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Spring  
2015

# NORTH IDAHO FAMILY

M A G A Z I N E

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## **INSIDE:**

**Summer Fun & Kids' Camps**

**Pre k - Career Education  
Information Center**

**Bob Driscoll - a career of giving**



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#### ACKNOWLEDGEMENTS:

Cover photos courtesy of Kerri Thoreson, American Legion; Joey Ozol, Skate Park; and Pete Schuler, KrocMan.  
Pictured are Weston & Amanda Miller, Scott LoBiado & Robert Templin, and Trevor Groth.

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# Welcome!

It's been over 16 years since the original group of local nonprofits became involved with the North Idaho Family Magazine. Through the years the publication and its companion website, [nifamily.com](http://nifamily.com) have provided:

- Hundreds of local features on things that matter to North Idaho families.
- The NICE calendar for charitable events planning.
- The North Idaho Family Group for organizations that support healthy families, and
- Connections through social media.

The North Idaho Family Group is a 501(c)3 nonprofit organization whose mission is building healthy families and lifelong learning in our community, predominantly by being a backbone organization for other area nonprofits and projects.

The Family Group now provides:

- An annual nonprofit service directory as designated in the CDA Vision 2030 community driven vision plan
- Resources for event marketing and communications.
- Expansion of the lifelong learning mission. See pages 10-11 for an update on the Pre-K through Career Education Information Center.
- Partnerships with U of I for Nonprofit Leadership Certification and Continuing Education Units.
- An ongoing, in-depth local look at what's important to families through the North Idaho Family Magazine.

Enjoy this issue and stay connected with us by subscribing by mail or following us on Facebook: [www.facebook.com/NorthIdahoFamilyMagazine](http://www.facebook.com/NorthIdahoFamilyMagazine)

## CONTENTS



### Education Information Center

A comprehensive central location for information about Pre-K through career education choices in North Idaho



### Invent Idaho

State winners meet the Governor and first lady.



### Summer Fun & Kids' Camps

A complete list of summer camps and opportunities for kids this summer.

 **COMMUNITY** 4

 **PEACE & JOY** 9

 **EDUCATION** 10

 **CALENDAR** 14

 **FAMILY** 15

 **PAWS FOR A MOMENT** 18

 **HEALTH** 19





## Getting Ready to Get Muddy



Last summer Erin Logan, together with her kids Ryan 12 and Nicole 10, ran Muddy Miles for the first time. They had a great experience and have registered to participate again this year. July 18 will mark the 5th year of the annual fundraiser, which supports Heritage Health and the Salvation Army Kroc Center. Muddy Miles is a two mile mud race, where everyone can participate but no one can stay clean.

"The kids loved all the mud, that was their favorite part for sure," Erin says.

The Logans signed up for the family race, wore matching team outfits, and were cheered on by dad and grandparents on the bleachers.

"It was so much fun to race together. My son really got into it, he actually wanted the race to be longer. He has already told me that this year we are going out harder and faster, really racing to win," Erin laughs.

She had read on the website prior to the race that they recommend taping your shoes to your feet with duct tape.

"I'm glad we did, we all kept our shoes on but I know a lot of people lost theirs in the mud. Those mud puddles are serious, I saw some people jumping in with goggles."

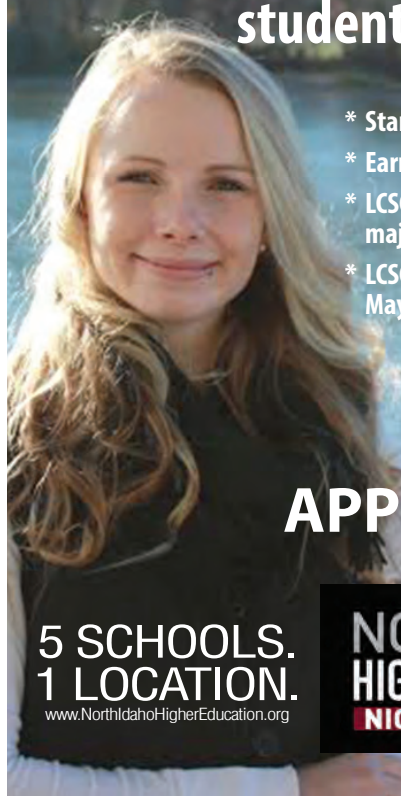
Erin says she likes that Muddy Miles is close to home, family friendly, and has something for everyone to enjoy. She liked the obstacles, her favorite part as opposed to the mud, and thought they were a great mix of challenging and fun.

"Overall, I very much enjoyed this race. Everyone can do it, and it's more about having fun than actually running. We are really excited to do it again."



**Heritage Health**  
www.myheritagehealth.org  
208-620-5250

## Meet Lewis-Clark State College student Zara Palmer.



- \* Started at NIC in August 2011
- \* Earned my A.S. degree May 2013
- \* LCSC Business Administration major, Marketing minor
- \* LCSC Graduation Date: May 3, 2015

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# Spot On Media Contest and Campaign for Local Youth

The Kootenai Alliance for Children and Families (KACF) is excited to announce this year's Spot On Media Contest Winner, Kylie Worley, a freshman from Post Falls High School. Not only did Kylie win an iPad Mini 2, her winning substance abuse prevention concept has been professionally produced into a television commercial, radio commercial, and print and social media campaigns.

This year's campaign message is, "The Power is in Your Hands." The meaning behind the campaign is that you have the power to make choices that can impact the community and the world for better or worse. Your choices have a ripple effect. One good choice can influence and inspire others to follow and spread the good. One bad choice can do the same. Ultimately the power is in your hands to choose.

The Spot On Media Contest engages local youth in the creative process of developing a drug prevention campaign. The project not only involves youth in the creative process of taking an idea and turning it in to a campaign, it also gives them a positive activity to do with their friends.

Students were asked to create a 90 second video describing their concept for a youth substance abuse prevention message that they would like to share with the Kootenai County communities. Over 20 students from Kootenai County participated in this year's contest. As part of the Spot On Contest all students were invited to participate in the production day. Production day is a chance for the students to be a part of transforming their message into a media campaign which included producing a television commercial.

"The community really comes together for this project," said Jessica Godderz, Spot On Contest Coordinator. "The local businesses and media support the program by significantly discounting their services, the schools and youth organizations help promote the contest, and parents as well as the community as a whole come together to encourage the youth to participate in the program."



Kylie Worley of Post Falls



INFO

Kootenai Alliance for Children and Families  
www.kootenaialliance.org

**Shine, Inspire, Uplift, Encourage, Succeed.**

The **POWER** is in Your **HANDS**.

Be **Substance** Free.

[KootenaiAlliance.org](http://KootenaiAlliance.org)

**KACF**  
Kootenai Alliance for Children and Families

## Sk8 PRK moves forward

The CDA SK8 PRK is the action sports community's effort to raise funds for a new Coeur d'Alene skate park. The current skate park was constructed during the mid to late 90's before progressive skate parks were defined. CDASK8PRK's core goal is to build a skate park that meets the current extreme sports standards and reflects the beauty of our city's aesthetic.

The purpose of the CDASK8PRK is to create a place for youth to celebrate individuality that other sports and activities do not provide. Skate parks provide a safe environment for skateboarding, reduce damage to private and public property, and bring together youth of all ages in a healthy way. A skate park also creates opportunities for children to excel in a sport that entrusts them to be their own coaches, which helps with accountability and independence.

CDA SK8 PRK is moving forward to make the dream a reality by pulling the community's best and brightest supporters together for the cause. Recently the CDASK8PRK obtained their 501(c)(3) non-profit status with hopes of raising enough funds to help this vision come true. Let's do this!



INFO

**CDA SK8 PRK**  
www.facebook.com/cdask8prk  
www.cdask8prk.com

# NORTH IDAHO InterAgency Communication

## aka The Driscoll List

## A Career of Giving

Bob Driscoll's recent retirement from the Idaho Department of Health & Welfare recently may have ended his official role with the state, but his legacy and passion for bringing agencies and organizations together to better serve North Idaho families lives on.

### Why & how did the "Driscoll List" and the "Interagency" meetings start?

I was recruited to the Idaho Department of Health & Welfare in 1997 right after Welfare reform. People needed help with budgeting and job skills because they were not making livable money, only surviving. I asked around and tried to find other agencies who were helping people. I assumed that local social workers would have a long list of referral agencies, but they didn't have those resources. Then I heard about a little group of 4-6 people who met for lunch once a month. The leader of the group was moving out of the area, and I thought it was the perfect platform for what I wanted to do so I took it on.

The "Driscoll List" started as a roster of agencies that I sent out every month, but I had to quit when the list started to be used commercially. That is about when the email list and the Interagency meetings started. People would email me about needs in the community and what resources were available. I thought the Interagency meetings could be a good tool to share information and network about what different agencies were doing. They've been going ever since – 10 years now.

### What did you hope to accomplish?

My goal was selfish. I wanted to know how the heck I could help all these people with these needs, and help them become contributing members of society. I wanted to unite the community to focus on helping people to become self-sufficient. There was a little pin that came out about that time: WOW, Work over Welfare.

When the Interagency meetings first started, we had a lot of different sectors represented. I never wanted a "formal group," but a place to network and an opportunity for agencies to explain their programs.

### What do you hope for the future?

I want more agencies to be involved outside of healthcare to present what they are doing. There are some wonderful programs all over the region that would flourish if more people knew about them. It's always been the case that whenever I send an email out requesting help, something happens. I have never seen a service not responded to – specialized or general. We are in a transition time of trying to make it that people can connect with one another more readily. That's why we have the group, and that's all I have ever wanted. I'm not going to quit. I still want my community to service 100% of everyone who lives here, whether they're looking for a job or internship, or need housing. It's MY community, and I always ask myself what I can do to make the lives of people better. If people are flourishing, I flourish.



Bob Driscoll

### Announcing the North Idaho Nonprofits Message Board, aka "The Driscoll List 2.0"

The North Idaho Nonprofits Message Board, [northidahononprofits.org](http://northidahononprofits.org), is the evolution of the Driscoll List (forwarded emails). It allows posting, subscribing to topics, email notifications, and more.

There is no cost to join the Message Board in order to post your discussion, and an existing Facebook or LinkedIn account can also be used to join.

It is a Vision 2030 community goal.



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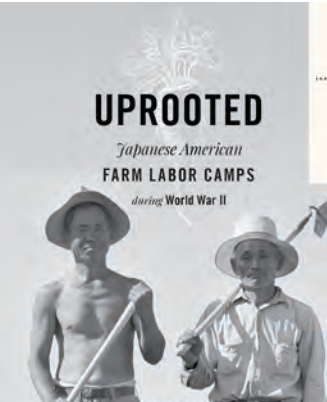

1203025

State Farm, Bloomington, IL

**ON VIEW**  
7.20.2015–9.12.2015

**UPROOTED**  
Japanese American  
FARM LABOR CAMPS  
during World War II

**Human Rights Education Institute**  
414 MULLAN ROAD  
COEUR D'ALENE, ID 83814





Our Community

AT A  
GLANCE**NORTH IDAHO NONPROFIT RETREAT**

The North Idaho Nonprofit Retreat, scheduled for September 18, will be held in Sandpoint, and hosted by the Lodge at Sandpoint (a 5-star resort) and Forty One South (a 5-star restaurant), both located on the shores of spectacular Lake Pend Oreille. This is a retreat like no other in all of Idaho. Experienced, highly acclaimed instructors will be teaching dynamic topics throughout the day, followed by fun networking opportunities offered on land and lake. Boat rides, yoga, massage therapists, walking the Long Bridge, or just lounging on the patio sipping your favorite beverage will be just some of the networking opportunities offerings, and it's all at no additional costs. The day will conclude with hors d'oeuvres and a drawing for lots of valued prizes. Registration will be limited, and early registration is recommended. For more information go to [www.webpages.uidaho.edu/nonprofit](http://www.webpages.uidaho.edu/nonprofit).

