTION  
CENTER NOW SAFE PASSAGE**

The North Idaho Violence Prevention Center changed its name to "Safe Passage" at the end of 2015. The center, based in Coeur d'Alene, provides advocacy and other critical support services for victims of sexual assault and family violence, including counseling, court-based advocacy and shelter. The agency, which has been advocating for victims of domestic violence and sexual assault since 1977, was named the Women's Center until 2010.

**NEW FUNDRAISING &  
MARKETING DIRECTOR AT  
NORTH IDAHO CASA**

Erika Spratz joined North Idaho CASA in December 2015 as the new Fundraising & Marketing Director. Prior to her position with CASA, Spratz was the Admissions & Public Relations Director for LAM Christian Academy. Her experience in marketing has included national and international organizations in the concert and entertainment industry.

**SPRING NONPROFIT  
LEADERSHIP CLASSES**

Professional nonprofit leadership classes and the Professional Nonprofit Leadership Certificate Program are community-based, year-round educational offerings that have been strategically designed to support the specific management training needs of staff and board members of nonprofit organizations throughout the area. Spring classes include Strategic Master Planning, Marketing, Fundraising, Board Development, and more. Visit [www.uidaho.edu/cda/extension-outreach/nonprofit](http://www.uidaho.edu/cda/extension-outreach/nonprofit) for more info.

**NEW OUTREACH DIRECTOR  
AT UNITED WAY**

Keri Stark is excited to join the team at United Way of Kootenai County as Impact and Agency Relations Coordinator. Keri worked nearly 3 years with St Vincent de Paul as HELP Center Manager and getting to know the Coeur d'Alene community.

# KACF: The End of the Mission



The Kootenai Alliance for Children and Families had multiple projects, participants, and collaborations over the past 20 years. In recent years, its major grant refocused its work on teen substance abuse prevention. At the fulfillment of that grant the KACF is transitioning its work and ending its successful era of positive community impact. An excerpt from its closing statement is below:

"Since 1995, the Kootenai Alliance for Children and Families has been working in our community to bring together nonprofits and other organizations to focus on building strong children and strong families. The Alliance's role has been to promote collaboration, bring organizations and programs together, and eliminate the duplication of services.

The newly formed Region I Behavioral Health Board, under the Department of Health and Welfare, has been designed to facilitate this type of work within the region. With that in mind, the steering committee of the Kootenai Alliance for Children and Families is transitioning its work to this very capable group.

KACF is making a \$10,000 gift from our unrestricted funds to the Region I Behavioral Health Board's Children's Mental Health Sub-Committee. The gift will be used for their work in Trauma Informed Care."

The North Idaho Family Magazine was a program the KACF partnered with for over a decade. The North Idaho Family Group supports the membership outreach, communications and marketing programs for area nonprofits in fulfilling its mission of healthy families and lifelong learning. They thank the many hard working, dedicated community and non profit leaders for their outstanding contributions to the area via the KACF.



# Program Changes at Anchor House

The Idaho Youth Ranch (IYR) Anchor House campus provides the local community with comprehensive, inclusive and effective therapy for at-risk youth and their families. Their mission is to put them back on the path to a Promising Future.

The Idaho Youth Ranch announced a major change in programming at Anchor House in June 2015. A recent needs assessment involving community stakeholders revealed the need for easily accessible and earlier intervention services. It was clear that a major gap in community resources was support and early intervention to families - specifically in the areas of therapy, parent education & crisis intervention - as well as affordability for services. In response, Anchor House converted their residential facility to an outpatient youth and family therapy center helping families exclusively in northern Idaho.

Now, more youth and families can be served when and where they need it most—before they lose hope and before the youth get involved in the “system.” An evidence-based Equine Therapy (EAGALA) component at The Mica Ranch, Dialectical Behavior Therapy (DBT), and Functional Family Therapy (FFT) are core components of the services. Adding to that are parent classes and on-going support to ensure no therapy occurs in a vacuum. Please note that the organization also consolidated and moved IYR’s Adoption Services program, so they too are now located at the Anchor House facility.

Anchor House has been accepting new youth and families and there are current openings for services. The Idaho Youth Ranch is not letting money be a barrier to therapy. They don’t take insurance, but rely mostly on their thrift store sales and donor contributions for financial support. They are committed to working with people so no child or family will ever be denied help due to an inability to pay.