**"BE THE ONE" - FOSTER | SERVE | SUPPORT**

With more than 1,200 Idaho children in foster care because of abuse, neglect, or family crisis, there is a consistent need for foster and adoptive parents in the state. There is a vast need for those who are willing to care for some of the hardest to place children, which include older youth, sibling groups, and children with special needs.

The goal of the foster program is to reunite child with family, but in the meantime, we need families who can provide a safe and loving home until reunification can occur. Beyond a few requirements, foster parents are often as varied as the children in care.

CareLine 2-1-1 or 208-676-1186

**VOLUNTEERS NEEDED!**

Support KIDS Camp 2015 by spending an hour on Mondays or Wednesdays reading with children. KIDS Camp is being held June 15 – August 5. If you are interested, please contact Anna Wilson, CdA School District Director of Title Programs 664-8241 for more information.

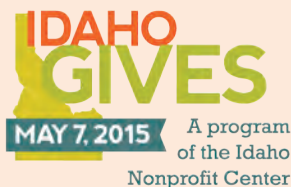
**JOBS PLUS**

Gynii Abracosa Gilliam of Boise is the new president of Jobs Plus, Inc., the Coeur d'Alene area economic development corporation. Gilliam has over 20 years of experience in the field, from rural settings in central Idaho to urban centers as large as Detroit. She was chief economic development officer in the Idaho Department of Commerce from January 2012 to November 2013. After that she ran her own consulting firm to help elected officials and others champion economic development.

**HABITAT FOR HUMANITY****Habitat  
for Humanity**

Former Kootenai County Clerk Dan English has been chosen to lead Habitat for Humanity of North Idaho.

English starts June 1 as executive director of the nonprofit housing organization.

**IDAHO GIVES REPORT**

Idaho Gives was a grand success! Together, we raised \$1,083,365 for our nonprofits in 24-hours. Idaho Gives brings nonprofits and

Idahoans together for a day of online giving and sharing.

Save the date for next year: May 5, 2016.

**ACES**

ACES Community Services has opened a new location at 1103 E. Sherman Avenue. Compass is a new program of ACES that focuses on treating high acuity, high risk individuals by providing full wrap-around behavioral health care. Our wrap-around approach to care consists of: Psychiatry, Nursing, Therapy, Case Management, Community Based Rehabilitation, Peer Support and Care Coordination. ACES new Compass office provides a comfortable and warm atmosphere for the individuals we serve and is staffed with highly experienced providers who are persistent in providing compassionate care. For more info call 292-2188.

## WAVE THE FLAG

American Legion News



*l-r: Former Post Falls mayor and Post 143 member Clay Larkin, WWII veteran and 70-year American Legion member Bob Templin (92 years old), Post 143 Commander Dennis Wheeler, artist Scott LoBaido, City Councilor Kerri Thoreson and Mayor Ron Jacobson.*

## Take a stroll down memory lane

Fun for newcomers and old timers as well, Facebook groups “Old School Coeur d’Alene” and “Old School North Idaho” have photos and comments that engage all in sharing the rich history of the area.



Fun photos and comments from locals give a unique insight to the community, such as:



**GUESS WHERE THIS WAS? AND FIND OUT WHAT HAPPENED TO IT.**

## Post Falls American Legion Honors the Community with a Flag Mural

New York artist Scott LoBaido has a big heart for America and for painting big murals of the stars and stripes to honor veterans. He embarked upon the 2015 Fifty States Tour in February with the goal of painting a flag mural on American Legion or VFW posts in every state. Idaho’s mural was painted on the Steven H. Nipp American Legion Post 143 in Post Falls in April. The 40’ x 8’ mural was completed in about 10 hours over two days. LoBaido’s “canvas” began as sheets of treated plywood that were transformed into a beautiful 3-dimensional waving flag. The dedication ceremony was attended by community members and veterans of WWII, Korean War, Vietnam, Iraq and Afghanistan and as described by the artist was a celebration of freedom made possible by all who serve in the armed forces.

The public is welcome to see the flag mural at the American Legion, 1138 E. Poleline Avenue and be sure to bring a camera! Follow along on the Fifty States Tour, which will end when the final mural is painted in Virginia in September, at [www.scottlobaido.com](http://www.scottlobaido.com)





## Desiderata

Go placidly amid the noise and haste, and remember what peace there may be in silence.

As far as possible without surrender be on good terms with all persons.

Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexations to the spirit.

If you compare yourself with others, you may become vain and bitter;

for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans.

Keep interested in your career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs; for the world is full of trickery.

But let this not blind you to what virtue there is; many persons strive for high ideals;

and everywhere life is full of heroism.

Be yourself.

Especially, do not feign affection.

Neither be critical about love; for in the face of all aridity and disenchantment it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings.

Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe, no less than the trees and the stars;

you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be,

and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul.

With all its sham, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy.

© Max Ehrmann 1927

## North Idaho College Head Start



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9 Head Start centers in North Idaho

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# Education INFORMATION Center

## ACHIEVING A VISION 2030 COMMUNITY GOAL

The Education Information Center, a new community-wide, comprehensive educational resources website, is on track to launch later this spring with the addition of new Visionary Partners who have recently joined the project. In addition to Knudtsen Chevrolet and Waste Management of Idaho, The Lake City Development Corporation has become a Visionary Partner for the Pre-K – Career Education Information Center. The project has also received commitments from the University of Idaho, Lewis-Clark State College, North Idaho Higher Education, and Avista Utilities.

The North Idaho Family Group, Inc., a 501(c)(3) corporation focused on developing healthy families and lifelong learning, is launching the new Education Information Center website, which will include educational information and opportunities from pre-kindergarten through

career. The 24/7 “one-stop shop” website will provide access to all educational resources including (but not limited to) preschools, religious schools, alternative and homeschool support, trade schools, technical-professional training programs, higher education, workforce education certification, community enrichment classes, and online degree courses. The site provides access to resources only and will not deliver educational programming (such as online courses).

Individuals seeking information will be able to search for educational opportunities and resources by category, location, age, special need, or desired career. The website will also include information and “how to guides” for scholarships, grants, and accessing federal aid programs, ongoing education paths, statistics, and educational news links.

Future development of the Education Information Center includes planning for a free-standing kiosk location.

**Lifelong Learning Website** - Promote the development of a website with all lifelong learning opportunities career, vocational, technical available.

2014 ○ 2015-16 ○ 2017-19 ○ 2020+ ○

**Lead Partner:** North Idaho Family Magazine  
**Support:** North Idaho Higher Education, Department of Labor, area school districts

**TIMELINE KEY:** ○ PLANNING ○ ONGOING ○ IMPLEMENTED



**North Idaho Family Group**  
**Education Information Center**  
208-502-0099

# Education INFORMATION Center™

Coming  
2015

Home

PreK - K

Grades 1-5

Middle Schools

High School

Higher Education

Continuing Ed

Pay for College

Resources

Blog / News

**DRAFT**



I am looking for information about:

### Stay Informed

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### Most Popular Resources

- Glossary of Terms
- North Idaho School Districts
- Career Planning/Counseling Sites
- Tutoring & Homework Help
- Research School Performance
- Idaho Home School Standards
- North Idaho Drivers Education

#### Pre-K & Kindergarten

##### Pre-K & Kindergarten

- List of Schools
- Preschool Licensing
- Is my child ready for Kindergarten?

##### Elementary Schools

- List of Schools

##### Middle Schools

- List of Schools

#### High School

- List of Schools

##### High School Resources

- Advanced Learning Opportunities
  - "8 in 6" Program
  - Dual Enrollment
  - AP Classes
- Testing
  - SAT/ACT
  - AP
  - College Board
- GED

##### Pay for College

- Local Scholarships
- FAFSA/Financial Aid
- Work/Study Programs
- About Student Loans

#### Higher Education

##### Higher Education Resources

- Universities & Colleges (4-year & 2-year degrees)
- Professional Technical (Career Tech, Voc Tech, Trade)

##### Pay for College

#### Continuing Education

##### Continuing Ed, Professional Development & Education for Fun

- Second Career
- Professional Development
- Licenses & Certifications
- CEUs
- Underwater Basket Weaving

##### The Basics, Worker Retraining

- ABE, GED
- Worker Retraining (including Workforce Investment Act - WIA)
- Veterans Services & Resources





## testimonials

### What people are saying...

**Steve Widmyer**, Mayor, City of Coeur d'Alene

*A single source virtual and physical Education Information site would be a tremendous asset to the city. Quality jobs are a priority. This type of tool and assistance to both attract and train the local workforce, from Pre-K through Career, is a worthwhile and valuable pursuit. Please keep us informed and let us know when and where you'll need our support.*

**Eve Knudtsen**, President & CEO, Knudtsen Chevrolet

*Our organization is a visionary partner because we believe education is vital to the regional economy. This legacy project will fill a niche for generations to come.*

**Mark Browning**, Vice President for Community Relations and Marketing, North Idaho College

*Anything that raises awareness and builds the value of education for our kids and their kids, PLUS makes it more simple to find because it's all in one place is an A+ idea.*

**Nancy Lowery**, President, Hayden Chamber of Commerce

*A comprehensive Education Information Center will be an extremely valuable resource for our community members, business owners, newcomers, and for businesses that are considering moving to North Idaho. A one-stop shop where individuals can access timely information about educational programs from preschools to college to careers is extremely visionary and would be an enormous asset to our community.*

**Marie Price**, Director for Workforce & Community Education North Idaho College

*This would help us focus on curriculum and programs and would be a great asset to the community.*

**Vicki Isakson**, Manager, Idaho Department of Labor  
*It's going to be a fantastic system!*

#### Coeur d'Alene Education Partnership

*As an organization that seeks to unite our community, inform our stakeholders, and advocate for excellence in education, we find value in an Education Information Center that would offer extensive information on education resources in Kootenai County. A program that aids families and students in key decision-making issues regarding education is a benefit to our community.*

**Gynii Abracosa Gilliam**, President, Jobs Plus – Coeur d'Alene Area EDC

*An Education Information Center website would be a terrific help in aiding both corporate relocation and existing companies in our community gather educational information in one website that can help them retain and train their workforce. We are looking forward to the launch of this Center and will do what we can to help.*

### Visionary Partners



You've probably heard of Uber, Tesla, and AirBNB, but do you know what they have in common? They all use a model of "sharing economy" or "peer economy." In other words, a system built around the sharing of human and physical resources such as cars, ideas, houses, and other goods. Most often these resources are shared directly between the owner and the consumer, versus a larger distribution system like a hotel chain.