**INFO** 208-667-3340  
info@youthranch.org  
www.youthranch.org

- Jan 1 *TESH, Inc. Hangover Handicap 5 Mile Fun Run*  
Most flat surface, family friendly | 208-765-5105
- Jan 16 *GALA for the Human Rights Task Force on Human Relations*  
Human Rights Education Institute Fundraiser | 208-765-3932
- Jan 16 *Tenth Annual LEGO-rama* | 208-769-2315 | info@cdalibrary.org
- Jan 24 *Banff Mountain Film Festival* | Kroc Center  
mountainfever1@frontier.com
- Jan 24 *Bavarian Brews, Brats & Music Fest* | Lookout Pass  
www.skilookout.com
- Feb 6 *“Toast to Compassion” Hospice of North Idaho’s 30th Annual Wine Taste* | www.hospicewinetaste.org
- Feb 6 *“8th Annual Wild Salmon Feast”* to benefit Family Promise of North Idaho | www.trinitylutheran-cda.org/wildsalmon8.html
- Feb 6 *Mardi Gras “Krewe d’Alene”* to benefit the Coeur d’Alene Arts & Cultural Alliance | artsincda.org
- Feb 10-21 *Sandpoint Winter Carnival* | www.sandpointwintercarnival.com
- Feb 13 *7th Annual Hearts for Homes Dinner and Auction* Habitat for Humanity fundraiser | www.northidahohabitat.org
- Feb 12 *Downtown Coeur d’Alene Chocolate Affair*  
www.cdadowntown.com
- Feb 20 *Northern Regional Winter Games, Special Olympics*  
Silver Mountain | www.idso.org
- Feb 27 *CDA Charter Soup/Chili Cookoff* | www.cdacharter.org
- Mar 4-6 *NIBCA Home and Garden Show* | www.nibca.com
- Mar 5 *Wine, Stein and Dine*, Post Falls Education Foundation Fundraiser | www.pfefwsd.org
- Mar 12 *Tubin’ in Tutus*, Shoshone Pet Rescue Benefit  
Silver Mountain | www.silvermt.com
- Mar 16 *Post Falls Senior Center Gold Rush Dinner & Silent Auction*  
Greyhound Park & Events Center 208-773-9582
- Mar 25-26 *24 Hours of Schweitzer Benefits Cystinosis Research*  
www.schweitzer.com/events
- Apr 2 *“Spring Carnival” Silver Mountain* | www.silvermt.com
- Apr 8 *St. Vincent de Paul Comedy Show* | Coeur d’Alene Casino  
www.stvincentdepaulcda.org
- Apr 8 *5th Annual Cowboy Ball Fundraiser* for the North Idaho Fairgrounds | www.cdacowboyball.com
- Apr 15 *Children’s Village Annual Spring Auction*  
Best Western CDA Inn | www.thechildrensvillage.org
- Apr 17 *Spring Dash – United Way of Kootenai County*  
www.kootenaiunitedway.org
- Apr 22 *Annual “Spring Fling” Auction/ Dinner/Fundraiser*  
North Idaho Catholic Youth Camp | www.nicyc.org
- Apr 23 *“March For Babies” March of Dimes fundraiser*  
(Spokane Chapter) | www.marchofdimes.com
- Apr 23 *Leadman 2015 - Leadman Triathlon* | www.silvermt.com
- Apr 23 *Aw\$um Auction*, Coeur d’Alene Chamber Fundraiser  
www.cdachamber.com
- Apr 28 *North Idaho CASA Ray of Hope Breakfast*  
www.northidahocasa.com
- Apr 30 *10th Annual Auction and Soiree* Sorensen Magnet School of the Arts & Humanities Fundraiser | 208-664-2822
- May 5 *Idaho Gives* | www.idahononprofits.org
- May 7 *North Idaho Veterans’ StandDown* | Kootenai County Fairgrounds  
www.stvincentdepaulcda.org
- May 13 *Family Promise Golf & Walk Fore Homelessness*  
The Links Golf Course | www.familypromiseni.org/
- May 13 *TESHfest* | teshinc.com
- May 15 *Kootenai Health Foundation Golf Tournament*  
CdA Resort Golf Course | kh.org/foundation



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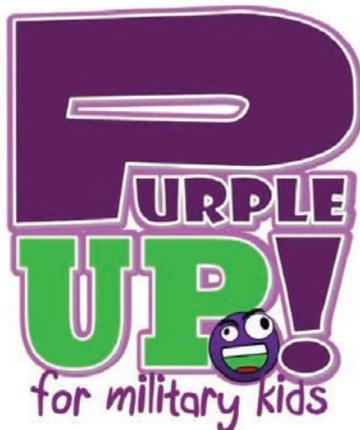
## Support for Area Military Families



The Idaho Military Family Programs office provides assistance to all service members and military families, regardless of branch or component and status, who find themselves beyond the support capacity of active duty military facilities or their home units.

During the month of April, Month of the Military Child, the North Idaho Joint Military Family Programs office, in conjunction with the Idaho National Guard Child & Youth Program, encourages schools to plan events that recognize and show appreciation for our military children. Schools may choose to wear purple on Fridays in April as a visible way to show support and thank military children for their strength and sacrifices. The color purple is chosen because it is the color which symbolizes all branches of the military. If your school is interested in organizing a Purple Up! Event, please contact Pablo Moreno with the Idaho National Guard Child & Youth Program at 208-272-4387 or paulino.moreno2.ctr@mail.mil.

Get involved in the local North Idaho Military Youth Group and learn about more exciting and fun opportunities for military youth to connect in our area! The program is open to military youth between the ages of 10 and 18 who have a guardian or sibling who is currently serving or has served in the military.



**INFO** 208-272-7532  
Cassandra.k.rzepa.crt@mail.mil

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Leap, twirl and skip in our favorite class designed for your little princess!

**Mommy and Me Ages 24mo-36 mo**  
Wednesdays 10:00-10:40  
Roll, clap and spin your way in this exciting, toddlers only dance class!

**Dance Party! Ages 5-9**  
Fridays 4:45-5:30  
Explore the world of dance; a fun introductory class in hip hop, jazz, tap & ballet

**Cheer Ages 7&up**  
Saturdays 10:30-11:30  
Arm positioning, chants, pom, stunts, conditioning and tumbling will be the focus of this class. Cheer pom poms are required

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Tap & Ballet (ages 3-4 years) Saturdays 11:30-12:15

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# Twinkly Angels



## My definition of Mommy Guilt:

Feeling like no matter how many messes you clean, bums you change, songs you sing, tears you wipe, food you prepare, beds you make, cuddles, kisses, and hugs you give ... it is simply not enough.

Mommy guilt can come like a thief in the night, waiting to steal what little satisfaction we do have in our mothering. Some of my thieves have been the common, losing of my temper, or the "oops," I forgot an extra diaper. It is the, "no I do not want to play trains right now," or it is 8:00 and dinner is still not on the table. The, "I'm sorry George, but mommy would rather curl her hair before church, than make you a nice breakfast, so it is dry cereal and milk in a sippy-cup for you!" The list can seem endless, but how do we overcome mommy guilt? I feel like the answer is simple to say, but hard to put into practice. We have to remember that God entrusted us to raise these little sweet peas, and if He is for me, who can be against me. While tucking George into bed, God used him to remind me of this. My 3 year old calmly asked me, "Does God have friends in heaven?" After talking about possible God friends, we started speaking about angels. George said, "Mom, angels are mommies." This was music to my ears and I asked him why? He said, "because they are all twinkly." Oh my sweet boy reminded me that he doesn't see the imperfections, he sees a momma who loves him with all her heart. To him I am a twinkly angel (an image I would never use to describe myself) but I feel overwhelmed that my son sees me as just that.

Emily Rodewald  
Guest Contributor  
[www.singsmysoul.com](http://www.singsmysoul.com)

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## 2016 Summer Camps

The North Idaho Family Magazine Spring Issue will include our annual “Let’s Go to Summer Camp!” section, with comprehensive information on 2016 Summer Camps, including Residential Camps, Day & Week Camps, Educational Camps, Art & Theater Camps, Sports Camps, Special Needs Camps and more.

If you are involved with an organization, church, or school that has a summer camp, let us know so we can include it in our Spring Issue!

Visit [nifamily.com/north-idaho-summer-camps/](http://nifamily.com/north-idaho-summer-camps/) for a sneak preview.



# Idaho Needs Foster Parents

There is a great need for foster parents in Idaho, especially in smaller communities and in outlying areas where finding foster parents is a challenge. Foster care provides a temporary home until a child can be safely reunited with his or her family. With more than 1,200 Idaho children in foster care due to abuse, neglect or family crisis, there is a constant need for foster and/or adoptive parents across the state. A variety of families are needed to meet the various needs of children in foster care, including families who are willing to take sibling groups, older youth, and children with special needs.

Foster parents come in all shapes and sizes and from all socioeconomic, religious, ethnic and racial backgrounds. Foster parents must be 21 years old, have sufficient income to support the household, have a clear background check and be in good physical and mental health. There is no maximum age for foster care or adoption. Any additional individuals 18 and older residing in the home must also clear a background check. A complete home study and foster care training is also required.

### RESOURCES:

- Idaho CareLine at 2-1-1
- Idaho Child Welfare Research & Training Center: [www.icwrtc.org](http://www.icwrtc.org)
- FosterCare.dhw.idaho.gov

### UPCOMING INFORMATIONAL MEETINGS ABOUT BECOMING A FOSTER PARENT:

Coeur d’Alene - Idaho Dept. Health and Welfare 1250 Ironwood Dr. Suite 100

- March 17th 6:00-8:00 pm and May 19th 6:00-8:00 pm

Sandpoint - Nazerene Church Sandpoint 477954 Highway 95 Ponderay

- April 14, 2016, 6:00 to 7:30 pm



Heather Johnson  
208-676-1186  
[hjohns14@ewu.edu](mailto:hjohns14@ewu.edu)



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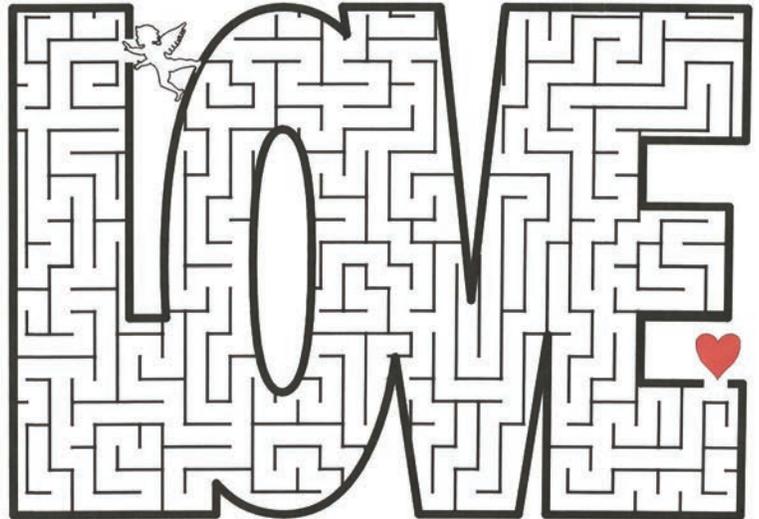
Born & raised in Coeur d’Alene, I have been one of the top real estate sales agents in town for the past 13+ years — and I look forward to helping you with all your North Idaho real estate needs.





After over 50 years of being the longest, continuously published magazine of its kind in the Northwest, The Guide to North Idaho and its companion website, [fjorthidaho.com](http://fjorthidaho.com), has new publishers. Lake Publishing will take over the reins from Kagey Company, Inc. who has owned the publication for 25 years, and will begin sales and production of the spring issue in January 2016. Prior to Kagey Company, Inc., The Guide to North Idaho (formerly known as the Fun Guide) was published for over 25 years by Skip and the late Richard Kuck family of Hayden Lake. Shown here are (L - R) Shawn and Anjie Lake, owners of Lake Publishing; Kiki Miller, President of Kagey Company, Inc.; Skip Kuck and her son Rich Kuck.

## Valentine Maze Help the angel find his way to the heart!



## St. Patrick's Day Word Search

Find all the words. They can be across or down or diagonal, and backwards.

- |           |            |
|-----------|------------|
| SHAMROCK  | LEGEND     |
| RAINBOW   | MARCH      |
| CLOVER    | LEPRECHAUN |
| IRISH     | CELEBRATE  |
| TRADITION | GREEN      |
| BLARNEY   | GOLD       |
| MISCHIEF  | LUCK       |
| COINS     |            |



M	Y	Z	V	E	P	F	G	O	L	D	J
I	R	I	S	H	N	E	W	Q	V	U	G
L	X	G	T	A	Y	I	V	F	G	F	L
E	A	N	R	P	E	H	S	S	C	A	E
G	N	F	A	X	N	C	N	W	Y	H	P
E	E	X	D	E	R	S	A	Q	B	C	R
N	M	O	I	L	A	I	M	B	G	R	E
D	E	L	T	O	L	M	B	R	P	A	C
K	T	L	I	P	B	J	E	P	S	M	H
B	A	O	O	L	P	E	L	H	W	N	A
X	R	Y	N	A	N	D	A	C	O	G	U
X	B	R	B	U	I	M	S	L	B	X	N
W	E	V	V	O	R	N	K	O	N	Z	Q
J	L	K	H	O	I	C	S	V	I	L	F
J	E	E	C	O	U	X	V	E	A	Q	L
J	C	K	C	L	I	P	W	R	R	Q	T

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# 25 Fun Things to do with Kids

tear out and save

- 1.** Make Snow Cream! (Be sure to use CLEAN snow!!) Use 1 gallon of snow, 1 cup white sugar, 1 tablespoon vanilla extract, and 2 cups of milk. Mix and enjoy!