**Uber:** Connects riders & drivers through a mobile app.



**AirBNB:** An online community marketplace that connects people looking to rent their homes with people who are looking for accommodations.



**Tesla:** Electric vehicle maker that opened its patent portfolio to anyone, including competitors, who wants to use the intellectual property for productive purposes.

*Fun Fact: The Tesla "stalls" in the Golden Corral parking lot are called "Superchargers," and part of national electric vehicle charging station network.*



**Bitcoin:** A form of digital currency, created and held electronically. No one controls it and transactions are made with no middle men – meaning, no banks!



**TaskRabbit:** An online and mobile marketplace that allows users to outsource small jobs and tasks to others in their neighborhood.

*Fun Fact: A Phoenix, AZ man, trying to earn the name "Mr. Sharing Economy" at one point drove his Tesla as an Uber by day, and rented as a "Tesla Hotel" on AirBNB by night.*



# THIS IS MY CLASSROOM

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# Don't let your kids SLIP AND SLIDE



**Children who do not continue to read over the summer can lose as much as three months of reading achievement.**

## Did you know:

- In Idaho, low - income homes average only 1 book for every 300 children. By comparison, in middle and high - income homes, each child has an average of 50 books. (Book It Forward, 2014)
- Reading proficiently is the most significant indicator of academic success.
- 85% of children in the juvenile justice system are functionally illiterate.

## WHAT PARENTS & CHILDREN CAN DO:

### Join a Library Summer Reading Program

Most libraries in North Idaho are participating in the national Collaborative Summer Reading Program themes: "Every Hero Has a Story," for children, and "Unmask!" for teen readers. Each library will have its own special events & activities based on the Heroes theme.



Children and teens are also encouraged to keep a reading log for the summer and can collect prizes at the library based on time spent reading.

For more info, visit your local library, or online:

- [www.cdalibrary.org](http://www.cdalibrary.org) (go to EVENTS link)  
Coeur d'Alene  
208-769-2315
- [www.CommunityLibrary.Net/Kids](http://www.CommunityLibrary.Net/Kids)  
Community Library Network  
Hayden, Post Falls, Rathdrum, Spirit Lake, Athol, Harrison, Pinehurst  
208-773-1506 x 323

## eBooks!

Those who run out of reading material between library visits can go online and select titles from StarWalk eBooks. The collection includes high quality picture, fiction and non-fiction titles with a "read to me" option. Find it at [CommunityLibrary.Net/eLibrary](http://CommunityLibrary.Net/eLibrary). Your user name is: library network; your password is: library.

## United Way Book Drive

Book donations are currently being collected for the "United Way Week of Action Book Drive" at the following locations: Boys & Girls Club of Kootenai County, Coeur d'Alene Public Library, Hayden Library, Heritage Health, Salvation Army Kroc Center, United Way of Kootenai County, and US Bank branches statewide.



*Books will be distributed from June 15-19, 2015 at various locations.*

For more information about United Way Week of Action Book Drive, or to locate a drop-off or distribution location near you please visit [kootenaiunitedway.org/bookdrive](http://kootenaiunitedway.org/bookdrive) or contact Jeanette Laster at 208-667-8112 or [Jeanette@kootenaiunitedway.org](mailto:Jeanette@kootenaiunitedway.org).

## READY! For Kindergarten

Also from Kootenai United Way: Ready! for Kindergarten, a nationally-recognized, quality informational training program FREE for North Idaho residents. The program informs parents and caregivers to prepare children for a happy and successful school experience by focusing on language and literacy. Visit [kootenaiunitedway.org](http://kootenaiunitedway.org) for more information & registration information.



# Invent Idaho State Winners Meet the Governor and First Lady

Invent Idaho state winners displayed their outstanding creations at the Idaho Capitol Building in Boise on March 16. The highlight of the day was a visit by both Governor Otter and First Lady Lori Otter, who each took their valuable time to interview all of the young inventors. One Invent Idaho state winner, Gus Hickman, went on to become a finalist in the "Drive the Future" competition for which he was flown to New York City, where he appeared on the Today Show April 10.

Invent Idaho is the Northwest's premier student invention program, with over 20 years of inspiring young inventors and igniting their creativity. Invent Idaho celebrates student innovation, while teaching the inventive thinking process in an interdisciplinary curriculum.

The deadline for the I Cubed Challenge online invention competition, which is open to any young inventors nationwide, is June 30, 2015.



Alexander Knoll with First Lady Otter



Issac Jepson with Governor Otter



Rocco Sherman with Governor Otter



**Invent Idaho**  
[www.inventidaho.com](http://www.inventidaho.com)  
[www.icubedusa.org](http://www.icubedusa.org)



## START 'EM YOUNG!

Expecting families can start baby off on the right track by requesting books instead of cards for baby showers:

*"Although cards are nice,  
 They're only read once or twice.*

*A book is a treasure*

*That lasts forever.*

*So instead of a card to be put aside,*

*Please give the baby a book with your name & wishes inside.*

*It will be read to our little tyke*

*Before bed each night,*

*And we will think of you Forever and ever!"*



## OUR SUMMER CAMP IS UNIQUE!

- Open to all students in the community age 3 and potty trained through 6th grade
- Free lunch daily at Ramsey Elementary
- Amazing field trips for older kids such as: Horseback Riding, Bike trail rides, weekly swimming at the Kroc
- Guest speakers with live animals and bike days on site for everyone!
- All in a loving Christian environment

Each week has themed activities and multiple field trips. One time \$100 activity fee covers all field trips: Campers may attend all or part of the camp but must attend at least 2 days during weeks of attendance. Camp runs from Monday, June 1st through Friday August 28th. We open at 6:45 a.m. and close promptly at 6:00 p.m. Students attending less than 4 hours are \$15 per day and over 4 hours cost \$25 per day. Discounts for full time students!

Register at [www.lamcda.org](http://www.lamcda.org) or call 208-765-8238

## KIDS COLLEGE

Video games, mobile apps, programming, and Minecraft in a fun, hands-on learning environment. One week camps. Ages 8-14.

(208) 769-3333  
[www.workforcetraining.nic.edu](http://www.workforcetraining.nic.edu)



## CALENDAR

- June 6** *Great Strides - Cystic Fibrosis Foundation Walk*  
fightcf.cff.org
- June 6** *Inland Northwest Beerfest* | Post Falls
- June 7** *Bay Trail Fun Run @ Trinity* | CDA City Beach  
pobtrail.org/events/bay-trail-fun-run-2015
- June 12-13** *Relay for Life CDA* | relay.acsevents.org/
- June 13** *1st Annual Post Falls Community 3 on 3 Basketball Tournament*,  
www.genesisprep.org
- June 13** *REEL Weekend Fishing Derby* | McEuen Park/Lake CDA
- June 19-20** *Car d' Lane* | www.cdadowntown.com
- June 20** *Post Falls Fishing Derby* | Falls Park in Post Falls  
www.postfallsidaho.org/
- June 27** *Silver Valley Ride to Defeat ALS* | Snake Pit Resort  
208-682-3453
- June 27** *IronKids Fun Run* | McEuen Park
- June 28** *IronMan Coeur d'Alene* | www.ironman.com
- July 3** *Kiddies Parade* | Downtown Coeur d'Alene
- July 4** *4th of July Parade and Festival* | Downtown Coeur d'Alene
- July 10-12** *Post Falls Festival and Parade* | www.postfallsidaho.org
- July 10** *Blue Dog RV Movie Night in the Park*  
Q'emiln Park in Post Falls | www.postfallsidaho.org
- July 11** *Kids Day in the Park* | CDA City Park
- July 11** *McDonald's Big Wheel Race* | Q'emiln Park in Post Falls  
www.postfallsidaho.org
- July 11** *Hayden Triathlon* | www.haydentri.com
- July 12** *CDA Garden Tour* | www.cdagardenclub.com
- July 13-17** *The Art of Nature Summer Camp for Kids*  
Coeur d'Alene Log House | 208-667-9093
- July 16** *Butterflies and Memories* | Village at Orchard Ridge  
208-664-8119
- July 18** *Muddy Miles Heritage Health fundraiser*  
www.muddymiles.org
- July 18** *St. Vincent de Paul 7th Annual Steak Fry*  
Kootenai County Fairgrounds | 208-416-4717
- July 18** *4th Annual Schweitzer Mountain Trail Run*  
www.smtrailrun.com/registration
- July 24-25** *Hayden Days and Parade*
- Jul 31-Aug 2** *Downtown Coeur d'Alene Street Fair*
- Jul 31-Aug 2** *Art on the Green* | www.artonthegreencda.com
- Aug. 1** *10th Annual UPS/United Way Golf Classic*  
www.kootenaiunitedway.org
- Aug 2** *Post Falls Sprint Triathlon* | www.postfallsidaho.org
- Aug 6** *Post Falls Annual Community Picnic* | Q'emiln Park  
www.postfallsidaho.org
- Aug 14-15** *Spokane to Sandpoint Relay* | www.spokanetosandpoint.com
- Aug 15** *Ales for the Trail* | www.nictf.org
- Aug 16** *RIDE Idaho* | www.rideidaho.org
- Aug 26-30** *North Idaho Fair* | www.northidahofair.com
- Sept 12** *Day of Hope* | Kootenai Fairgrounds
- Sept 18** *North Idaho Nonprofit Retreat* | Sandpoint  
www.webpages.uidaho.edu/nonprofit
- Sept 19-20** *Bike MS* | www.bikeMS.org or 509-482-2022
- Sept 22-23** *Smoke on the Water BBQ Event* | McEuen Park, CDA
- Sept 25-26** *Oktoberfest* | Downtown CDA  
www.coeurdaleneoktoberfest.com

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Visit **www.nifamily.com** for a complete list of charitable events.



**USE ME!**  
**I'm N.I.C.E.**

**North Idaho Charitable Events Calendar**

**FREE**

Visit **www.fyinorthidaho.com** for a complete list of community events.



**Coeur d'Alene's indoor inflatable Play and Party Center.**

**Open 7 days a week for Parties and Open Jump. Conveniently located 250 W. Dalton Ave.**

**Kids under 2 are always FREE with paid sibling**

**Visit our website for more info, pictures, and to see our commercial airing on KXLY.**

250 West Dalton Ave. | Coeur d'Alene, ID, 83815 | 208-664-5200 | info@jumpforjoycda.com  
www.jumpforjoycda.com





# SUNSET BOWL

The Pacific Northwest #1 Bowling Center

## FREE BOWLING

KIDS BOWL ONE FREE GAME EVERYDAY  
May 1 through August 1



Best Bowling Light & Music Show Around  
Great for Office Team Building | Birthday Parties  
Family Celebrations & Gatherings

WED 10PM-1AM | FRI 3:30PM-5:30PM, 10:30PM-1:30AM | SAT 10:30PM-1:30AM

202 W. Sunset Ave. Coeur d'Alene, ID 83815  
(208) 667-2695

## FREE Summer Meals



Area school districts offer free summer meals to youth 18 and under. Adults are welcome to enjoy breakfast and lunch for a small fee.