Photo by Wendy Harris, Hayden, ID

- 2.** Create colored ice spheres! Fill water balloons with water and food coloring. Leave outside to freeze and then peel the balloon off of the colored ice and line your sidewalk or driveway.

- 3.** Watch the eagles at Wolf Lodge Bay and Beauty Bay. It's a local treat from December through February.

- 4.** Build a Fort – Transform your living room to a fun fort using chairs and blankets.

- 5.** Go sledding at Cherry Hill. – Be careful when it gets too icy!

- 6.** Make Hot Cocoa from scratch.

- 7.** Bundle up and take a walk along the Centennial Trail or around Tubbs Hill.

- 8.** Enjoy a family bowling night at Sunset Bowling or Triple Play.



- 9.** Plan your fantasy summer vacation - Check out warm weather websites and magazines, and plan a future getaway with friends and family.

- 10.** Learn how to knit or crochet and then make your friend a hat or scarf!



- 11.** Search “Winter Kid Activities” on Pinterest and find out how to make FROZEN Erupting Snowballs, a Snow Storm in a Jar, or Crystal Suncatchers.

- 12.** Go to the Sandpoint Winter Carnival – Don't miss the Ski Joring! (Feb 10-21)

- 13.** Learn how to skate or skate better! Check out Lake City Figure Skating [www.lakecityfigureskating.org](http://www.lakecityfigureskating.org)

- 14.** Have a “Tech-Free” Weekend ... Read books, watch a classic movie, play games!

- 15.** Hit the slopes at Silver, Lookout Pass or Schweitzer Mountain. Before you go, compare the mountains online. How much snow? What is their altitude?



- 16.** Learn about Geocaching ([www.geocaching.com/guide](http://www.geocaching.com/guide)) – They're like a combination of a treasure hunt and a scavenger hunt - and then find Geocaches near you.

- 17.** Have a camp out in the living room complete with microwave S'mores.

- 18.** Visit the Museum of North Idaho.

- 19.** Go on an “art walk” around downtown galleries. Have your kids choose which painting or sculpture they like best. Ask them why they like it.



- 20.** Make homemade Valentine's Day Cards for your mom, dad, or grandparents.

- 21.** Channel your inner geek – Check out “Hour of Code at [www.khanacademy.org](http://www.khanacademy.org) or [www.code.org](http://www.code.org). Ages 6-106.

- 22.** Go watch a basketball game at North Idaho College.

- 23.** Make a Shamrock Smoothie for St. Patrick's Day. Combine frozen sliced bananas, 2 cups of honeydew melon chunks, 2 kiwi fruits peeled and cut into chunks, 1 cup frozen vanilla yogurt, and ½ cup of tightly packed parsley leaves.



- 24.** Get ready for race season! View the race calendar in this issue. Start with the Hauser Lake 10K Ice Breaker Run!

- 25.** Have a Baked Potato party! Make chili, shred cheese, and have sour cream, butter, chives, bacon bits and other toppings. Everybody can put on their own toppings!





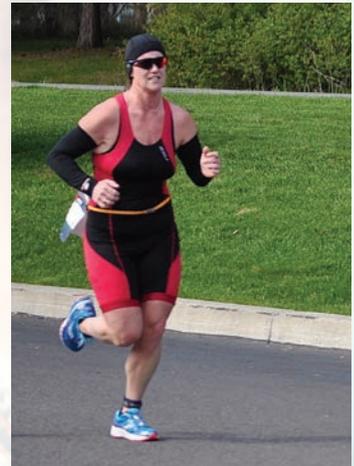
# Run for your Life

A decade ago, there were fewer than 10 regional running events annually. With the success of Ironman CdA, the Kroc Center, fitness / training centers and running clubs influencing healthy lifestyles, the choices have tripled.

## 2016 RACE EVENTS:

- March 20 **Mead Marching Madness** | 5K | Spokane, WA
- March 26 **Spokane Superhero Fun Run** | 5K | Spokane WA
- April 3 **Hauser Lake 10K Ice Breaker Run** | Hauser Lake
- April 10 **Negative Split Half Marathon, 10K & 5K** | Spokane WA
- April 17 **Spring Dash** | 5M Run | Cd'A ID
- April 17 **Spokane River Run** | 50K, 25K, 10K, 5K Trail Run | Spokane WA
- May 1 **Lilac Bloomsday Run** | 12K Run/Walk | Spokane WA
- May 7 **State Park Series #1** | Farragut State Park | 13.1M, 5M Trail Run | Athol, ID
- May 29 **Coeur d'Alene Marathon** | 26.2M, 13.1M, 5K Fun Run/Walk | Cd'A ID
- June 5 **Windermere Marathon & Half Marathon** | Liberty Lake WA
- June 11 **Heyburn State Park Half Marathon and 5MI** | Plummer ID
- June 11 **Color Me Rad** | 5K | Spokane WA
- June 18 **Trail Rail Run** | 50MI, 50K, 30K, 12K | Mullan ID
- June 18 **Kaniksu 50** | Relay, 5 person 50MI | Frater Lake WA
- June 20 **BMW Sprint Triathlon** | Plummer ID
- June 26 **IRONMAN 70.3** | Coeur d'Alene
- July 9 **Hayden Triathlon** | Hayden Lake ID
- July 10 **Jacey's Race** | 5K | Sandpoint ID
- July 10 **Valley Girl Triathlon** | Liberty Lake WA
- July 16 **Schweitzer Mountain 5K Trail Run** | Sandpoint ID
- July 23 **Muddy Miles**, 2MI Obstacle Course | Cd'A ID
- July 24 **Kids Race The River Triathlon** | Cd'A ID
- July 24 **Race The River Triathlon** | Cd'A ID
- Aug 6 **Long Bridge Swim 1.76 MI** | Sandpoint ID
- Aug 7 **Cabinet Mountail Trail Marathon** | Hope ID
- Aug 13 **Coeur d'Alene Triathlon & Duathlon & Sprint Tri** | Cd'A ID
- Aug 14 **The Cd'A Crossing** | 2.4 MI swim | Cd'A ID
- Aug 21 **IRONMAN Triathlon** | Cd'A ID
- Aug 26-27 **Spokane to Sandpoint** | Run/walk overnight relay | Spokane WA
- Aug 27 **Priest Lake Triathlon** | Priest Lake ID
- Sept 17-18 **Bike MS Trail of the Coeur d'Alenes** | Silver Valley ID
- Sept 18 **Scenic Half Marathon** | 10K & 5K | Sandpoint ID
- Sept 24 **Priest Lake Marathon** | Priest Lake ID
- Sept 24 **Coeur d'Fondo** | 15 - 108 MI Bike Rides | Cd'A ID
- Oct 9 **Spokane Marathon** | 26.2M run/relay, 13.M, 10K Run | Spokane WA
- Oct 15 **Hayden Lake Marathon** | Hayden ID

Race dates & locations are reliable but not guaranteed.