- Coeur d'Alene SD Nutrition Services 667-7469
- Post Falls SD Child Nutrition Office 773-1625
- Lakeland SD Food Service Office 687-5451
- Lake Pend Oreille SD Child Nutrition Program 265-1569

### Coeur d'Alene SD - Monday-Friday, June 11-August 21 (closed July 3)

- Fernan Elementary - Breakfast 8-9am, Lunch 11am-12:30pm
- Hayden Kinder Center - Breakfast 8-9am, Lunch 11am-12:30pm
- Ramsey Elementary - Breakfast 8-9am, Lunch 11am-12:30pm
- Venture High School - Breakfast 8-9am, Lunch 11am-12:30pm

### Post Falls SD - Monday-Friday, June 15-August 14 (closed July 3)

- Ponderosa Elementary - Breakfast 8-9am, Lunch 11am-1pm
- Seltice Elementary - Breakfast 8-9am, Lunch 11am-1pm
- Post Falls Middle School - Breakfast 7:30-8:30am, Lunch 10:30am-12:30pm
- Post Falls High School - Breakfast 7:30-8:30am, Lunch 10:30am-12:30pm

### Lakeland SD - Monday-Friday, June 10-August 7 (closed July 3)

- Lakeland Junior High - Breakfast, 8-9am, Lunch 11:30am-12:30pm

### Lake Pend Oreille SD

- Farmin Elementary - Monday-Friday, June 22-August 21, 11:30am-12:30pm
- Sandpoint City Beach - Monday-Friday, July 1-August 21, 11:30am-12:30pm

See each location for exact dates and times (subject to change).

## AN ADVENTURE TO TREASURE

*A Camp Experience Like No Other!*

Kids today yearn for adventures that challenge them physically, and entertain them in ways that are fun and social. Camp Fire Camps are the best place to expand your world this summer!

**CAMP SWEYOLAKAN**  
Resident & Day Camp  
on Lake Coeur d'Alene

300 acres to Hike & Explore • **Giant Swing**  
**High Ropes & Low Ropes** • Archery • **Boating**  
Boys & Girls, Grades 1-12 • **Discover Your Passion**

**CAMP DART-LO**  
Day Camp  
Little Spokane River

51 acres along the River • **Low Ropes Challenge**  
Archery • **Tube Floats** • Boys & Girls, Ages 3-18  
**2 Pools** with water features & diving board

*Camp Scholarships are available. Call for Details.*

**REGISTER NOW: Space is Limited**

[www.campfireinc.org](http://www.campfireinc.org) • 800.386.2324 x10



  
**Camp Fire**  
Light the fire within



# Summer FUN & KIDS' Camps!

VISIT US ONLINE AT [NIFAMILY.COM/NORTH-IDAHO-SUMMER-CAMPS](http://NIFAMILY.COM/NORTH-IDAHO-SUMMER-CAMPS) FOR THE LATEST UPDATES AND INFORMATION ABOUT NEW CAMPS.

## Residential Camps

### COEUR D'ALENE AREA

#### Camp Cross

McDonald Point, Lake Coeur d'Alene  
Grades 2-12, Adult and Family, May-Oct  
Residential Bible. Canoeing, boating, hiking, Dutch  
oven cooking. [www.campcross.org](http://www.campcross.org) or 509-624-3191

#### Camp Four Echoes

Lake Coeur d'Alene, Worley  
Girls grades 2-12, June-Aug  
Girl Scouts. Windsurfing, kayaking, sailing, sports,  
cooking, photography, hiking. Scholarships available.  
[www.gsewni.org](http://www.gsewni.org) or 800-827-9478 ext. 227

#### Camp Lutherhaven

3258 W. Lutherhaven Rd., Coeur d'Alene Ages 4-18,  
Family, Special Needs, June-Aug Residential Bible.  
High-ropes adventure course, climbing tower,  
waterfront. Financial assistance, transportation and  
scholarships available. [www.lutherhaven.com](http://www.lutherhaven.com) or 208-  
667-3459 ext. 13

#### Camp Mivoden

17415 E. Hayden Lake Rd., Hayden  
Ages 8-17 and Family, June-Aug  
Seventh-Day Adventist. Wakeboard, swimming,  
drama, crafts. [www.mivoden.com](http://www.mivoden.com) or 208-772-3484

#### Camp Sweyolakan

Lake Coeur d'Alene Ages 6-18, June-Aug Camp Fire  
USA. Kayaking, outdoor cooking, sailing, horseback  
riding, backpacking, hiking, arts and crafts, rock  
climbing. Financial assistance available.  
[www.campfireinc.org/swey](http://www.campfireinc.org/swey) or 208-747-6191  
*See ad page on page 15*

#### Kids Camp

Silver Lake Camp, Medical Lake, WA  
Grades 3-6, Aug  
Real Life Ministries camp  
[www.reallifeministries.com](http://www.reallifeministries.com) or 208-777-7325

#### North Idaho Catholic Youth Camp

Shoshone Base Camp, North Fork, Coeur d'Alene River  
Grades 5-12, July  
Zip-lining, river tubing, rock climbing, campfires.  
Scholarships available.  
[www.nicyc.org](http://www.nicyc.org) or 208-771-1915

#### Ross Point Baptist Camp

Post Falls  
Grades K-12, June-July  
Softball, swim, bouldering wall, canoeing, crafts,  
climbing wall, high ropes course. [www.rosspoint.org](http://www.rosspoint.org)  
or 208-773-1655

#### Shoshone Creek Ranch Camp

North Fork, Coeur d'Alene River  
Ages 8-18, July-Aug  
Residential Bible camp operated by Lutherhaven.  
Horseback riding, swimming, crafts. [www.lutherhaven.com](http://www.lutherhaven.com) or 208-667-3459 ext. 13

#### Twin Lakes Friends Camp

8068 W. Radmer Rd., Rathdrum  
Grades 1-12, June-July  
Christian-themed residential and day camps.  
Scholarships available.  
[www.twinlakesfriendscamp.com](http://www.twinlakesfriendscamp.com) or 208-687-1026

#### Twinlow Camp

Rathdrum Grades 1-12, June-Aug  
United Methodist Church Camp. Games, waterskiing,  
crafts, swimming, canoeing. [www.twinlowcamp.org](http://www.twinlowcamp.org)  
or 208-352-2671

### SANDPOINT AREA

#### Cocolalla Lake Bible Camp

209 N. Cocolalla Loop Rd., Cocolalla  
Ages 9-18 and Family, July-Aug  
Swimming, canoeing, paddle boats.  
[www.clbcamp.org](http://www.clbcamp.org) or 208-263-3912

#### Twin Eagles Summer Camps

Sandpoint  
Ages 6-18 and Family, June-July  
Day and residential. Nature awareness, animal  
tracking, wild edible and medicinal plants. [www.twineagles.org](http://www.twineagles.org) or 208-265-3685

#### Schweitzer Summer Camp

Schweitzer Resort, Sandpoint  
Ages 6-11, July-Aug Hiking, crafts, swimming.  
[www.schweitzer.com](http://www.schweitzer.com) or 208-255-3081

#### Youth Horsemanship Camp

Western Pleasure Guest Ranch, 1413 Upper Gold  
Creek, Sandpoint  
Ages 10-16, June-Aug  
Hands-on experiences with horses. [www.westernpleasureranch.com](http://www.westernpleasureranch.com) or 208-263-9066

## Day & Week Camps

### NEW! LAM Christian Academy

Age 3rd-6th grade, June-August  
6:45 a.m. – 6:00 p.m.  
[www.lamcda.org](http://www.lamcda.org)  
*See ad and info on page 13*

#### Boys and Girls Club

200 W. Mullan Avenue, Post Falls  
Ages 6-18, July-Aug  
Breakfast Program 7-9am (additional \$5 per day per  
child), Regular Program 9am-5pm (lunch and snacks  
included).  
[www.northidahobgc.org](http://www.northidahobgc.org) or 208-457-9089

#### Camp Ka-Mee-Lin

Kiwanis Park, Post Falls City of Post Falls Recreation  
Department  
Age 4 ½ - 13 [www.postfallsidaho.org](http://www.postfallsidaho.org) (PDF link on  
home page) 208-773-0539

#### CampKroc – Salvation Army

Kroc Center CDA  
A whole summer of adventure with 10 weeks of Kroc  
camps to choose from.  
Age 4-13, June-Aug  
[www.kroccda.org/campkroc.html](http://www.kroccda.org/campkroc.html)

#### Castle Rock Ranch Camp

Overnight Summer Camp for Girls  
Age 9-14, July-August  
Horseback riding, tubing, animal care, gardening,  
cooking, hiking, and fun! [www.castlerockranchcamp.com](http://www.castlerockranchcamp.com)

#### The Goonies, a Military Child & Youth Program Camp

Age 10-18 (eligible military youth\*), June 15-19  
Cassandra.k.rzepa.ctr@mail.mil or 888-344-1198

#### Hospice of North Idaho's Camp Kaniksu

A free summer camp experience for children and teens  
who are dealing with the loss of a loved one.  
Ages 7-15, July 10-12  
[www.hospiceofnorthidaho.org](http://www.hospiceofnorthidaho.org) or 772-7994

#### Quest Summer Day Camp

Church of Nazarene, CDA  
Ages 6-14, June-Aug  
[www.cdanaz.org](http://www.cdanaz.org) or 208-667-3543

#### Lake City Church Superstar Summer Camp for Foster & Adopted Kids

July 27-31  
[www.lakecitycc.org/superstar/](http://www.lakecitycc.org/superstar/)

#### School PLUS Day Camp/Childcare

Coeur d'Alene School District 271 at selected  
elementary schools.  
Grades K-6, June-Aug  
208-769-0700



## Educational Camps

### Camp Invention

Sandpoint and Coeur d'Alene  
Nonprofit science enrichment camp.  
Grades 1-6, June  
[www.campinvention.org](http://www.campinvention.org) or 800-968-4332

### Gizmo CDA

Different classes each week including unique arts & crafts, robotics, jewelry-making, 3D Modeling & printing, welding, forensics, and more.  
Age varies based on class, June- Aug  
[www.gizmo-cda.org](http://www.gizmo-cda.org)

### NEW! NIC Kids College

Video games, mobile apps, programming, and Minecraft in a fun, hands-on learning environment.  
Ages 8-14, June-July  
[www.workforcetraining.nic.edu](http://www.workforcetraining.nic.edu)

### NXT Robotics Camp for Kids

North Idaho College Ages 9-18, June  
[www.nic.edu](http://www.nic.edu) or 208-665-4521

### Summer Science & Technology Camp

Discover Technology, Hayden  
Grades 1-8, June-July  
Robotics, physics, adventures  
[www.discovertechnology.org](http://www.discovertechnology.org) or 208-640-9412

### University of Idaho Dign 'IT Tech Camps

#### Dign'IT Summer Coding Camp for Girls

Ages 6th – 9th grade, June 22-26

#### Dign'IT JAVA Camp for Teens

Age 12+, July 20 - 24

[www.uidaho.edu/cda/extension-outreach/dignit](http://www.uidaho.edu/cda/extension-outreach/dignit)

## Art & Theater Camps

### Christian Youth Theater

Coeur d'Alene  
Grades 1-12, July-Aug  
[www.cytorthidaho.org](http://www.cytorthidaho.org) or 208-765-8600

### Coeur d'Alene Arts Commission

Harding Family Center, 411 N. 15th., Coeur d'Alene  
Ages 5-15, June-July  
Drawing, painting, music, kitchen, stage improv, cultural arts, mixed media, reading. [www.cdaid.org](http://www.cdaid.org) or 208-676-9132

### Jacklin Center Drama Workshop

405 N. William St., Post Falls  
[www.thejacklincenter.org](http://www.thejacklincenter.org) or 208-457-8950

### Lake City Playhouse Summer Programs

1320 E. Garden Ave., Coeur d'Alene  
[www.lakecityplayhouse.com](http://www.lakecityplayhouse.com) or 208-667-1323

### Sandpoint Arts Alliance

Sandpoint Center for the Arts, 518 Oak St.  
Ages 6-18  
[www.sandpointartsalliance.org](http://www.sandpointartsalliance.org) or 208-265-ARTS

### Summer Drama Camp

Coeur d'Alene High School  
Ages 6-18, June  
[www.northidahotheatre.org](http://www.northidahotheatre.org) or 208-769-2999

## Sports Camps

### CDA Assembly Breakaway Sports Camp

For kids of all athletic abilities. Cost is \$30/Camper and registration includes: shirt, water bottle, sports bag, camp picture, a taco feed for the family sponsored by Mexican Food Factory, and ice cream awards night.  
Registration deadline is June 3  
Age 6-11, June 9-11  
[www.cdaassembly.com](http://www.cdaassembly.com)

### Coeur d'Alene Parks and Recreation

[www.cdaid.org](http://www.cdaid.org) or 208-769-2252

### Hayden Parks and Recreation

[www.cityofhaydenid.us](http://www.cityofhaydenid.us) or 208-209-1080

### North Idaho College

1000 W. Garden Ave., Coeur d'Alene Grades 3-12,  
June-Aug Basketball, soccer, volleyball, wrestling, softball, baseball, cheerleading, mascot.  
[www.nic.edu](http://www.nic.edu) or 208-769-5975

### NIC Outdoor Pursuits Youth Adventure Camp

1000 W. Garden Ave., Coeur d'Alene  
Ages 12-16, June 23-27  
Rock climbing, kayaking, canoeing, white water rafting, sailing, hiking. Includes equipment and transportation.  
[www.nic.edu/wft](http://www.nic.edu/wft) or 208-769-7809

### NIC Outdoor Pursuits Youth Sailing Camp

NIC Beach, Lake Coeur d'Alene  
Ages 12-16, July 14-18  
Learn sailing. Equipment, safety, and terminology covered. [www.nic.edu/wft](http://www.nic.edu/wft) or 208-769-7809

### Post Falls Parks and Recreation

[www.postfallsidaho.org](http://www.postfallsidaho.org) or 208-773-0539

### Rathdrum Parks and Recreation

[www.rathdrum.org](http://www.rathdrum.org) or 208-687-2399

### Sandpoint Parks and Recreation

[www.cityofsandpoint.com](http://www.cityofsandpoint.com) or 208-263-3613

### Skyhawk Sports Camps

Ramsey Field and Woodland Middle School, CDA  
Thunder Dome, Hayden  
Ages 4-12, June-Aug Basketball, baseball, tennis, soccer, football  
[www.skyhawks.com](http://www.skyhawks.com)

## Special Needs Camps

### Camp All Stars

Coeur d'Alene Specialized Needs Recreation day camps for developmental disabilities and/or physical, mental and emotional challenges.  
Ages 4-21, June-Aug  
[www.snr.bz](http://www.snr.bz) or 208-755-6781

### Camp Connect

Panhandle Autism Society day camps  
June-Aug  
[www.facebook.com/panhandle.autism.society](http://www.facebook.com/panhandle.autism.society) or 208-664-4133

### Camp Independence

TESH Inc., 3327 Industrial Loop, Coeur d'Alene  
Ages 4-21, June-Aug  
For children with special needs. A variety of activities.  
[www.teshinc.com](http://www.teshinc.com) or 208-765-5105

### Camp No Limits

Camp Cross, Lake Coeur d'Alene  
Ages All, July For children and adults with limb loss.  
Parent and child peer support, adapted recreational activities, prosthetic education.  
[www.nolimitsfoundation.org/Camp\\_No\\_Limits](http://www.nolimitsfoundation.org/Camp_No_Limits)

### Imagine Behavioral & Developmental Services

June-Aug  
For children with developmental disabilities  
[www.imaginebehavior.com](http://www.imaginebehavior.com) or 208-762-1250

## Vacation Bible Schools

Many churches had not published their 2015 VBS schedules at press time, so be sure to "Like" us at [www.facebook.com/NorthIdahoFamilyMagazine](http://www.facebook.com/NorthIdahoFamilyMagazine) for further updates.

June 15-19: Heart of the City Church Coeur d'Alene

June 15-19: Pinehurst Community Bible Church, Pinehurst

June 22-26: Christ the King Lutheran Church, CDA

June 22-26: Candlelight Christian Fellowship, CDA

July 20-24: St. Stanislaus Kostka Catholic Community Church, Rathdrum





## Dog d'Alene 2015



## Fun, games, & resources for the whole family

Community events such as Kids Day in the Park and Day of Hope combine elements of games & fun with outreach and resources for families.

This year's Kids' Day in the Park will be held on July 11 at City Park in downtown Coeur d'Alene, and North Idaho Day of Hope will be on September 12 at the Kootenai Fairgrounds.

New events in a "neighborhood block party" format, such as Borah Elementary School's "Spring Fling" in May are in development to provide support in the community throughout the year.

"Like" us at [www.facebook.com/NorthIdahoFamilyMagazine](http://www.facebook.com/NorthIdahoFamilyMagazine) to get the latest updates.



University  
of Idaho

## Dign'IT

The Dign'IT Coding Camp for Girls is designed to encourage girls to develop coding skills. The camp is free to participants and focuses on middle school girls to increase and reinforce interest in this key STEM discipline.

The Dign'IT JAVA Camp for Teens is an introduction to the Java programming language focusing on robotics projects using the Lego Mindstorms platform. Students learn to use the Eclipse programming environment and the LeJOS robotics libraries to develop robotic applications and games.

For more information go to [www.uidaho.edu/cda/extension-outreach/dignit](http://www.uidaho.edu/cda/extension-outreach/dignit)



Holli & Gucci are pretty in pink



Oden enjoys a shady spot



Daisy & Joesette and Dog d'Alene



### SUMMER PET TIPS

- Never leave your pet in the car!
- Make sure your pet has plenty of water
- Take walks during cooler parts of the day

### Coeur d'Alene Pet Resort & Doggie Day Care

*Your Pet's Paradise*

Mon-Fri 8:30am to 6:30pm  
Saturday 8:30am & 5:00pm  
**OPEN SUNDAY** for Drop-offs and Pick-ups!  
Sunday 9:00am & 5:00pm

Luxury Overnight Boarding  
Full Grooming Spa  
Cat Condos & Play Area  
Outdoor Play Yard  
10,000 sq ft Facility  
Professional Dog Training  
Fun Play Environment!

125 E Hazel Ave  
Coeur d'Alene, ID 83814  
[www.cdapetresort.com](http://www.cdapetresort.com)

No Cages or Kennels  
**208.667.4606**



## An extra hand for parents with their hands full

Now, you have one less thing to worry about. Medicaid and CHIP offer free or low-cost health insurance for kids and teens. Children can get regular check-ups, immunizations, doctor and dentist visits, hospital care, mental health services, prescriptions and more. Children in a family of four earning up to \$48,500 a year or more may qualify.

Go to [InsureKidsNow.gov](http://InsureKidsNow.gov) or call 1-877-KIDS-NOW to learn more.

Visit [HealthCare.gov](http://HealthCare.gov) to learn more about affordable health coverage for your family.



## WIC Nutrition Program Helping Thousands of Local Mothers and Children

You're a teacher, a doctor, a chauffeur, a coach, and a chef. You're a mom.

You do a lot. WIC helps a little.

WIC (Women, Infants and Children) dietitians consult with parents and mothers-to-be to ensure a healthy start for their growing babies. Clients are provided with WIC checks that can be used for various nutritious foods, including fruits, vegetables, meats, milk, cheese and eggs.

Participating moms are more likely to give birth to healthy babies, breastfeed and not use tobacco during pregnancy. Studies have shown that in-utero and early childhood health has positive long-term impacts on obesity and diabetes.

WIC is a federally-funded program, administered by Panhandle Health District (PHD). WIC is currently offered in each of the 5 northern Idaho counties, and starting in July 2015, PHD is opening its sixth WIC office in Post Falls.

"We serve thousands of families in our Hayden office and many of them live in Post Falls," said Kim Young, WIC Coordinator. "With the additional location, we hope to increase convenience for clients and reach out to more families who can benefit from WIC. Everyone deserves access to nutritious foods and support for providing for their family."

To qualify for WIC, you must be a woman who is pregnant, breastfeeding, or have children under age five. You must be income eligible, ranging from \$21,590 annual income for a family of one to \$74,167 annual income for a family of eight. For a full income chart, visit [www.panhandlehealthdistrict.org](http://www.panhandlehealthdistrict.org). Families receiving Medicaid, SNAP benefits and TANF are automatically eligible.



WIC

[www.panhandlehealthdistrict.org](http://www.panhandlehealthdistrict.org)

## CHIP

Medicaid and the Children's Health Insurance Program (CHIP) offer free or low-cost health coverage for eligible children and other family members.

Medicaid and CHIP cover:

- Children and teens up to age 19
- Young people up to 21 may be covered under Medicaid
- Youth who have "aged out" of foster care can be covered under Medicaid until they reach age 26

Eligible children and teens can get:

- Regular check-ups
- Shots
- Doctor and dentist visits
- Vision care
- Hospital care
- Mental health services
- Needed medications and more



CHIP

[www.insurekidsnow.gov](http://www.insurekidsnow.gov) | 877-543-7669  
[healthcare.gov](http://healthcare.gov)



### New Patients Welcome

We Specialize in Pediatric and Adolescent Care.



Check out our Online Patient Services at

[www.cdapedes.com](http://www.cdapedes.com)



Evening and Saturday Clinic Available

**3 Locations to serve you!**

700 W. Ironwood Dr, Coeur d'Alene – 667-0585  
1300 E. Mullan Ave, Post Falls – 777-1330  
9095 N. Hess St, Hayden – 772-8940





## Be Smart Around Lead, Play Clean!

**Lead and other heavy metals are found  
in the soil along the Coeur d'Alene  
River, South Fork, and Chain of Lakes  
where people play**



Know your child's blood lead level through simple blood testing.  
Effects of lead are commonly unrecognized.

**Panhandle Health District: (208) 783-5781**

Know how to reduce your child's ingestion of dirt and dust

**Idaho DEQ: [www.deq.idaho.gov/PlayClean](http://www.deq.idaho.gov/PlayClean)**

# Just Run Away!

A decade ago, there were fewer than 10 regional running events annually. With the success of Ironman CdA, the Kroc Center, fitness / training centers and running clubs influencing healthy lifestyles, the choices have tripled.