## SAVE THE DATE

2016  
HAUSER LAKE 10K  
ICE BREAKER RUN



→ APRIL 3, 2016 ←

**Bloomsday Second Seed Qualifying Race**

[Facebook.com/HauserLake10kIceBreakerRun](https://www.facebook.com/HauserLake10kIceBreakerRun)

[DoubleJDogRanch.org](http://DoubleJDogRanch.org) - [Facebook.com/DoubleJDogRanch](https://www.facebook.com/DoubleJDogRanch)

Hosted by and benefiting Double J Dog Ranch Inc. A 501c3 sanctuary and rehoming center for dogs with special needs in Hauser Lake, Idaho.



## Northern Idaho Crisis Center Now Open

The Northern Idaho Crisis Center opened in December 2015 to serve individuals in mental health crisis situations in North Idaho. The Center operates 24 hours a day, seven days a week, and 365 days a year and provides an environment to de-escalate mental health patients or substance abusers who are in crisis.

The center's purpose will be to assess patients and help them efficiently access additional community resources that meet their needs. The center will serve patients for less than 24 hours, and will then refer clients to inpatient, outpatient hospital care, or counseling before a patient leaves the center.

Personnel from local law enforcement agencies have been advocating for a mental health facility in North Idaho for several years because it will take the pressure off emergency rooms, courts, and jails.

The crisis center is free, safe, and private, and no referral is needed.

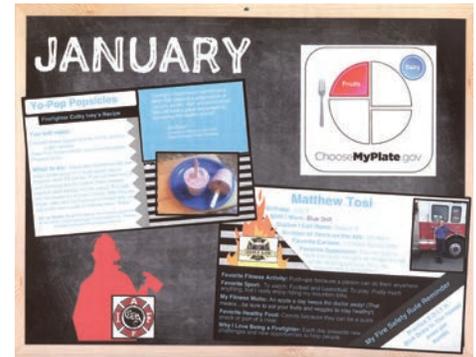


208-625-4884  
2195 Ironwood Court, Suite D, Coeur d'Alene, ID  
[www.nicrisiscenter.org](http://www.nicrisiscenter.org)

## Firefighter Healthy Choice Recipe Calendars for Kids

The Coeur d'Alene Fire Department joined the University of Idaho Extension's Eat Smart Idaho Program and the District 271 nutrition program to create Healthy Choice Recipe Calendars.

The joint project calendars feature information about healthy eating choices based on the ChooseMyPlate.gov food groups model. Each page has a local firefighter's favorite recipe that illustrates one of the healthy choice food groups, a bio on the firefighter, as well as fire safety tips.



Calendars are \$10 each with the proceeds going towards balls, jump ropes and other playground equipment for Cd'A elementary schools. Healthy Choice Recipe Calendars are available through area schools, the Cd'A Fire Department, and the University of Idaho Extension office. The Coeur d'Alene Fire Department has also made a digital copy of the Healthy Snack Cook Book (with the same information as the calendar) available on the Fire Department's website at [cdafire.org](http://cdafire.org).



[extension.uidaho.edu/kootenai/](http://extension.uidaho.edu/kootenai/)  
[www.cdafire.org](http://www.cdafire.org)

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# 2016 SEASON

MAINSTAGE

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## Idaho Disaster Dogs

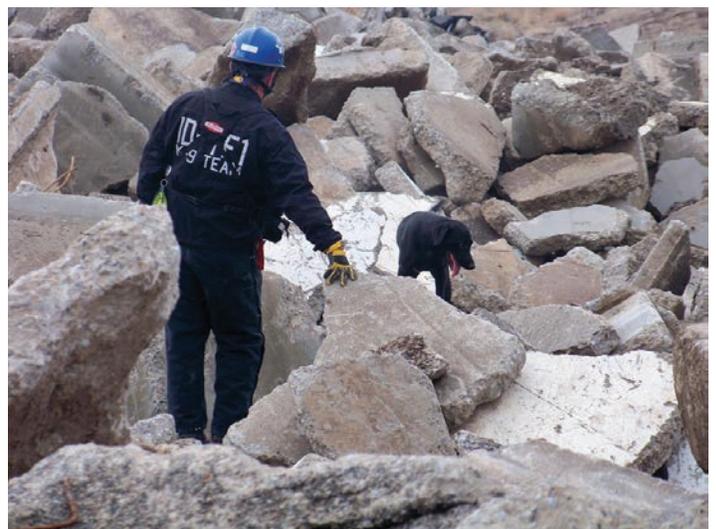
Idaho Disaster Dogs is a nonprofit group of Search dogs and handlers hosted by the Coeur d'Alene Fire Department. The team was formed in 2005 to provide canine search capabilities as a resource for the Idaho Urban Search And Rescue Taskforce 1. The state of Idaho has three USAR taskforce teams: 1- CDA, 2-Boise, and 3-Idaho Falls/Pocatello. The Disaster Dogs are the only USAR Search dog component of the Idaho teams.

Handlers and support personnel are a mix of firefighters from the City of Coeur d'Alene Fire Department, Northern Lakes Fire Protection District, and local civilian members who volunteer their time. Funding for search and rescue operations is based largely on the situation with the predominant amount being solely volunteer. The Idaho Disaster Dogs is a 501(c)3 organization which is supported by the generosity and donations from the North Idaho and eastern Washington communities.