In April, the 3rd annual Krocman was held with the addition of an outdoor route. The Kroc Center organized the Sprint Ironman (827 yard swim in the Kroc pool, then outside down Northwest Blvd and back two loops for a 12.4 mile bike, then transition to the centennial trail 3.1 mi run) with the event drawing about 130 participants on a drizzling Saturday morning. The event is scheduled for spring of 2016 along with a host of other outdoor running, biking and endurance events. Entry fees are reasonable and worth the reward. Bring the family, start your new lifestyle or perfect your sport. This summer there is truly something for everyone, at any level of experience or ability.

## 2015 SUMMER RACE EVENTS:

- June 7** *Windermere Marathon & Half Marathon* | Liberty Lake WA
- June 13** *Heyburn State Park Half Marathon and 5MI* | Plummer ID
- June 13** *Color Me Rad* | 5K | Spokane WA
- June 20** *Trail Rail Run* | 50MI, 50K, 30K, 12K | Mullan ID
- June 27** *Kaniksu 50* | Relay, 5 person 50MI | Frater Lake WA
- June 28** *Ironman Triathlon* | CdA ID
- July 5** *Ultra 50* | 4th of July Pass ID
- July 11** *Hayden Triathlon* | Hayden Lake ID
- July 12** *Jacy's Race* | 5K | Sandpoint ID
- July 12** *Valley Girl Triathlon* | Liberty Lake WA
- July 18** *Muddy Miles, 2MI Obstacle Course* | CdA ID
- July 18** *Kids Race The River Triathlon* | CdA ID
- July 19** *Race The River Triathlon* | CdA ID
- July 25** *Mt. Spokane Half Marathon & 5MI* | Spokane WA
- Aug 1** *Long Bridge Swim 1.76 MI* | Sandpoint ID
- Aug 8** *32nd Annual Coeur d'Alene Triathlon & Duathlon & Sprint Tri*  
CdA ID
- Aug 14-15** *Spokane to Sandpoint* | Run/walk overnight relay | Spokane WA
- Aug 15** *Dig Your Grave 30K* | Hope ID
- Aug 15-16** *CdA SUP Cup* | CdA ID
- Aug 16** *The CdA Crossing* | 2.4 MI swim | CdA
- Aug 29** *Priest Lake Triathlon* | Priest Lake ID
- Sept 19-20** *Bike MS Trail of the Coeur d'Alenes* | SilverMtn ID
- Sept 20** *Scenic Half Marathon* | 10K & 5K | Sandpoint ID
- Sept 26** *Priest Lake Marathon* | Priest Lake ID
- Sept 26** *Coeur d'Fondo* | 15 - 108 MI Bike Rides | CdA ID
- Oct 17** *Hayden Lake Marathon* | Hayden ID



## Child/Youth - Services/Support

1st Judicial CASA Program • 816 E Sherman • Coeur d'Alene, ID • 667-9165 • [www.northidahocasa.com](http://www.northidahocasa.com)  
 American Childhood Cancer Organization Inland Northwest • PO Box 8031 Spokane, WA • 509-443-4162 • [www.acco.org/inlandnw](http://www.acco.org/inlandnw)  
 Anchor House • 1609 N. Government Way • Coeur d'Alene, ID • 667-3340 • [www.youthranch.org](http://www.youthranch.org)  
 Big Brothers/Big Sisters • 222 W. Mission Suite 40 • Spokane, WA • 509-328-8310 • [www.nwbigs.org](http://www.nwbigs.org)  
 Boy Scouts of America • 178 Commerce Dr. • Hayden, ID • 772-2455 • [www.scouting.org](http://www.scouting.org)  
 Boys and Girls Club • 200 W. Mullan Ave. • Post Falls, ID • 457-9089, 665-1919 • [www.northidahobgc.org](http://www.northidahobgc.org)  
 Camp Fire Inland Northwest • 524 N. Mullan • Spokane, WA • 509-747-6191 • [www.campfireinc.org](http://www.campfireinc.org)  
 Crosswalk North Idaho • 201 E. Harrison Ave. • Coeur d'Alene, ID • 676-0772 • [www.voaspokane.org/crosswalknorthidaho](http://www.voaspokane.org/crosswalknorthidaho)  
 Excel Foundation • PO Box 2469 • Coeur d'Alene, ID • 699-6963 • [www.excelcda.wordpress.com](http://www.excelcda.wordpress.com)  
 Girl Scouts of Eastern WA and North Idaho • 410 E. Sherman Ave., Ste 309 • Coeur d'Alene, ID • 509-747-8091 ext 243 • [www.gsewni.org](http://www.gsewni.org)  
 Idaho Youth Ranch • 2201 Government Way, Suite J • Coeur d'Alene, ID • 667-1898 • [www.youthranch.org](http://www.youthranch.org)  
 March of Dimes • 3222 W. Overland Rd. • Boise, ID • 800-336-5421 • [www.marchofdimes.com](http://www.marchofdimes.com)  
 Panhandle Alliance of Education • PO Box 1675 • Sandpoint, ID • 263-7040 • [www.panhandlealliance.org](http://www.panhandlealliance.org)  
 PATH Idaho • 2101 Lakewood Dr., Ste 236 • Coeur d'Alene, ID • 473-2861 • [www.pathidaho.org](http://www.pathidaho.org)  
 Wishing Star Foundation • 139 S. Sherman St. • Spokane, WA • 509-744-3411 • [www.wishingstar.org](http://www.wishingstar.org)

## Civic/Volunteer

Arts & Cultural Alliance • 105 N. 1st • Coeur d'Alene, ID • 292-1629 • [www.artsincda.org](http://www.artsincda.org)  
 Cancer & Community Charities (3C's) • P.O. Box 1274 • Coeur d'Alene, ID • 667-1479 • [www.ccc-northidaho.org](http://www.ccc-northidaho.org)  
 Coeur d'Alene Firefighters Pipes & Drums • 300 Foster Ave. • Coeur d'Alene, ID • 769-2340 • [www.cdaffpd.org](http://www.cdaffpd.org)  
 Habitat for Humanity • 176 W. Wyoming Ave. • Hayden, ID • 762-4663 • [www.northidahohabitat.org](http://www.northidahohabitat.org)  
 Human Rights Education Institute • 414 Mullan Ave • Coeur d'Alene, ID • 292-2359 • [www.hrei.org](http://www.hrei.org)  
 Kootenai County Indicators • 668 N. Riverpoint Blvd. • Spokane, WA • 509-828-1211 • [www.kootenaiindicators.org](http://www.kootenaiindicators.org)  
 Kootenai Democrats • 408 Sherman Ave • Coeur d'Alene, ID • 763-3361 • [www.kootenaidemocrats.org](http://www.kootenaidemocrats.org)  
 Kootenai Environmental Alliance • PO Box 1598 • Coeur d'Alene, ID • [www.kealliance.org](http://www.kealliance.org)  
 Lake City Playhouse • 1320 E. Garden Ave. • Coeur d'Alene, ID • 667-1323 • [www.lakecityplayhouse.org](http://www.lakecityplayhouse.org)  
 Panhandle Parks Foundation • 212 Ironwood Drive, Ste D PMB124 • Coeur d'Alene, ID • 651-6271 • [panhandleparksfoundation.org](http://panhandleparksfoundation.org)  
 Youth Volunteers in Action • 6101 Ramsey Ave. • Coeur d'Alene, ID • 769-0769

## Crisis Intervention

Child Protective Services • 1120 Ironwood Drive • Coeur d'Alene, ID • 769-1515, after hours 208-769-1543 • [www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)  
 Child Protective Services • 207 Larkspur Street • Ponderay, ID • 265-4523, after hours 208-265-4523  
 Children's Village Foundation • 1350 W. Hanley Ave. • Coeur d'Alene, ID • 667-1189 • [www.thechildrensvillage.org](http://www.thechildrensvillage.org)  
 ICARE • 201 E. Harrison Ave • Coeur d'Alene, ID • 676-1515 • [www.icareforchildren.org](http://www.icareforchildren.org)  
 Kinderhaven, Inc • PO Box 2097 • Sandpoint, ID • 265-2236 • [www.kinderhavensandpoint.com](http://www.kinderhavensandpoint.com)  
 National Center for Missing and Exploited Children • 800-843-5678  
 North Idaho Violence Prevention Center • 850 N. 4th St. • Coeur d'Alene, ID • 664-9303 • [www.nivpc.org](http://www.nivpc.org)  
 Shoshone Crisis Line • 140 Railroad Ave. • Kellogg • ID • 208-784-1351, 208-769-1405  
 Victim Services Unit • 1717 E. Polston Ave. • Post Falls, ID • 773-1080 • [www.postfallspolice.com](http://www.postfallspolice.com)

## Education - Adult

North Idaho College • 1000 W. Garden Ave. • Coeur d'Alene, ID • 769-3315 • [www.nic.edu](http://www.nic.edu)  
 North Idaho Higher Education • [www.northidahohighereducation.org](http://www.northidahohighereducation.org)  
 North Idaho College Workforce Training Center • 525 W. Clearwater Loop, Post Falls • ID • 769-3222 • [www.workforcetraining.nic.edu](http://www.workforcetraining.nic.edu)  
 University of Idaho • 1031 N. Academic Way, Suite 242 • Coeur d'Alene, ID • 667-2588 • [www.uidaho.edu](http://www.uidaho.edu)

## Education - Child

Christian Center School • 3639 W. Prairie Ave. • Hayden, ID • 772-7451 • [www.ccs-id.net](http://www.ccs-id.net)  
 Circle of Care/Developing Minds • 3755 East Covington • Post Falls, ID • 777-600 • [www.FSSOFNI.com](http://www.FSSOFNI.com)  
 Coeur d'Alene Charter Academy • 4904 N. Duncan Dr. • Coeur d'Alene, ID • [www.cdacharter.org](http://www.cdacharter.org)  
 Coeur d'Alene School Dist. 271 • 1400 N. Northwood Center Ct. • Coeur d'Alene, ID • [www.cdaschools.org](http://www.cdaschools.org)  
 Education-Plus, Inc • 6389 Tall Pines Rd • Coeur d'Alene, ID • [www.educationplushealth.com](http://www.educationplushealth.com)  
 Holy Family Catholic School • 3005 W. Kathleen Ave. • Coeur d'Alene, ID • 208-765-4327 • [www.hfcs-cda.org](http://www.hfcs-cda.org)  
 Idaho Distance Education Academy • 761 N. Thornton St., Ste E • Post Falls, ID • 661-5099 • [www.idahoidea.org](http://www.idahoidea.org)  
 Idaho School for the Hearing Impaired • 2101 Lakewood Dr, Ste 224 • Coeur d'Alene, ID • 661-9120 • [www.isdb.idaho.gov](http://www.isdb.idaho.gov)  
 Idaho School for the Vision Impaired • 2101 Lakewood Dr, Ste 224 • Coeur d'Alene, ID • 661-9122 • [www.isdb.idaho.gov](http://www.isdb.idaho.gov)  
 KTEC-Kootenai Technical Education Campus • 6838 W. Lancaster Rd. • Rathdrum, ID • 208-712-4733 • [www.ktctraining.org](http://www.ktctraining.org)  
 Lake City Jr Academy • 111 E Locust Ave • Coeur d'Alene, ID • 667-0877  
 LAM Christian Academy • 4800 N. Ramsey Road • Coeur d'Alene, ID • 208.765.8238 • [www.lamcda.org](http://www.lamcda.org)  
 Learning Life • PO Box 3582 • Coeur d'Alene, ID • 964-6399 • [www.learninglifeco.org](http://www.learninglifeco.org)  
 Mountain States Early Head Start • 411 N. 15th St, Ste 200 • Coeur d'Alene, ID • 765-6955 • [www.msehs.org](http://www.msehs.org)  
 North Idaho Association for the Education of Young People • PO Box 262 • Coeur d'Alene, ID • 415-5145 • [www.idahoaeyp.org](http://www.idahoaeyp.org)  
 North Idaho College Head Start • 411 N. 15th St, Ste 103 • Coeur d'Alene, ID • 765-6755 • [www.nicheadstart.org](http://www.nicheadstart.org)  
 North Idaho STEM Charter Academy • PO Box 434, 15633 N. Meyer Rd., Rathdrum, ID • 208-687-8002 • [www.northidahostemcharteracademy.org](http://www.northidahostemcharteracademy.org)

## Education - Parent

Parent Project-Kootenai County Diversion Program • 451 Government Way • Coeur d'Alene, ID • 446-1970 • [www.parentproject.com](http://www.parentproject.com)

## Family Services

Family Promise of North Idaho • 501 E. Wallace Ave. • Coeur d'Alene, ID • 777-4190 • [www.familypromiseni.org](http://www.familypromiseni.org)

## Government

2-1-1 Idaho CareLine • PO Box 83720 • Boise, ID • 800-926-2588 • [www.idahocareline.org](http://www.idahocareline.org)  
 Coeur d'Alene Parks Department • 710 E. Mullan Ave. • Coeur d'Alene, ID • 769-2252 • [www.cdaidparks.org](http://www.cdaidparks.org)  
 Department of Health and Welfare • 1120 Ironwood Drive • Coeur d' Alene • ID • 2-1-1  
 Idaho Child Welfare Research & Training Center • 2005 Ironwood Parkway, Suite 200 • Coeur d' Alene, ID • 800-745-1186 • [www.icwrtrc.org](http://www.icwrtrc.org)  
 Kootenai County Fairgrounds • 4056 N. Government Way • Coeur d'Alene, ID • 765-4969 • [www.northidahofair.com](http://www.northidahofair.com)  
 Luke Malek • Idaho State Representative • 208-661-3881 • [www.lukemalek.com](http://www.lukemalek.com)  
 Panhandle Area Council • 11100 Airport Drive • Hayden, ID • 772-0584 • [www.pacni.org](http://www.pacni.org)

## Healthcare

Heritage Health (formerly Dirne) • 1090 Park Place • Coeur d'Alene, ID • 292-0292 • [www.myheritagehealth.org](http://www.myheritagehealth.org)  
 Kootenai Health • 2003 Kootenai Health Way • Coeur d'Alene, ID • CdA 667-3742, PF 619-4100, SP 263-6763 • [www.kootenaihealth.org](http://www.kootenaihealth.org)  
 Panhandle Health District • 8500 N. Atlas Rd. • Hayden, ID • 451-5100 • [www.panhandlehealthdistrict.org](http://www.panhandlehealthdistrict.org)

## Healthcare - Dental

Coeur d'Alene Dental Center • 1322 Kathleen Ave • Coeur d'Alene, ID • 667-7461 • [www.cdadentist.com](http://www.cdadentist.com)

## Healthcare - Mental

ACES Community Services • 1700 Schneidmiller St • Post Falls, ID • 619-0190 • [www.aces-id.com](http://www.aces-id.com)  
 ACES Community Services • 1417 N. 4th St. • Coeur d'Alene, ID • 292-2188 • [www.aces-id.com](http://www.aces-id.com)  
 Northwest Behavioral Health • 1612 N. 3rd St. • Coeur d'Alene, ID • 765-4509

## Healthcare - Physical

After Hours Urgent Care • 1300 E. Mullan Ave. • Post Falls, ID • 777-1157 • [www.nifp.com](http://www.nifp.com)  
 Bonner Partners in Care Clinic • 1020 Michigan St. • Sandpoint, ID • 255-9099 • [www.bonnerpartnersincareclinic.org](http://www.bonnerpartnersincareclinic.org)  
 Heritage Health • 1090 N. Park Place Coeur d'Alene, ID • 620.5250 • [www.myheritagehealth.org](http://www.myheritagehealth.org)  
 Hospice of North Idaho • 9493 N Government Way • Coeur d'Alene, ID • 691-6996 • [www.honi.org](http://www.honi.org)  
 Kootenai Urgent Care • 700 Ironwood Dr., Ste 170E • Coeur d'Alene, ID • 667-9110 • [www.kootenaiurgentcare.com](http://www.kootenaiurgentcare.com)  
 Medicine Man Pharmacy • 802 Medical Ct. • Post Falls, ID • PF 773-3567, Hayden 762-9355, CdA 666-2502 • [www.medmanpharmacy.com](http://www.medmanpharmacy.com)  
 North Idaho Health Network • 1250 W. Ironwood, Ste 201 • Coeur d'Alene, ID • 666-3212 • [www.nihn.net](http://www.nihn.net)  
 Rathdrum Clinic • 14775 Kimo Ct. • Rathdrum, ID • 687-5627 • [www.rathdrumclinic.com](http://www.rathdrumclinic.com)  
 Shoshone Community Health Clinic • 114 W. Riverside Ave. • Kellogg, ID • 752-4145  
 Shriner's Hospital for Children • 911 W. 5th Ave. • Spokane, WA • 509-455-7844 • [www.shrinershospitalsforchildren.org/spokane](http://www.shrinershospitalsforchildren.org/spokane)  
 Spoelstra Family Chiropractic • 370 E. Kathleen Ave, Ste 600 • Coeur d'Alene • ID • 667-7434 • [www.cdahealth.com](http://www.cdahealth.com)

## Misc.

Community Library Network • Athol, Harrison, Hayden, Pinehurst, Post Falls, Rathdrum, Spirit Lake • [www.communitylibrary.net](http://www.communitylibrary.net)  
 Grocery Girl - Grocery Shopping & Delivery Service • 755-7339 • [grocerygirlcda@gmail.com](mailto:grocerygirlcda@gmail.com)  
 Jacklin Arts & Cultural Center • 405 William St. • Post Falls, ID • 457-8950 • [www.thejacklincenter.org](http://www.thejacklincenter.org)  
 Jump for Joy • 250 West Dalton Ave Coeur d'Alene, ID • 208-664-5200 • [www.jumpforjoycda.com](http://www.jumpforjoycda.com)  
 The Culinary Stone • 2129 N Main St • Coeur d'Alene, ID • 277-4116  
 The Salvation Army Ray & Joan Kroc Community Center • 1765 W. Golf Course Rd. • Coeur d'Alene, ID • [www.kroccda.org](http://www.kroccda.org)  
 We've Got Stuff • P.O. Box 1421, Hayden, ID • 208-446-4382 • [wevvgotstuffidwa@gmail.com](mailto:wevvgotstuffidwa@gmail.com)  
 WITH Performance • 1950 Bellevue Ln, Ste 106-A • Coeur d'Alene, ID • 660-9378

## Pet & Animal Services

AJ's Tails and Trails • Coeur d'Alene • [www.facebook.com/ajstailsandtrails](http://www.facebook.com/ajstailsandtrails)  
 Birds of Prey Northwest • Po. Box 3507 • Coeur d'Alene • 245-1367 • [www.birdsofpreynorthwest.org](http://www.birdsofpreynorthwest.org)  
 Coeur d'Alene Animal Control • 5500 N. Government Way • Coeur d'Alene, ID • 446-1300 • [www.kcsheriff.com/animalcontrol.html](http://www.kcsheriff.com/animalcontrol.html)  
 Coeur d'Alene Pet Resort • 125 E Hazel Ave • Coeur d'Alene, ID • 667-4606 • [www.cdapetresort.com](http://www.cdapetresort.com)  
 Help Every Little Paw • 1533 Northwest Blvd. • Coeur d'Alene, ID • 659-6408 • [www.helpeverylittlepaw.org](http://www.helpeverylittlepaw.org)  
 K2 Equestrian Center • 5723 E. Dodd Road • Hayden, ID • 762-9891 • [www.k2equestriancenter.com](http://www.k2equestriancenter.com)  
 Kootenai Humane Society • PO Box 1005 • Hayden, ID • 772-4019 • [www.kootenaihumanesociety.com](http://www.kootenaihumanesociety.com)  
 Shoshone Pet Rescue • PO Box 884 • Kellogg, ID • 512-3401 • [www.shoshone-pet-rescue.org](http://www.shoshone-pet-rescue.org)

## Religious/Fraternal

Christian Community Coalition • P.O. Box 2714 • Coeur d'Alene, ID • 966-4078 • [kootenaiccc.com](http://kootenaiccc.com)  
 Christian Youth Theater (CYT) North Idaho • PO Box 3250 • Coeur d'Alene, ID • 765-8600 • [www.cytnorthidaho.org](http://www.cytnorthidaho.org)  
 Giving Grace International • 1986 W. Hayden Ave. • Hayden, ID • 509-280-7691 • [www.gracegivinginternational.org](http://www.gracegivinginternational.org)  
 Heart of the City Church • 521 W. Emma Ave. • Coeur d'Alene, ID • 665-7808 • [www.heartofthecitychurch.org](http://www.heartofthecitychurch.org)  
 Idaho Panhandle Kiwanis • 913 Pennsylvania Ave • Coeur d'Alene, ID • 651-3131 • [www.panhandlekiwanis.org](http://www.panhandlekiwanis.org)  
 Lutheranen Camp/Ministries • 3258 W. Lutherhaven Rd. • Coeur d'Alene, ID • 667-3459 • [www.lutherhaven.com](http://www.lutherhaven.com)  
 Prairie Avenue Christian Center • 3639 W. Prairie Ave. • Hayden, ID • 772-7541 • [www.pacc-id.net](http://www.pacc-id.net)  
 Real Life Ministries • 1866 Cecil Rd. • Post Falls, ID • 446-2420, 777-7325 • [www.reallifeministries.com](http://www.reallifeministries.com)  
 St. Pius Catholic Church • 625 E. Haycraft • Coeur d'Alene, ID • 765-5108 • [www.stpiuscda.org](http://www.stpiuscda.org)  
 Unity Church of North Idaho • 4465 N. 15th St. • Coeur d'Alene, ID • 664-1125 • [www.unitycenter.org](http://www.unitycenter.org)