The mission of the organization is:

- To provide trained dogs, handlers, and support personnel for the search and rescue of live persons trapped due to manmade or natural disasters;
- To provide trained dogs, handlers and support personnel for the search and recovery of deceased persons lost, trapped or drowned;
- To provide services to government agencies on a 24-hour basis at no cost, as a benefit to the public
- To provide training and education for its dogs and personnel to develop and improve those capabilities that will ensure competent and capable rescue and recovery operations

The North Idaho team currently has eight dogs. Three are certified as live find dogs and one is a trained, proficient recovery / cadaver dog. The other four dogs are puppies (between 6 and 24 months old) and are training to become certified. Some of the dogs participate on the WA-TF, a recognized FEMA Team, in Western Washington, which can be deployed around the world for disasters responded to by FEMA.



208-769-2340  
Facebook.com/Idaho-Disaster-Dogs



### Ask the Author



The Coeur d'Alene Chamber of Commerce's Business Development Committee presented the first annual Coeur d'Auteur Authors Forum and Trade Fair in November, providing area residents with the opportunity to "Ask the Author(s)" a variety of questions in a unique venue.

Attendees explored the hearts and inspiration of authors from in-and-around the Coeur d'Alene area, including advice on how to get a book published and how to develop characters.

Forum speakers included Jim Grassi, "Guts, Grace and Glory," Dan Gookin, "For Dummies Series," Tony Rubleski, "Mind Capture," and Michael Koep, "Leaves of Fire."

"The attending authors appreciated the opportunity to meet and learn from each other and to simply have a venue to network. They are looking forward to a bigger and better event in 2016," said Vicki Isakson, one of the event organizers. "Those attending who were not authors were engaged by the presentations from the authors and enjoyed getting to see and learn about the local talent we have in our community."



Dates for the 2016 event will be announced in the early spring.

# Honor Flight



Inland Northwest Honor Flight's mission is to transport Inland Northwest war veterans to Washington D.C. to visit those memorials dedicated to honor their service and sacrifices.

In December they received a \$75,000 donation from their "Anonymous Angels" that will enable them to attempt to reach Inland Northwest war veterans in order to fulfill this mission. This is often a humbling and healing experience for veterans to physically experience knowing their efforts will not be forgotten. For information on donating to the project or to have a veteran (especially those from WWII era) be included on the honor flight list contact 608 W 2nd Ave, Ste 309, Spokane, WA 99201-4430, 509-624-0222 or [www.inwhonorflight.org](http://www.inwhonorflight.org).



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# SERVICE DIRECTORY

This is a partial list of services provided by members of the North Idaho Family Group and select immediate needs providers. All area codes are 208 unless specified. Visit [www.niservicesdirectory.com](http://www.niservicesdirectory.com) for an ongoing and updated list of North Idaho Immediate & Basic Needs service providers.

## Child/Youth - Services/Support

- 1st Judicial CASA Program | 816 E Sherman | Coeur d'Alene, ID | 667-9165  
[www.northidahocasa.com](http://www.northidahocasa.com)
- \* American Childhood Cancer Organization Inland Northwest | PO Box 8031  
Spokane, WA | 509-443-4162 | [www.acco.org/inlandnw](http://www.acco.org/inlandnw)
- \* Idaho Youth Ranch/Anchor House | 1609 N. Government Way  
Coeur d'Alene, ID | 667-3340 | [www.youthranch.org](http://www.youthranch.org)
- Camp Fire Inland Northwest | 524 N. Mullan | Spokane, WA | 509-747-6191  
[www.campfireinc.org](http://www.campfireinc.org)
- \* Idaho Youth Ranch | 2201 Government Way, Suite J | Coeur d'Alene, ID  
667-1898 | [www.youthranch.org](http://www.youthranch.org)

## Civic/Volunteer

- \* Human Rights Education Institute | 414 Mullan Ave | Coeur d'Alene, ID  
292-2359 | [www.hrei.org](http://www.hrei.org)

## Crisis Intervention

- Emergency, Fire & Police | 911
- Child Protective Services | 1120 Ironwood Drive | Coeur d'Alene, ID  
855-552-5437 | [www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)
- Children's Village | 1350 W. Hanley Ave. | Coeur d'Alene, ID | 667-1189  
[www.thechildrensvillage.org](http://www.thechildrensvillage.org)
- ICARE | 201 E. Harrison Ave | Coeur d'Alene, ID | 676-1515  
[www.icareforchildren.org](http://www.icareforchildren.org)
- Domestic Violence Hotline | 664-9303
- Idaho Poison Control Center | ID | 800-222-1222
- Idaho Suicide Prevention Hotline | 800-273-8255
- Kootenai County Crisis Hotline | 664-1443
- Kootenai County Sheriff | 466-1300 or 911
- National Center for Missing and Exploited Children | 800-843-5678
- Northern Idaho Crisis Center | 2195 Ironwood Court, Suite D  
Coeur d'Alene, ID | 625-4884 | [www.nicrisiscenter.org](http://www.nicrisiscenter.org)
- Post Falls Police Victim Services Unit | 1717 E. Polston Ave. | Post Falls, ID  
773-1080 | [www.postfallspolice.com](http://www.postfallspolice.com)
- Rape Crisis Line | 661-2522
- Safe Passage | 850 N. 4th St. | Coeur d'Alene, ID | 664-9303  
[www.safepassageid.org](http://www.safepassageid.org)

## Education - Adult

- \* North Idaho College | 1000 W. Garden Ave. | Coeur d'Alene, ID | 769-3315 |  
[www.nic.edu](http://www.nic.edu)
- \* North Idaho Higher Education | [www.northidahohighereducation.org](http://www.northidahohighereducation.org)
- \* North Idaho College Workforce Training & Community Education | 525 W.  
Clearwater Loop, Post Falls | ID | 769-3222 | [www.nic.edu/wtc](http://www.nic.edu/wtc)
- University of Idaho | 1031 N. Academic Way, Suite 242 | Coeur d'Alene, ID  
667-2588 | [www.uidaho.edu](http://www.uidaho.edu)