## Senior Services

Alzheimer's Association • 1042 W. Mill Ave., Ste 205 • Coeur d'Alene, ID • 666-2996 • [www.alz.org](http://www.alz.org)  
 Area on Aging Of North Idaho • 2120 Lakewood Dr., Ste B • Coeur d'Alene, ID • 667-3179 x 221 • [www.aaani.org](http://www.aaani.org)  
 Coeur d'Alene Homes • 624 W. Harrison Ave. • Coeur d'Alene, ID • 664-8119 • [www.cdaseniorliving.org](http://www.cdaseniorliving.org)  
 Comfort Keepers • 820 E Best Ave • Coeur d'Alene, ID • 765-9511 • [www.comfortkeepers/office-125](http://www.comfortkeepers/office-125)  
 Hayden Senior Gems • 9428 N. Government Way • Hayden, ID • 762-7052 • [www.haydengems.org](http://www.haydengems.org)



Jewett House • 1501 E. Lakeshore Dr. • Coeur d'Alene, ID • 667-5194 • [www.cdaid.org](http://www.cdaid.org)  
 Kellogg Senior Center • 211 McKinley Ave. • Kellogg, ID • 783-4581  
 Lake City Center • 1916 Lakewood Dr. • Coeur d'Alene, ID • 667-4628 • [www.lakecitycenter.org](http://www.lakecitycenter.org)  
 Kootenai Health Senior Care Program - 2003 Kootenai Health Way - Coeur d'Alene, ID - 625-5353 - [khadult@kh.org](mailto:khadult@kh.org)  
 North Idaho Home Health • 2028 East Best Ave • Coeur d'Alene, ID • 667-7494 • [www.nihomehealth.com](http://www.nihomehealth.com)  
 On Site For Seniors • 1052 W. Mill Ave. • Coeur d'Alene, ID • 664-3301 • [www.onsite4seniors.org](http://www.onsite4seniors.org)  
 Sandpoint Senior Center • 820 Main St. • Sandpoint, ID • 263-6860 • [www.sandpointseniorcenter.org](http://www.sandpointseniorcenter.org)  
 Wallace Senior Center • 621 Cedar • Wallace • ID • 208-752-5411

## Social Services

ABC Food Bank • 30355 3rd St. • Coeur d'Alene, ID • 683-3244  
 Angels Over Sandpoint • PO Box 2369 • Sandpoint, ID • 290-5895 • [www.angelsoversandpoint.org](http://www.angelsoversandpoint.org)  
 Calvary Rathdrum Food Bank • 8027 W. Main St. • Rathdrum, ID • 687-3696  
 CAP Community Action Partnership Food Bank • 4144 Industrial Ave., Ste E • Coeur d'Alene, ID • 664-8757 • [www.cap4action.org](http://www.cap4action.org)  
 Catholic Charities of North Idaho • 406 N. 10th St. • Coeur d'Alene, ID • 676-1974 • [www.ccidaho.org](http://www.ccidaho.org)  
 Christmas For All • 201 2nd St. • Coeur d'Alene, ID • [www.cdapress.com](http://www.cdapress.com)  
 Goodwill Industries • 1212 N. 4th St. • Coeur d'Alene, ID • 664-2552 • [www.discovergoodwill.org](http://www.discovergoodwill.org)  
 Habitat for Humanity of North Idaho • 176 W. Wyoming Ave. • Hayden, ID • 762-4663 • [www.northidahohabitat.org](http://www.northidahohabitat.org)  
 Highroad Human Services • 9705 Meadowlark Lane • Coeur d'Alene, ID • 772-3116 • [www.highroadhumanservices.com](http://www.highroadhumanservices.com)  
 Idaho Housing and Finance • 610 W. Hubbard, Ste 219 • Coeur d'Alene, ID • 667-3380 • [www.idahohousing.com](http://www.idahohousing.com)  
 Idaho Youth Ranch Thrift Store • 811 N. 4th St. • Coeur d'Alene, ID • 664-1736  
 Lake City Community Church Food Bank • 1707 N. 4th St. • Coeur d'Alene, ID • 676-0632 • [www.lakecitycc.org](http://www.lakecitycc.org)  
 Love Pantry • 1700 Pennsylvania Ave. • Coeur d'Alene, ID • 664-9231  
 Meals on Wheels • 1916 Lakewood Dr. • Coeur d'Alene, ID • 667-4628  
 Money Management International • 2005 Ironwood Pkwy • Coeur d'Alene, ID • [www.moneymanagement.org](http://www.moneymanagement.org)  
 Poison Control Center • ID • 800-860-0620 • [www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)  
 Post Falls Food Bank • 415 E. 3rd Ave. • Post Falls, ID • 773-0139 • [www.postfallsfoodbank.org](http://www.postfallsfoodbank.org)  
 Shepherd's Table • 212 W. Ironwood Dr., Ste D • Coeur d'Alene, ID • 964-4144 • [www.shepherdstableinc.org](http://www.shepherdstableinc.org)  
 Shoshone County Indigent Services • 700 Bank St. • Kellogg, ID • 752-8601 • [www.shoshonecounty.org](http://www.shoshonecounty.org)  
 Shoshone Veterans Service • 700 Bank St. • Kellogg, ID • 752-8601 • [www.shoshonecounty.org](http://www.shoshonecounty.org)  
 Spirit Lake Food Bank • 31245 N. 4th St. • Spirit Lake, ID • 623-3107  
 St Vincent de Paul • 201 E. Harrison Ave. • Coeur d'Alene, ID • 664-3095 • [www.stvincentdepaulcda.org](http://www.stvincentdepaulcda.org)  
 United Way of Kootenai County • 501 E. Lakeside Ave., Ste. 3 • Coeur d'Alene, ID • 667-8112 • [www.kootenaiunitedway.org](http://www.kootenaiunitedway.org)

## Special Needs

Disability Action Center • 7560 N. Government Way, #1 • Dalton Gardens, ID • 664-9896 • [www.dacnw.org](http://www.dacnw.org)  
 DS (Down Syndrome) Connections • 3838 W. Prairie Ave. • Hayden, ID • 755-5079 • [www.dsconnections.org](http://www.dsconnections.org)  
 Imagine Behavioral and Developmental Services • 7905 Meadowlark Way, Ste C • Coeur d'Alene, ID • 762-1250 • [www.imaginebehavior.com](http://www.imaginebehavior.com)  
 Panhandle 1424 Boyer Ave. • Sandpoint, ID • 263-7022 • [www.panhandlespecialneeds.com](http://www.panhandlespecialneeds.com)  
 Special Olympics of Idaho • 199 E. 52nd • Garden City • ID • 800-915-6510 • [www.idso.org](http://www.idso.org)  
 Specialized Needs Recreation • 3700 N. Government Way, Suite J • Coeur d'Alene, ID • 755-6781 • [www.snridaho.org](http://www.snridaho.org)  
 TESH, Inc, Bonner County • 804 Airport Way, Ste D • Sandpoint, ID • 263-7755 • [www.teshinc.com](http://www.teshinc.com)  
 TESH, Inc, CDA • 3808 S. Industrial Ave. • Coeur d'Alene, ID • 765-5105 • [www.teshinc.com](http://www.teshinc.com)  
 Trinity Group Homes, Inc • PO Box 1861 • Coeur d'Alene, ID • 667-9607 • [www.trinitygrouphomes.net](http://www.trinitygrouphomes.net)

## Substance Abuse-Recovery/Prevention

Al-Anon • Coeur d'Alene, ID • 676-0549 • [www.al-anon-idaho.org](http://www.al-anon-idaho.org)  
 Alcoholics Anonymous • 118 N. 7th St., Ste B5 • Coeur d'Alene, ID • 667-4633 • [www.aa.org](http://www.aa.org)  
 Idaho Drug Free Youth • 610 W. Hubbard, Ste 123 • Coeur d'Alene, ID • 664-4339 • [www.idahodrugfreeyouth.org](http://www.idahodrugfreeyouth.org)  
 Idaho Meth Project • PO Box 738 • Boise, ID • 1-888-331-2060 • [www.idaho.methproject.org](http://www.idaho.methproject.org)  
 STAR Ministries • 474 Cherry Lane • Coeur d'Alene, ID • 634-6475 • [www.savingteensatrisk.com](http://www.savingteensatrisk.com)

## Support Networks/Groups

ABCC: Autism & Behavioral Counseling & Consulting - 2180 Ironwood Center Dr - Coeur d'Alene, ID - 406-539-7274  
 AMEND Center • 520 Government Way • Coeur d'Alene, ID • 665-2432 • [www.amendcenter.com](http://www.amendcenter.com)  
 American Cancer Society • 920 W. Washington St., Ste 200 • Spokane, WA • 509-242-8306  
 American Childhood Cancer Organization Inland Northwest • PO Box 8031 • Spokane, WA • 509-443-4162 • [www.acco.org/inlandnw](http://www.acco.org/inlandnw)  
 American Heart Association • 140 S. Arthur St., Ste 610 • Spokane, WA • 509-536-1500 • [www.heart.org](http://www.heart.org)  
 Anna Schindler Foundation • 6700 S. Stateline Rd. • Post Falls • 777-8985 • [www.annaschindlerfoundation.org](http://www.annaschindlerfoundation.org)  
 Bereaved Parents of the USA • Coeur d'Alene, ID • 773-5684 • [www.nidbereavedparents.org](http://www.nidbereavedparents.org)  
 Grandparents Raising Children • 3265 16th Ave. • Post Falls, ID • 777-9851  
 Idaho Kinship Project • 3202 Wedgewood Loop • Coeur d'Alene, ID • 769-7096, 665-8975 • [www.kootenaialliance.org/subcommittees](http://www.kootenaialliance.org/subcommittees)  
 Idaho Joint Military Family Programs • 1-888-344-1198 • [nationalguard.idaho.gov/FamilyPrograms](http://nationalguard.idaho.gov/FamilyPrograms)  
 Inland NW SIDS Foundation • PO Box 474 • Rathdrum, ID • 557-4371 • [www.inwsids.org](http://www.inwsids.org)  
 Lake City Moms' Club • 1470 W. Hanley Ave • Coeur d'Alene, ID • 262-9522 • [www.lakecitymomsclub.org](http://www.lakecitymomsclub.org)  
 Mothers Against Drunk Driving (MADD) • PO Box 362 • Hayden, ID • 660-6390 • [www.madd.org](http://www.madd.org)  
 NAMI Far North • PO Box 2415 • Sandpoint, ID • 597-2047 • [www.nami.org/sites/namifarnorth](http://www.nami.org/sites/namifarnorth)  
 NAMI National Alliance on Mental Illness • PO Box 1082 • Coeur d'Alene, ID • 691-9674 • [www.namicoeurdalene.org/](http://www.namicoeurdalene.org/)  
 North Idaho AIDS Coalition • 2201 Government Way, C • Coeur d'Alene, ID • 665-1448 • [www.northidahoaidscoalition.org](http://www.northidahoaidscoalition.org)  
 Panhandle Autism Society • 411 N. 15th St., Ste 105 • Coeur d'Alene, ID • 755-7647 • [panhandleautismsociety.org](http://panhandleautismsociety.org)  
 United Cerebral Palsy of Idaho, Inc • 5420 W. Franklin, Ste A • Boise, ID • 888-289-3259 • [www.ucpidaho.org](http://www.ucpidaho.org)

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