## Education - Child

- \* Coeur d'Alene School Dist. 271 | 1400 N. Northwood Center Ct.  
Coeur d'Alene, ID | [www.cdaschools.org](http://www.cdaschools.org)
- \* Immaculate Conception Church & Academy | 495 N. Lincoln Street  
Post Falls, ID | 208-773-7442 | [www.sspix.org](http://www.sspix.org)
- \* Iris' House Pre-School & Childcare | 410 N 20th St | Coeur d'Alene  
208-667-3785
- \* KTEC-Kootenai Technical Education Campus | 6838 W. Lancaster Rd.  
Rathdrum, ID | 208-712-4733 | [www.ktctraining.org](http://www.ktctraining.org)
- \* Lake City Jr Academy | 111 E Locust Ave | Coeur d'Alene, ID | 667-0877
- \* LAM Christian Academy | 4800 N. Ramsey Road | Coeur d'Alene, ID  
208.765.8238 | [www.lamcda.org](http://www.lamcda.org)
- North Idaho College Head Start | 411 N. 15th St, Ste 103 | Coeur d'Alene, ID  
765-6755 | [www.nicheadstart.org](http://www.nicheadstart.org)

## Family Services

- Family Promise of North Idaho | 501 E. Wallace Ave. | Coeur d'Alene, ID  
777-4190 | [www.familypromiseni.org](http://www.familypromiseni.org)

## Government

- 2-1-1 Idaho CareLine | PO Box 83720 | Boise, ID | 800-926-2588  
[www.idahocareline.org](http://www.idahocareline.org)
- \* Coeur d'Alene Parks Department | 710 E. Mullan Ave. | Coeur d'Alene, ID  
769-2252 | [www.cdaidparks.org](http://www.cdaidparks.org)
- Department of Health and Welfare | 1120 Ironwood Drive | Coeur d'Alene, ID  
769-1409 or 2-1-1
- \* Idaho Child Welfare Research & Training Center | 2005 Ironwood Parkway,  
Suite 200 | Coeur d'Alene, ID | 800-745-1186 | [www.icwrctc.org](http://www.icwrctc.org)
- \* Luke Malek | Idaho State Representative | 208-661-3881  
[www.lukemalek.com](http://www.lukemalek.com)
- Panhandle Area Council | 11100 Airport Drive | Hayden, ID | 772-0584  
[www.pacni.org](http://www.pacni.org)

## Healthcare

- After Hours Urgent Care | 1300 E. Mullan Ave. | Post Falls, ID | 777-1157  
[www.nifp.com](http://www.nifp.com)
- Heritage Health (formerly Dirne) | 1090 Park Place | Coeur d'Alene, ID  
292-0292 | [www.myheritagehealth.org](http://www.myheritagehealth.org)
- \* Hospice of North Idaho | 9493 N Government Way | Coeur d'Alene, ID  
691-6996 | [www.honi.org](http://www.honi.org)
- \* Kootenai Health | 2003 Kootenai Health Way | Coeur d'Alene, ID | CdA  
667-3742, PF 619-4100, SP 263-6763 | [www.kootenaihealth.org](http://www.kootenaihealth.org)
- Kootenai Urgent Care | 700 Ironwood Dr., Ste 170E | Coeur d'Alene, ID  
667-9110 | [www.kootenaiurgentcare.com](http://www.kootenaiurgentcare.com)
- Panhandle Health District | 8500 N. Atlas Rd. | Hayden, ID | 451-5100  
[www.panhandlehealthdistrict.org](http://www.panhandlehealthdistrict.org)
- \* Shriners Hospital for Children | 911 W. 5th Ave. | Spokane, WA  
509-455-7844 | [www.shrinershospitalforchildren.org/spokane](http://www.shrinershospitalforchildren.org/spokane)
- \* Spoelstra Family Chiropractic | 370 E. Kathleen Ave, Ste 600  
Coeur d'Alene, ID | 667-7434 | [www.cdahealth.com](http://www.cdahealth.com)

## Healthcare - Mental

- \* ACES Community Services | 1700 Schneidmiller St | Post Falls, ID  
619-0190 | [www.aces-id.com](http://www.aces-id.com)
- \* ACES Community Services | 1417 N. 4th St. | Coeur d'Alene, ID  
292-2188 | [www.aces-id.com](http://www.aces-id.com)
- Northern Idaho Crisis Center | 2195 Ironwood Court, Suite D | Coeur d'Alene, ID  
625-4884 | [www.nicrisiscenter.org](http://www.nicrisiscenter.org)
- Northwest Behavioral Health | 1612 N. 3rd St. | Coeur d'Alene, ID | 765-4509

## Misc.

- \* Christian Youth Theater (CYT) North Idaho | PO Box 3250 | Coeur d'Alene, ID  
765-8600 | [www.cytnorthidaho.org](http://www.cytnorthidaho.org)
- \* Community Library Network | Athol, Harrison, Hayden, Pinehurst, Post Falls,  
Rathdrum, Spirit Lake | [www.communitylibrary.net](http://www.communitylibrary.net)
- \* Elite Auction | PO Box 1354 Hayden, ID 83835 | 208-640-7449  
[www.eliteauctioninc.com](http://www.eliteauctioninc.com)
- \* Godwin Marketing & Communications | 1002 N. 2nd St. | Coeur d'Alene, ID  
640-6514 | [www.GodwinMarketingCommunications.com](http://www.GodwinMarketingCommunications.com)
- \* Jump for Joy | 250 West Dalton Ave | Coeur d'Alene, ID | 208-664-5200  
[www.jumpforjoycda.com](http://www.jumpforjoycda.com)
- \* Kagey Company | 1048 N 3rd St | Coeur d'Alene, ID | 667-2314
- The Salvation Army Ray & Joan Kroc Community Center | 1765 W. Golf Course  
Rd. | Coeur d'Alene, ID | [www.kroccda.org](http://www.kroccda.org)

## Pet & Animal Services

Coeur d'Alene Animal Control | 5500 N. Government Way | Coeur d'Alene, ID 446-1300 | [www.kcsheriff.com/animalcontrol.html](http://www.kcsheriff.com/animalcontrol.html)

\* Coeur d'Alene Pet Resort | 125 E Hazel Ave | Coeur d'Alene, ID | 667-4606  
[www.cdapetresort.com](http://www.cdapetresort.com)

Kootenai Humane Society | PO Box 1005 | Hayden, ID | 772-4019  
[www.kootenaihumanesociety.com](http://www.kootenaihumanesociety.com)

## Religious/Fraternal

\* Heart of the City Church | 521 W. Emma Ave. | Coeur d'Alene, ID | 665-7808  
[www.heartofthecitychurch.org](http://www.heartofthecitychurch.org)

\* Immaculate Conception Church & Academy | 495 N. Lincoln Street  
Post Falls, ID | 208-773-7442 | [www.ssp.org](http://www.ssp.org)

Lutherhaven Camp/Ministries | 3258 W. Lutherhaven Rd. | Coeur d'Alene, ID  
667-3459 | [www.lutherhaven.com](http://www.lutherhaven.com)

## Senior Services

Adult Protection Services | 2120 Lakewood Dr. #B | Coeur d'Alene, ID  
667-3179

\* Kootenai Health Senior Care Program | 2003 Kootenai Health Way  
Coeur d'Alene, ID | 625-5353 | [khadult@kh.org](mailto:khadult@kh.org)

## Social Services

CAP Community Action Partnership Food Bank | 4144 Industrial Ave., Ste E  
Coeur d'Alene, ID | 664-8757 | [www.cap4action.org](http://www.cap4action.org)

\* St Vincent de Paul | 201 E. Harrison Ave. | Coeur d'Alene, ID | 664-3095  
[www.stvincentdepaulcda.org](http://www.stvincentdepaulcda.org)

\* United Way of Kootenai County | 501 E. Lakeside Ave., Ste. 3  
Coeur d'Alene, ID | 667-8112 | [www.kootenaiunitedway.org](http://www.kootenaiunitedway.org)

## Special Needs

\* Imagine Behavioral and Developmental Services | 7905 Meadowlark Way, Ste  
C | Coeur d'Alene, ID | 762-1250 | [www.imaginebehavior.com](http://www.imaginebehavior.com)

\* Trinity Group Homes, SVDP | 201 E. Harrison Ave. | Coeur d'Alene, ID  
664-3095 | [www.stvincentdepaulcda.org](http://www.stvincentdepaulcda.org)

## Substance Abuse-Recovery/Prevention

Al-Anon | Coeur d'Alene, ID | 676-0549 | [www.al-anon-idaho.org](http://www.al-anon-idaho.org)

Alcoholics Anonymous | 118 N. 7th St., Ste B5 | Coeur d'Alene, ID | 667-4633  
[www.aa.org](http://www.aa.org)

Idaho Drug Free Youth | 610 W. Hubbard, Ste 123 | Coeur d'Alene, ID  
664-4339 | [www.idahodrugfreeyouth.org](http://www.idahodrugfreeyouth.org)

Idaho Meth Project | PO Box 738 | Boise, ID | 1-888-331-2060  
[www.idaho.methproject.org](http://www.idaho.methproject.org)

## Support Networks/Groups

\* American Childhood Cancer Organization Inland Northwest | PO Box 8031  
Spokane, WA | 509-443-4162 | [www.acco.org/inlandnw](http://www.acco.org/inlandnw)

\* Inland NW SIDS Foundation | 103 South 4th Street | Coeur d'Alene, ID  
208-557-4371 | [www.inwsids.org](http://www.inwsids.org)

\* North Idaho Family Group Members



# NORTH IDAHO SERVICES DIRECTORY

## IMMEDIATE NEEDS - BASIC NEEDS - COMMUNITY RESOURCES

North Idaho Service Directory

Add or Update Service Directory Listing

Support the Services Directory

## North Idaho Services Directory NOW ONLINE

For decades the community has needed a consistent, accurate and easily accessible resource for service providers. Recently it became an action item in the CdA2030 Community Visioning Plan, Item (C & I 4.3) "Develop and disseminate a Directory of Community Organizations."

The North Idaho Services Directory is now available online and provides the most comprehensive list of service providing organizations in the region, with the ability to sort, filter, and search by category, agency name, zip code, city, and other fields.

It is a vital resource for first responders, who must quickly triage and assist individuals in crisis. Police & fire department personnel and other immediate needs providers can find the information they need in one location.

The database currently has about 600 agencies listed, primarily in Kootenai County and Region 1. However, hundreds more will be added, due to the opening of the Northern Idaho Crisis Center, which opened in December 2015 and serves the 10 northern counties. Website improvements for customized reporting, member login for agencies & funders, outreach & marketing, and database updates & maintenance are also planned.



[www.niservicesdirectory.com](http://www.niservicesdirectory.com)

**North Idaho Services Directory**  
IMMEDIATE NEEDS - BASIC NEEDS - COMMUNITY RESOURCES

North Idaho Services Directory | Add or Update Service Directory Listing | Support the Services Directory

### North Idaho Services Directory (Region 1)

*Note: This site is under construction and waiting on funding. The full database of over 1,000 organizations will be available here by January 2016. Please bookmark now and check back often. Add or UPDATE your service directory listing.*

\* My bookmarks

Search for:

- Category - [v] Enter keywords

Zip

County

- Select County - [v]

Search near:

Enter address or zip code

Advanced search [Search]

Advocacy/Political (2)	Clothing Bank (9)	Crisis Intervention (32)
Domestic Violence & Sexual Assault (11)	Education (18)	Emergency/Law Enforcement (35)
Faith-based (9)	Family Services (39)	Financial Assistance (5)
Food Bank (36)	General Assistance (17)	Government (16)
Healthcare (60)	Healthcare / Dental (5)	Healthcare / Rehabilitation (3)
Housing (26)	Job Services (24)	Legal (15)
Meal Site (30)	Mental Health (40)	Pregnancy (11)

Visit [NIServicesDirectory.com](http://NIServicesDirectory.com) to add or update your listing!



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